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The Corepressor NCoR1 Antagonizes PGC-1 α and ERR α in the Regulation of Skeletal Muscle Function and Oxidative Metabolism

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2 **Muscle Function and Oxidative Metabolism**

3

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17

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19

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24

25 **Abstract**

26 Skeletal muscle exhibits a high plasticity and accordingly can quickly adapt to different
27 physiological and pathological stimuli by changing its phenotype largely through diverse
28 epigenetic mechanisms. The nuclear receptor corepressor 1 (NCoR1) has the ability to
29 mediate gene repression; its role in regulating biological programs in skeletal muscle
30 however is still poorly understood. We therefore studied the mechanistic and functional
31 aspects of NCoR1 function in this tissue. NCoR1 muscle-specific knockout mice exhibited a
32 7.2% higher VO_{2peak} , a 11% reduction in maximal isometric force and increased ex vivo
33 fatigue resistance during maximal stimulation. Interestingly, global gene expression analysis
34 revealed a high overlap between the effects of NCoR1 deletion and peroxisome proliferator-
35 activated receptor (PPAR) γ coactivator 1 α (PGC-1 α) overexpression on oxidative
36 metabolism in muscle. Importantly, PPAR β/δ and estrogen-related receptor α (ERR α) were
37 identified as common targets of NCoR1 and PGC-1 α with opposing effects on the
38 transcriptional activity of these nuclear receptors. In fact, the repressive effect of NCoR1 on
39 oxidative phosphorylation gene expression specifically antagonizes PGC-1 α -mediated
40 coactivation of ERR α . We therefore delineated the molecular mechanism by which a
41 transcriptional network controlled by corepressor and coactivator proteins determines the
42 metabolic properties of skeletal muscle, thus representing a potential therapeutic target for
43 metabolic diseases.

44

45 **Introduction**

46 An improved muscle performance is directly linked to a lower prevalence of metabolic
47 diseases (9, 50). In fact, while physical exercise and training can lower morbidity and
48 mortality, physical inactivity has been recognized as one of the main risk factors for these
49 pathologies (8). Lower whole body aerobic capacity, muscle mitochondrial content and
50 oxidative activity, which all correlate with a sedentary life-style, contribute to the
51 development of metabolic disorders (9, 25, 34, 38). Therefore, maintenance or
52 improvement of skeletal muscle function, especially its oxidative metabolism, should be
53 considered among the first interventions in the treatment and prevention of metabolic
54 diseases.

55 Skeletal muscle is a highly plastic tissue that can quickly adapt to different physiological (e.g.
56 exercise) and pathological (e.g. over-nutrition) stimuli. In fact, muscle fibers can change
57 their gene expression profile and phenotype to a great extent through diverse epigenetic
58 mechanisms (3, 6, 31). Accordingly, muscle remodeling is highly regulated by different
59 transcription factors and coregulator complexes, which are able to modify chromatin
60 structure and thereby regulate gene transcription (27, 41). The nuclear receptor corepressor
61 1 (NCoR1) is a ubiquitously expressed corepressor, originally identified as the mediator of
62 ligand-independent transcriptional repression of the thyroid hormone and the retinoic acid
63 receptor (22). NCoR1 interacts with several transcription factors through its receptor
64 interaction domains located in the C-terminus (48). However, because NCoR1 lacks intrinsic
65 histone deacetylase (HDAC) activity, it regulates gene transcription by forming a large
66 protein complex, in which G-protein-pathway suppressor 2 (GPS2), transducin β -like 1
67 (TBL1), TBL-related 1 (TBLR1) and HDAC3 represent the core subunits (52). In fact, the

68 NCoR1-HDAC3 interaction plays an essential role in the control of gene transcription, since
69 HDAC3 is directly activated by the deacetylase activation domain (DAD) of NCoR1 (23).
70 NCoR1 interacts with different proteins that play an important role in muscle physiology,
71 such as peroxisome proliferator-activated receptors (PPAR) and p85 α (15, 32), though its
72 role in skeletal muscle remains largely enigmatic. Cell culture experiments implied that
73 NCoR1 modulates myoblast differentiation through the regulation of the expression and
74 transcriptional activity of several transcription factors, e.g. MyoD, TR α 1 and Csl (5, 10, 26).
75 The role of NCoR1 in vivo is not well understood because *Ncor1*^{-/-} mice embryos die during
76 gestation (24). Recently, conditional knockout models revealed that NCoR1 is an important
77 player of skeletal muscle and adipose tissue energy metabolism (28, 51). In skeletal muscle,
78 NCoR1 deletion enhances oxidative metabolism and slightly improves insulin tolerance
79 under high fat diet (51). Specific genetic ablation of NCoR1 in white adipose tissue lowers
80 inflammation and improves whole body insulin sensitivity (28). However, the mechanism by
81 which NCoR1 deletion result in these effects is not well understood.

82 NCoR1 is expressed in adult glycolytic and oxidative muscles at equal levels (42, 43). Chronic
83 low frequency stimulation of rat hindlimb and acute endurance exercise in mice repress the
84 expression of NCoR1 in this tissue (42, 51). Interestingly, by using knockout mice, it has been
85 demonstrated that the formation of slow oxidative muscle fibers is negatively regulated by
86 class IIa HDACs (39), which depend on interaction with the NCoR1-HDAC3 complex in order
87 to induce protein deacetylation (14). Consistently, the global disruption of the NCoR1-
88 HDAC3 complex in mice results in an improved energy metabolism (e.g. higher insulin
89 sensitivity and oxygen consumption) and altered circadian behavior (2). The aim of this
90 study was to further investigate the role of NCoR1 in different aspects of skeletal muscle

91 function (e.g. force generation) and, importantly, to elucidate the elusive mechanism by
92 which NCoR1 regulates oxidative metabolism in this tissue.

93

94 **MATERIAL AND METHODS**

95 **Animals housing and NCoR1 MKO mice generation.** Mice were housed in a conventional
96 facility with a 12 h night and day cycle, with free access to food and water. All experiments
97 were performed on adult male mice with approval of the Swiss authorities. NCoR1 MKO
98 animals were generated as previously described (51). Briefly, *Ncor1*^{loxP/loxP} mice were
99 crossed with *HSA-Cre* transgenic mice to generate NCoR1 MKO mice. *Ncor1*^{loxP/loxP} animals
100 without *Cre* expression were used as control (CON) mice. No overt phenotypic differences
101 between CON and wild type mice were observed. Genotyping was performed from tail
102 biopsies by PCR using specific primer pairs to detect the presence of the 5' and 3' loxP sites.
103 The presence of the 5' loxP site resulted in an amplicon of 450 bp (wild type (WT) allele 403
104 bp), while the presence of the 3' loxP site resulted in an amplicon of 346 bp (WT allele 207
105 bp) (Fig. S1A). Specific primer pairs to detect *Cre* recombinase resulted in an amplicon of
106 320 bp in NCoR1 MKO animals (Fig. S1A). In addition, using muscle samples, recombination
107 was confirmed by PCR using the forward and reverse primers used to detect the 5' and 3'
108 loxP sites, respectively. Consequently, a 246 bp band was detected exclusively in NCoR1
109 MKO animals (Fig. S1B). The recombination of the *Ncor1* floxed allele decreased its mRNA
110 specifically in skeletal and, to a smaller extent, in cardiac muscle compared to CON mice (Fig.
111 S1C). Importantly, previous work has indicated that the slight decrease of NCoR1 mRNA in
112 the heart of MKO mice does not affect cardiac morphology and function (51).

113

114 The generation and characterization of transgenic mice expressing PPAR γ coactivator 1
115 (PGC-1) α under the control of the MCK promoter has been published (30). These PGC-1 α

116 mTg mice exhibit a 9.5 fold increase in skeletal muscle PGC-1 α mRNA (Fig. S3A), higher
117 oxidative metabolism and improved exercise performance (11, 30).

118

119 **Exercise performance assessment.** Animals were acclimatized to treadmill running for two
120 days. On the first day, mice ran in a closed treadmill (Columbus Instruments) for 5 min at 10
121 m/min with a 0° slope, followed by 5 min at 14 m/min with a 5° incline. On the second day,
122 animals ran for 5 min at 10 m/min with a 5° incline, followed by 5 min at 14 m/min. To
123 determine maximal exercise performance and VO_{2peak} , indirect calorimetry was performed
124 during a maximal exercise test. Thus, two days after the acclimatization, mice were placed in
125 a closed treadmill for 6 min at 0 m/min with a 5° incline. Subsequently, the test started at 8
126 m/min for 3 min with a 5° incline and the speed increased 2 m/min every 3 min until
127 exhaustion.

128 To determine endurance performance, mice were placed in an open treadmill (Columbus
129 Instruments) for 5 min at 0 m/min with a 5° incline, followed by 5 min at 8 m/min. Then,
130 mice ran for 20 min at 60, 70, 80 and 90% of the maximal speed reached in the maximal
131 exercise test (average of the group), then the speed increased to 100% of the maximal
132 speed until exhaustion. The endurance test was performed at least three days after the
133 maximal test.

134

135 **Blood lactate analysis.** Blood lactate was measured from the tail vein of overnight fasted
136 (16 h) mice or fed animals before and after different time point after treadmill running (see
137 maximal exercise test) using a lactate meter (Nova Biomedical).

138

139 **In vivo measurement of muscle contractility.** Grip strength of the fore- and hindlimbs was
140 measured with a grip strength meter (Chatillon). To determine the maximal strength, three
141 measurements were performed with at least 60 s of recovery between each repetition, and
142 the maximum value obtained was used for the analysis. To assess isometric fatigue
143 resistance, mice were placed on top of an elevated grid and the maximum time that they
144 could remain on the inverted grid was recorded.

145

146 **Ex vivo determination of muscle contractility.** Maximal force and fatigue resistance of
147 extensor digitorum longus (EDL) and soleus were measured with a muscle testing setup
148 (Heidelberg Scientific Instruments). Contraction amplitude was digitalized at 4 kHz with an
149 AD Instruments converter. After the determination of the optimal length, force generation
150 of EDL and soleus during a single twitch was measured in response to 15 V pulse for 0.5 ms.
151 Tetanic contraction was assessed in response to 15 V pulse at 150 Hz for 400 ms for EDL and
152 1,100 ms for soleus. Maximal force and kinetics of the single twitch and tetanus were
153 recorded and analyzed.

154 After 10 min of recovery following the tetanic stimulation, fatigue resistance of EDL and
155 soleus was assessed under two different protocols. First, a long interval protocol was
156 performed by stimulating the muscles with a 15 V pulse at 150 Hz for 350 ms at 3.6 s
157 interval during 6 min for EDL and 10 min for soleus, followed by 10 min recovery.
158 Subsequently, a short interval protocol was performed by stimulating the muscles with a 15
159 V pulse at 150 Hz for 350 ms at 1 s interval during 2 min for EDL and 3 min for soleus.
160 Changes in force generation are expressed as percentage of initial force (first tetanus) (18).

161

162 **Cell culture experiments.** C₂C₁₂ myoblasts were grown in Dulbecco's Modified Eagle's
163 Medium (DMEM) supplemented with 10% fetal bovine serum and 1%
164 penicillin/streptomycin (growth medium). To induce differentiation, growth media of 90-
165 95% confluent myoblasts was changed to DMEM supplemented with 2% horse serum and
166 1% penicillin/streptomycin (differentiation medium). Cells were maintained at 37°C, 95% O₂
167 and 5% CO₂.

168 Experiments using C₂C₁₂ cells were performed on fully differentiated myotubes 4 days after
169 differentiation was induced. For knockdown experiments, different adenoviruses containing
170 specific shRNAs against NCoR1, PGC-1 α , PGC-1 β and LacZ (control) were used. Cells were
171 incubated with the corresponding adenovirus for 24 h, and then adenovirus containing-
172 medium was changed for fresh differentiation medium for another 24 h. In addition, cells
173 were treated for 48 h with 0.2% DMSO (as control), 10 μ M XCT790 (Sigma-Aldrich) to inhibit
174 ERR α or 1 μ M GSK0660 (Sigma-Aldrich) to inhibit PPAR β/δ , together with the corresponding
175 adenovirus. Three independent experiments were performed in triplicate each.

176 Luciferase assay were performed on 12 well plate using COS-7 cells (African green monkey
177 kidney fibroblast-like cells) grown in growth medium without antibiotics. COS-7 cells were
178 used in our experiments as a heterologous experimental system and furthermore, because
179 of their high transfection efficiency and suitability for expressing constructs containing SV40
180 promoters. Cells were transfected using LipofectamineTM 2000 (Invitrogen) with 0.1 μ g pRL-
181 SV40 (Promega: E2231), 0.3 μ g pPPRE X3-TK-luc (Addgene: 1015; Bruce Spiegelman), 0.3 μ g
182 pERRE-luc (gift of Dr. Junichi Sadoshima) (36), 0.4 μ g pBABE puro PPAR delta (Addgene:
183 8891; Bruce Spiegelman), 0.4 μ g pERR α (gift of Dr. Vincent Giguère), 0.4 μ g pFlag-NCoR (gift
184 of Dr. Christopher K. Glass), 0.4 μ g pAd-Track HA PGC-1 alpha (Addgene: 14427; Pere

185 Puigserver). Total amount of plasmid DNA was kept constant at 1.6 µg per well by using the
186 control plasmid pAdtrack-CMV (ATCC). Twenty four hours after transfection cells were lysed
187 with 250 µL of 1X Passive Lysis 5X Buffer (Promega) and luciferase activity was measured in
188 75 µL of lysate in a 96 well plate using the Dual-Glo[®] Luciferase Assay System (Promega).
189 Renilla (pRL-SV40) luciferase activity was used for normalization. Five independent
190 experiments were performed in triplicate each.

191

192 **RNA isolation and real-time PCR.** Total RNA was isolated from C₂C₁₂ myotubes, liver, kidney,
193 white adipose tissue, heart, gastrocnemius, soleus, plantaris, tibialis anterior, extensor
194 digitorum longus and quadriceps from NCoR1 MKO mice or gastrocnemius from PGC-1α
195 mTg animals using lysing matrix tubes (MP Biomedicals) and TRI Reagent[®] (Sigma-Aldrich)
196 according to the manufacturer's instructions. RNA concentration was measured with a
197 NanoDrop 1000 spectrophotometer (Thermo Scientific). One microgram of RNA was treated
198 with DNase I (Invitrogen) and then reversed transcribed using hexanucleotide mix (Roche)
199 and SuperScript[™] II reverse transcriptase (Invitrogen). Relative mRNA was quantified by
200 Real-Time PCR on a StepOnePlus system (Applied Biosystems) using Power SYBR[®] Green PCR
201 Master Mix (Applied Biosystems). The analysis of the mRNA was performed by the $\Delta\Delta C_T$
202 method using TATA binding protein (TBP) as endogenous control. Primers used for target
203 genes and TBP had the same PCR efficiency. TBP transcript levels were not different
204 between genotypes or different experimental conditions. Primers sequence can be found in
205 Supplemental Table 3.

206

207 **Mitochondrial DNA measurement.** DNA was isolated from gastrocnemius using NucleoSpin®
208 Tissue kit (Macherey-Nagel). Real-time PCR analysis was performed to measure COX2
209 (mitochondrial DNA) and β -globin (nuclear DNA) levels.

210

211 **Skeletal muscle staining.** Oxidative fibers were detected by NADH staining of 12 μ m cross
212 sections from tibialis anterior. Staining was performed by exposing the sections to 0.8
213 mg/mL NADH in the presence of 1 mg/mL Nitro-blue tetrazodium. Periodic Acid-Schiff (PAS)
214 staining was performed with a PAS Kit following the manufacture's instructions (Sigma-
215 Aldrich).

216

217 **Protein isolation.** Tissue samples were powdered on dry ice and homogenized with a
218 polytron in 300 μ L of ice-cold lysis buffer (50 mM Tris-HCl pH 7.5, 250 mM Sucrose, 1 mM
219 EDTA, 1 mM EGTA, 0.25% Nonidet P 40 substitute, 50 mM NaF, 5 mM $\text{Na}_4\text{P}_2\text{O}_7$, 0.1% DTT,
220 fresh protease and phosphatase inhibitor cocktail). Then, samples were shaken at 1,300 rpm
221 for 30 min at 4°C. Samples were subsequently centrifuged at 13,000 g for 10 min at 4°C and
222 the protein concentration of the supernatant determined by the Bradford assay (Bio-Rad).
223 Equal aliquots of protein were boiled for 5 min in Laemmli sample buffer (250 mM Tris-HCl
224 pH 6.8, 2% SDS, 10% glycerol, 0.01% bromophenol blue and 5% β -mercaptoethanol).

225

226 **Western blot.** Samples were separated on SDS-polyacrylamide gels and then transferred to
227 nitrocellulose membranes for 60 min. Membranes were blocked for 1 h in 3% milk, Tris-
228 buffered saline and 0.1% tween-20 (TBST) before overnight incubation at 4°C with
229 appropriate primary antibody in TBST (1:1,000 dilution). Proteins were detected with a

230 primary antibody to p-AMPK α ^{T172} (Cell Signaling: 2535) and AMPK α (Cell Signaling: 2603). As
231 loading control, eEF2 (Cell Signaling: 2332) was used. Following incubation, membranes
232 were washed 3 times with TBST before incubation with an appropriate peroxidase-
233 conjugated secondary antibody in TBST (1:10,000 dilution). Antibody binding was detected
234 using enhanced chemiluminescence HRP substrate detection kit (Pierce: 32106).

235

236 **Microarray and bioinformatic analysis.** RNA from gastrocnemius was isolated with
237 miRNeasy Mini Kit (QIAGEN) and microarray was performed using the GeneChip® Gene 1.0
238 ST Array System (Affymetrix). In addition, Gene Ontology analysis was performed us the
239 online tool FatiGO (<http://babelomics.bioinfo.cipf.es/index.html>) (1). Finally, microarray
240 data was analyzed using Motif Activity Response Analysis
241 (<http://www.mara.unibas.ch/cgi/mara>) (47).

242

243 **Statistical analysis.** Values are expressed as mean \pm standard error of the mean (SEM).
244 Statistical significance was determined with unpaired two-tailed t-tests or one-way ANOVA
245 with Tukey's post-hoc test. Significance was considered with a $p < 0.05$.

246 **Accession Number**

247 Microarray data can be found at Gene Expression Omnibus (GEO) under accession number
248 GSE40439.

249

250 **RESULTS**

251 **Muscle NCoR1 deletion enhances VO₂ during maximal exercise and decreases muscle**

252 **contractility.** The role of NCoR1 in skeletal muscle was studied using NCoR1 muscle-specific

253 knockout (NCoR1 MKO) mice. A full description of this animal model has been recently

254 published elsewhere (51). First, we assessed maximal oxidative capacity and treadmill

255 running performance. Both genotypes exhibited the same exercise performance during a

256 maximal and endurance exercise tests, as reflected by equal speed, distance, time, work and

257 power (Table S1). However, NCoR1 MKO mice reached a significantly higher (7.2%) VO_{2peak}

258 during the maximal exercise test (CON 125 ± 1.2 mL/kg/min vs. MKO 134 ± 1.5 mL/kg/min, *p*

259 < 0.001). In fact, NCoR1 MKO animals showed a higher VO₂ at 50, 80, 90 and 100% of

260 maximal speed (Fig. 1A). Blood lactate measurement before and after maximal exercise, or

261 during fasting, was not different in NCoR1 MKO mice (Fig. S2A and B). Consistently, RER

262 measurement during the maximal exercise test did not show differences between CON and

263 NCoR1 MKO mice (Fig. S2C), indicating that energy substrate utilization was not altered by

264 NCoR1 deletion. We then performed NADH and PAS staining of skeletal muscle to

265 determine the proportion of oxidative fibers and glycogen content, respectively. NCoR1

266 MKO animals showed a 10% increase in oxidative fibers compared to CON mice (Fig. 1B), but

267 glycogen content was not significantly affected (Fig. 1C). Furthermore, we have found higher

268 levels of AMP-activated protein kinase (AMPK) phosphorylation in skeletal muscle of NCoR1

269 MKO mice (Fig. 1D). Altogether, these data show that NCoR1 deletion in striated muscle

270 results in an enhanced oxidative metabolism, in particular during high-intensity exercise.

271 An important aspect of muscle function besides endurance is the ability to generate force.

272 To assess muscle contractility *in vivo*, we measured maximal grip strength of the fore- and

273 hindlimbs. We observed a trend for lower peak isometric force generated by the forelimbs
274 ($p = 0.078$) and a significant reduction by 11% in the hindlimbs of NCoR1 MKO animals (Fig.
275 1E). Then, we quantified muscle fatigue resistance during predominantly isometric muscle
276 contraction by measuring the maximal time that mice could remain on an inverted grid.
277 Consistent with the lower maximal isometric force, isometric fatigue resistance was also
278 decreased in NCoR1 MKO animals (Fig. 1F). To exclude systemic and neural factors that
279 could affect force generation in vivo, we also determined muscle contractility in isolated
280 muscles. Absolute ($p < 0.05$) and specific ($p = 0.056$) muscle contractility in response to a
281 single twitch was decreased in the glycolytic muscle extensor digitorum longus (EDL), but
282 not in the oxidative muscle soleus (Fig. 2A and B). Conversely, when EDL and soleus were
283 subjected to maximal tetanic stimulation, no differences between genotypes were observed
284 (Fig. 2C and D). Moreover, the contractile kinetics of EDL and soleus in response to a single
285 twitch or a maximal tetanic stimulation were not significantly different between CON and
286 NCoR1 MKO mice (Table S1).

287 Finally, muscle fatigue resistance was determined ex vivo by a long and short interval
288 protocol. As expected, soleus exhibited a lower decrease in force than EDL in the long
289 interval protocol, but no differences between genotypes were found (Fig. 2E). Similarly,
290 soleus had a higher fatigue resistance than EDL during the short interval protocol. However,
291 in this protocol, EDL from NCoR1 MKO animals exhibited a lower decrease in force
292 generation, while soleus of NCoR1 MKO and CON mice were identical (Fig. 2F). In fact, in the
293 short interval protocol, EDL from NCoR1 MKO mice generated ~43% more force from the
294 tetanus 35 to 100 (see inset Fig. 2F) indicating a higher muscle fatigue resistance. Therefore,
295 it seems that glycolytic muscles are more susceptible to the effect of NCoR1 deletion on

296 muscle contractility, resulting in a decreased maximal isometric force and increased fatigue
297 resistance during maximal stimulation.

298 **NCoR1 and PGC-1 α target a common subset of genes involved in oxidative metabolism.**

299 The phenotype exhibited by NCoR1 MKO animals implies a direct link between NCoR1 and
300 oxidative metabolism. At the transcriptional level, mitochondrial function is mainly
301 regulated by the PPAR γ coactivator 1 (PGC-1) family of coactivators, which are able to
302 activate different transcription factors such as ERR α and NRF-1 (29). Interestingly, NCoR1
303 MKO mice mirror some aspects of the phenotype exhibited by PGC-1 α muscle-specific
304 transgenic (mTg) mice, such as the enhanced oxidative metabolism and decreased maximal
305 force (11, 30, 45). To explore the idea of an NCoR1-PGC-1 α crosstalk and to further
306 characterize the oxidative phenotype of NCoR1 MKO mice, microarray analyses of gene
307 expression patterns in NCoR1 MKO and PGC-1 α mTg skeletal muscles were compared. Gene
308 Ontology (GO) enrichment analysis revealed over-representation of transcripts related to
309 metabolic pathways such as “oxidative phosphorylation” and “citrate cycle (TCA cycle)” in
310 both NCoR1 MKO and PGC-1 α mTg animals (Fig. 3A, B and Fig. S4A to F). Interestingly, when
311 both microarray data sets were compared, we observed that 188 of the genes affected by
312 NCoR1 deletion were also found in the PGC-1 α mTg data set, suggesting that ~50% of the
313 genes regulated by NCoR1 are also targets of PGC-1 α (Fig. 3C). When only the genes found
314 in the GO terms “oxidative phosphorylation” and “citrate cycle (TCA cycle)” were
315 compared, we found that all of the genes present in NCoR1 MKO data set were also targets
316 of PGC-1 α (Fig. 3C). Interestingly, we observed that in both microarrays all of these common
317 genes were actually up-regulated (Fig. 3D and E). Several of these transcripts were validated
318 by real-time PCR analysis of GAS, EDL and soleus (Fig. S3B and C), confirming the results

319 obtained in the microarrays. However, no fiber type-specific (oxidative vs. glycolytic)
320 differences in terms of regulation of gene expression were observed in NCoR1 MKO mice
321 (Fig. S3C). Furthermore, skeletal muscle from NCoR1 MKO and PGC-1 α mTg mice had higher
322 transcript levels of mitochondrial encoded genes involved in oxidative metabolism, such as
323 cytochrome c oxidase subunit I (*COX1*), ATP synthase F0 subunit 6 (*ATP6*) and NADH
324 dehydrogenase subunit 1 (*ND1*) (Fig. 3F and Fig. S3B). However, no differences in
325 transcription factor A, mitochondrial (*TFAM*) mRNA levels and mitochondrial DNA content
326 was found as a consequence of NCoR1 deletion (Fig. 3G and 6A). These results further
327 demonstrate the role of NCoR1 in the transcriptional control of different mitochondrial
328 pathways and strongly suggest a role of PGC-1 α in the control of the oxidative phenotype of
329 the NCoR1 MKO animals.

330 Interestingly, the mRNA level of PGC-1 α was not different in NCoR1 MKO compared to CON
331 mice (Fig. 4A and Fig. S5A). In contrast, we found an increase in PGC-1 β and a slight
332 decrease in PGC-1-related coactivator (PRC) transcript levels in gastrocnemius and soleus
333 from NCoR1 MKO mice (Fig. 4A and Fig. S5A). To dissect the contribution of the PGC-1 family
334 members to the effects induced by NCoR1 knockdown, we studied C₂C₁₂ myotubes in
335 culture that were virally transfected with two different shRNAs specifically targeting NCoR1
336 (Fig. 4B, Fig. S5B and C, Fig. S6A and B). Then, we selectively induced the knockdown of PGC-
337 1 α or PGC-1 β with specific shRNA constructs (Fig. 4B and Fig. S5B). Similar to the NCoR1
338 MKO animals, NCoR1 knockdown in C₂C₁₂ myotubes also induced an up-regulation of
339 succinate dehydrogenase complex, subunit A, flavoprotein (*SDHa*), NADH dehydrogenase
340 (ubiquinone) 1 α subcomplex 5 (*NDUFA5*), NADH dehydrogenase (ubiquinone) 1 β
341 subcomplex 5 (*NDUFB5*) and fumarate hydratase 1 (*FH1*) (Fig. 4C), in addition to the

342 mitochondrial encoded genes *COX1* and *ATP6* (Fig. 4C). Surprisingly, NCoR1 knockdown in
343 C₂C₁₂ myotubes induced a big increase in PGC-1 α mRNA (Fig. 4B). Importantly however,
344 although the simultaneous knockdown of PGC-1 α partially prevented its up-regulation,
345 shRNA-mediated reduction of PGC-1 α was sufficient to strongly inhibit the up-regulation of
346 *SDH α* , *NDUFA5*, *NDUFB5*, *FH1*, *COX1* and *ATP6* mRNA induced by NCoR1 knockdown (Fig.
347 4C). In the cultured muscle cells, NCoR1 knockdown did not alter PGC-1 β gene expression
348 (Fig. S5B), while the opposite was observed in the NCoR1 MKO animals (Fig. 4A and Fig. S5A).
349 In stark contrast to the knockdown of PGC-1 α , the up-regulation of the nuclear and
350 mitochondrial encoded genes induced by NCoR1 knockdown was not significantly affected
351 by the simultaneous knockdown of PGC-1 β in the cultured myotubes (Fig. 4D). Consistent
352 with the microarray analysis, these results indicate that NCoR1 deletion enhance PGC-1 α
353 action on oxidative metabolism, probably due to a reduced competition between NCoR1
354 and PGC-1 α for the regulation of common target genes.

355 **NCoR1 and PGC-1 α regulate oxidative metabolism through opposite modulation of ERR α .**

356 Our data suggest that NCoR1 and PGC-1 α likely target the same subset of transcription
357 factors involved in the regulation of oxidative metabolism with opposite effects on
358 transcriptional activation. In order to elucidate potential common transcription factors of
359 NCoR1 and PGC-1 α in skeletal muscle, we performed Motif Activity Response Analysis
360 (MARA) (47) of our microarray data to predict the core set of transcription factors which
361 significantly change their activity in response to NCoR1 deletion or PGC-1 α overexpression.
362 Consistent with the oxidative phenotype of these two mouse models, retinoid X receptor
363 (RXR) and estrogen-related receptor (ERR) α (also known as *Esrra*) were found among the
364 top 4 most significant (z value ≥ 1.5) motifs (Fig. 5A, 5B and Table S2) and exhibited one of

365 the highest activity in response to NCoR1 deletion and PGC-1 α overexpression (Fig. 5C to F).
366 Given that RXRs are the main partners of PPARs (13), this suggests a possible PPAR β/δ
367 activation in MKO animals. In fact, PPAR β/δ or ERR α in complex with PGC-1 α and PGC-1 β
368 are known to be key players in the regulation of muscle metabolism (13, 16, 29). In contrast,
369 the role of the transcription factors with significantly decreased activity (z value ≤ -1.5) in
370 NCoR1 MKO and PGC-1 α mTg mice (Fig. 5A, 5B and Table S2) is not well known. Similar to
371 the microarray analysis, the comparison of both MARA analyses showed that 44% of the
372 transcription factors found in NCoR1 MKO data set were also predicted in PGC-1 α mTg
373 MARA analysis, actually there is a larger overlap among motifs with increased activity (5 out
374 of 9) than among ones with decreased activity (2 out of 7) (Fig. 5G). In summary, MARA-
375 based biocomputational prediction strongly suggests ERR α and possibly the RXR-
376 heterodimerization partner PPAR β/δ as common targets of NCoR1 and PGC-1 α .
377 The mRNA levels of PPAR β/δ , ERR α and several transcription factors revealed by MARA
378 were not increased in NCoR1 MKO mice (Fig 6A), indicating that increased activity is rather
379 the consequence of a lower repression than of a higher expression. In order to explore the
380 potential repressive effect of NCoR1 on ERR α and PPAR β/δ transcriptional activity, we
381 transfected COS-7 cells with either a reporter plasmid containing PPAR response elements
382 (PPRE-luc) or ERR response elements (ERRE-luc), together with expression plasmids for
383 PPAR β/δ and ERR α , respectively. Next, we measured relative luciferase activity in the
384 absence and presence of NCoR1 and PGC-1 α . As predicted, NCoR1 decreased PPRE-luc and
385 ERRE-luc luciferase activity by 43% and 36%, respectively (Fig. 6B and C). Inversely, PGC-1 α
386 induced a significant increase in PPRE-luc and ERRE-luc luciferase activity by 2037% and
387 161%, respectively (Fig. 6B and C). Importantly, we have found that the activation of both

388 PPRE-luc and ERRE-luc by PGC-1 α was significantly decreased by NCoR1 (Fig. 6B and C).
389 These data demonstrate that NCoR1 represses the transcriptional activity of both PPAR β/δ
390 and ERR α , while PGC-1 α competes with NCoR1 to exert a positive effect.

391 Finally, to study the relative contribution of PPAR β/δ and ERR α to the regulation of the
392 oxidative phenotype exhibited in response to NCoR1 deletion in muscle, we used the
393 PPAR β/δ selective antagonist GSK0660 (44) and the ERR α inverse agonist XCT790 (33, 49).
394 As expected, GSK0660 induced a strong decrease in the mRNA level of the PPAR β/δ target
395 gene uncoupling protein 3 (*UCP3*) (Fig. S6A) demonstrating the efficiency of the antagonist
396 and the presence of functional PPAR β/δ in C₂C₁₂ myotubes. Neither NCoR1 knockdown nor
397 GSK0660 treatment changed *PPAR β/δ* mRNA levels (Fig. S6A). Importantly however, the
398 induction of *SDH α* , *NDUFA5*, *NDUFB5*, *FH1*, *COX1* and *ATP6* mRNA were not inhibited by
399 GSK0660 in cells with a knockdown of NCoR1 (Fig. 6D). Consistently, the mRNA levels of
400 different PPAR β/δ target genes like carnitine palmitoyltransferase 1b (*CPT1b*), lipoprotein
401 lipase (*LPL*) and *UCP3* were not significantly increased in NCoR1 MKO mice (Fig. S3C). In
402 contrast, ERR α inhibition with XCT790 completely blocked the effects of NCoR1 knockdown
403 on nuclear and mitochondrial encoded genes (Fig. 6E). However, different from the NCoR1
404 MKO animals, NCoR1 knockdown induced an up-regulation of *ERR α* in C₂C₁₂ myotubes (Fig.
405 S6B). This up-regulation of *ERR α* mRNA was only partially prevented by XCT790 (Fig. S6B),
406 indicating that ERR α activation, rather than its up-regulation, is responsible for the effects
407 of NCoR1 knockdown of oxidative metabolism in C₂C₁₂ myotubes. Interestingly, similar to
408 NCoR1 and PGC-1 α microarray analysis, GO enrichment analysis of previously published
409 ERR α ChIP-chip data from mouse liver (12) also revealed over-representation of transcripts
410 related to “oxidative phosphorylation” (Fig. S4G). Furthermore, we found a high overlap

411 between the NCoR1 MKO microarray and the ERR α CHIP-chip data sets when comparing the
412 genes found in the GO term “oxidative phosphorylation” (Fig. S4H). Therefore, these data
413 suggest that ERR α and PGC-1 α are essential for the effects of NCoR1 deletion on oxidative
414 metabolism in skeletal muscle, while PPAR β/δ and PGC-1 β seems to play a minor role in this
415 experimental context.

416

417 **DISCUSSION**

418 In stark contrast to obese and type 2 diabetic subjects, endurance athletes exhibit an
419 increased metabolic fitness and consequently lower risk for metabolic disorders (9, 35).
420 Importantly, most of the adaptations to muscle use (e.g. endurance training) and disuse (e.g.
421 physical inactivity) are under the coordinated control of different transcription factors and
422 coregulators (7, 19). NCoR1 and its homolog NCoR2 have been recently suggested as
423 important modulators of energy metabolism in several tissues, including skeletal muscle (28,
424 40, 46, 51). Consistently, we observed that NCoR1 MKO animals exhibit an increased VO_2
425 during high-intensity exercise. Surprisingly, while Yamamoto et al. (51) have reported an
426 improved exercise performance in NCoR1 MKO mice, we did not observed significant
427 differences in distance, time or work in the exercise trial in our experimental context.
428 Considering the mild effect of NCoR1 deletion on muscle oxidative metabolism, it is possible
429 that small differences in the exercise test protocol could significantly affect exercise
430 performance. In addition, as previously shown (51), we observed a higher proportion of
431 oxidative fibers in NCoR1 MKO skeletal muscle. Interestingly, our data also indicate a higher
432 activation of AMPK in NCoR1 MKO mice, which has been associated with enhanced
433 oxidative metabolism (20, 21). Importantly, we have now demonstrated that NCoR1 control
434 skeletal muscle oxidative metabolism primarily through the regulation of $ERR\alpha$ and $PGC-1\alpha$.
435 NCoR1 deletion in striated muscle led to an increase in the mRNA content of a broad range
436 of mitochondrial enzymes, thus supporting its potential role as negative regulator of
437 oxidative metabolism. In agreement with this idea, NCoR1 MKO mice recapitulate many
438 aspects of the phenotype exhibited by $PGC-1\alpha$ mTg mice, such as the increased expression
439 of mitochondrial enzymes, higher levels of oxidative fibers and enhanced VO_{2peak} during

440 maximal exercise (11, 30, 51). Moreover, as found in NCoR1 MKO animals, PGC-1 α
441 overexpression in skeletal muscle also results in a reduced maximal force and increased
442 muscle fatigue resistance (30, 45). Curiously, only EDL exhibited a higher muscle fatigue
443 resistance during the short interval protocol in NCoR1 MKO mice. Since EDL is a highly
444 glycolytic muscle, it might be more susceptible to benefit from the mild improvement on
445 oxidative metabolism as consequence of NCoR1 deletion compared to the predominantly
446 oxidative soleus. Analysis of NCoR1 MKO- and PGC-1 α mTg-based microarrays also showed
447 a high level of similarity between these mouse models, since all of the up-regulated genes
448 related to oxidative metabolism found in NCoR1 MKO mice were also increased by PGC-1 α
449 overexpression. Hence, our findings indicate that NCoR1 deletion facilitates PGC-1 α action
450 on its target genes. In fact, PGC-1 α mRNA was not increased in NCoR1 MKO mice,
451 suggesting that the higher transcription of its target genes is not associated to its up-
452 regulation. In contrast, NCoR1 knockdown in cultured cells induced a 133 fold increase in
453 PGC-1 α mRNA. Hence, it is possible that the bigger effects of NCoR1 deletion in C₂C₁₂
454 myotubes compared to the mice are a consequence of both an up-regulation of PGC-1 α and
455 a lower competition between these coregulators. Importantly however, we found that
456 knockdown of PGC-1 α , but not PGC-1 β , in C₂C₁₂ myotubes completely blocked the effects of
457 NCoR1 knockdown on oxidative metabolism, underlining the essential role of PGC-1 α in this
458 process. Similarly, prediction of the relative contribution of transcription factors to the gene
459 expression pattern exhibited by NCoR1 MKO and PGC-1 α mTg animals revealed a significant
460 overlap between these mouse models. Interestingly, RXRs (heterodimerization partners for
461 the PPARs) and ERR α stood out as top candidates, showing the strongest link to the control
462 of energy metabolism (13, 16). In fact, Yamamoto et al. (51) have recently showed that in

463 C₂C₁₂ myotubes, NCoR1 is recruited to the PPRE and nuclear receptor half-sites (ERR binding
464 site) of *UCP3* and *PDK4* promoter, respectively, though whether the effects of NCoR1
465 deletion on gene expression actually depend on PPAR β/δ or ERR α activation was not
466 studied. Here, through reporter gene assay, we have demonstrated that NCoR1 is a direct
467 corepressor of both PPAR β/δ and ERR α . Importantly, given that NCoR1 and PGC-1 α
468 compete for the transcriptional regulation of PPAR β/δ and ERR α , our data indicate that
469 these transcription factors are common targets of both coregulators. Interestingly, we
470 observed a striking effect of the ERR α inverse agonist XCT790, since it completely inhibited
471 the increase in the mRNA level of several mitochondrial enzymes triggered by NCoR1
472 knockdown in cultured myotubes. These data are consistent with MARA results and suggest
473 that ERR α is the main target of NCoR1 in the control of muscle oxidative metabolism (Fig. 7).
474 Unexpectedly, we found that the PPAR β/δ selective antagonist GSK0660 did not affect the
475 effects of NCoR1 deletion on oxidative phosphorylation gene regulation. PPAR β/δ plays an
476 important role in the transcriptional control of lipid metabolism (13). Intriguingly, our
477 microarray analysis of NCoR1 MKO skeletal muscle shows a preferential enhancement of
478 oxidative phosphorylation and TCA cycle compared to the modulation of fatty acid β -
479 oxidation. Thus, it is conceivable that in our experimental context of animals fed with
480 normal chow, PPAR β/δ plays less of a role compared to studies using high fat diets (51) or
481 conditions like obesity and physical inactivity. NCoR1 might control fatty acid metabolism
482 through the transcriptional regulation of PPAR β/δ in an environment of elevated
483 intramyocellular lipids that could act as PPAR β/δ ligands, but this hypothesis needs to be
484 substantiated in future studies. Overall, it seems that a fully functional ERR α -PGC-

485 1 α complex is a prerequisite for the improved oxidative metabolism induced by muscle-
486 specific NCoR1 deletion, at least in chow fed mice.

487 Interestingly, NCoR1 MKO mice have a milder oxidative phenotype compared to PGC-1 α
488 transgenic mice. The weaker phenotype is also reflected in the quantitative differences in
489 gene expression. Thus, while the muscle knockout of NCoR1 resulted in the up-regulation of
490 21 genes involved in oxidative phosphorylation, 83 genes were increased in response to
491 muscle PGC-1 α overexpression. Consistently, PGC-1 α mTg mice exhibit a higher increase in
492 the VO_{2peak} (24%) (11) compared to NCoR1 MKO animals (7.2%). However, it is important to
493 note that NCoR1 is a basal corepressor, thus it represses transcription factors under basal
494 conditions and it is exchanged by coactivators upon a positive stimulus (17, 37). Therefore,
495 our data suggest that during basal conditions, NCoR1 deletion would not result in a full
496 activation of PPAR β/δ and ERR α , which subsequently could be amplified by a positive
497 stimulus such as exercise that is well known to increase PGC-1 α expression (4) and thereby
498 unleashes the full activity of these transcription factors.

499 In conclusion, our data indicate competition between NCoR1 and PGC-1 α in the regulation
500 of PPAR β/δ and ERR α transcriptional activity in skeletal muscle, of which the regulation of
501 ERR α represents the predominant regulatory mechanism of oxidative metabolism during
502 basal conditions (Fig. 7). The elucidation of different pharmacological or non-
503 pharmacological (e.g. exercise training) strategies to modulate NCoR1 activity and thus
504 facilitate PGC-1 α action represents attractive strategies for the treatment of metabolic
505 diseases.

506

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708

709

1 **FIGURE LEGENDS**

2 **FIG 1** Exercise performance and in vivo contractile properties of NCoR1 MKO mice skeletal
3 muscle. (A) VO₂ during the maximal exercise test (n = 8 CON and n = 7 NCoR1 MKO). (B and
4 C) Representative pictures and quantification of NADH (B) and PAS (C) staining of tibialis
5 anterior (n = 3-4 CON and n = 3-4 NCoR1 MKO). (D) Representative blots and quantification
6 of gastrocnemius AMPK phosphorylation levels (n = 7 CON and n = 4 NCoR1 MKO). (E and F)
7 In vivo assessment of maximal grip strength and isometric muscle fatigue resistance (n = 13
8 CON and n = 12 NCoR1 MKO). Values represent mean ± SEM. *p < 0.05, **p < 0.01, ***p <
9 0.001 CON vs. NCoR1 MKO.

10 **FIG 2** Ex vivo contractile properties of NCoR1 MKO mice skeletal muscle. (A-D) Ex vivo
11 assessment of extensor digitorum longus (EDL) and soleus (SOL) contractility in response to
12 a single twitch or a maximal tetanic stimulation (n = 10 CON and n = 14 NCoR1 MKO muscles
13 per group). (E and F) Ex vivo assessment of EDL and SOL fatigue resistance in response to
14 repeated tetanic stimulation through a long and short interval protocol. Inset (F) shows the
15 section with significant differences (n = 10 CON and n = 14 MKO muscles per group). Values
16 represent mean ± SEM. *p < 0.05, **p < 0.01 CON vs. MKO.

17 **FIG 3** Similarities between NCoR1 MKO and PGC-1α mTg mice on oxidative metabolism. (A
18 and B) Top 5 KEGG pathways from GO analysis of the up- and down-regulated genes from
19 the NCoR1 MKO and PGC-1α mTg microarray data sets (n = 5 per group). (C) Venn diagrams
20 showing the overlap between NCoR1 MKO and PGC-1α mTG microarray data sets. (D and E)
21 Heat maps generated using probe-set intensities of the overlapping transcripts between
22 NCoR1 MKO and PGC-1α mTg related to the GO terms “oxidative phosphorylation
23 (OXHPOS)” and “citrate cycle (TCA cycle)”. (F) Real-Time PCR analysis of mRNA levels of

24 mitochondrial encoded genes of gastrocnemius from CON (n = 7) and NCoR1 MKO (n = 5)
25 animals. (G) Measurement of mitochondrial DNA (mtDNA) content of gastrocnemius from
26 CON (n = 7) and NCoR1 MKO (n = 5) animals. Values represent mean \pm SEM. *p < 0.05, **p <
27 0.01 CON vs. NCoR1 MKO.

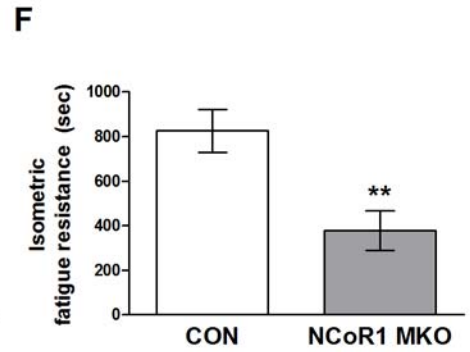
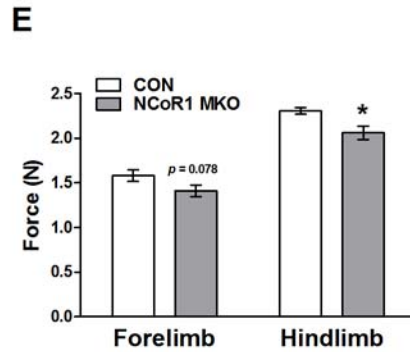
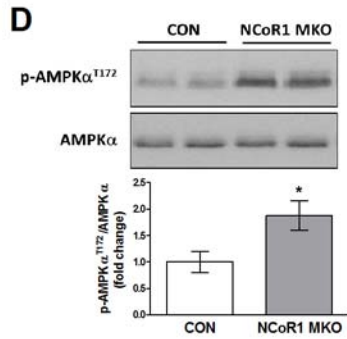
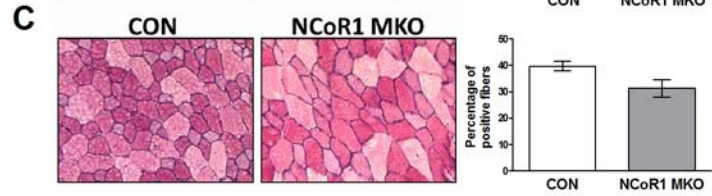
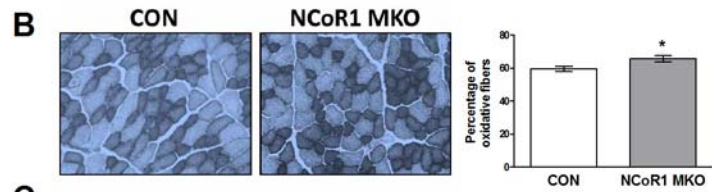
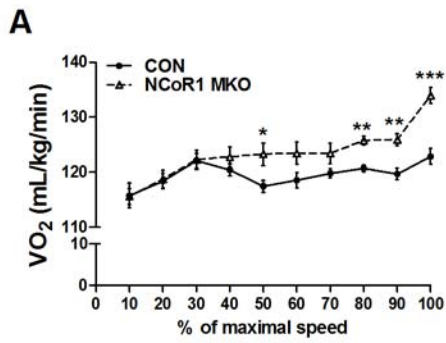
28 **FIG 4** Role of PGC-1 α/β in NCoR1 regulation of oxidative metabolism. (A) Gastrocnemius
29 (GAS) mRNA levels of PGC-1 family of coactivators (n = 7 CON and n = 5 NCoR1 MKO). (B to
30 D) Adenoviral knockdown (KD) of LacZ (CON) or NCoR1 alone or in combination with PGC-
31 1 α or PGC-1 β KD for 48 h in C₂C₁₂ myotubes (n = 3 independent experiments performed in
32 triplicate each). Values represent mean \pm SEM. *p < 0.05, **p < 0.01, ***p < 0.001 CON vs.
33 MKO or as indicated.

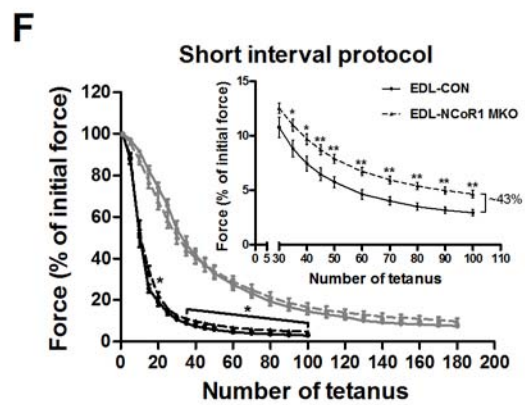
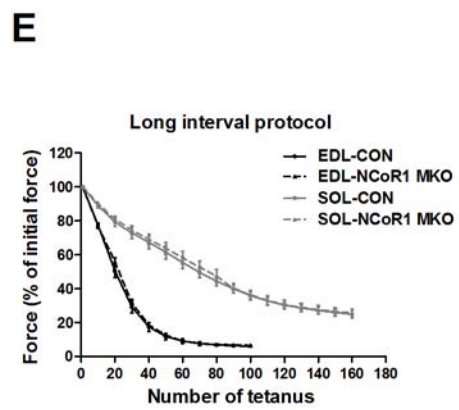
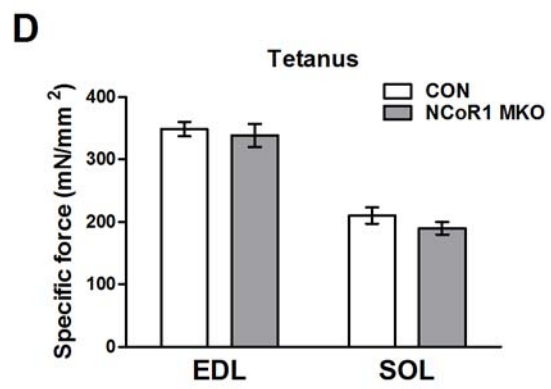
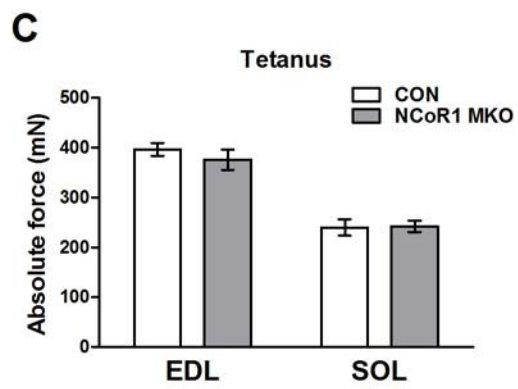
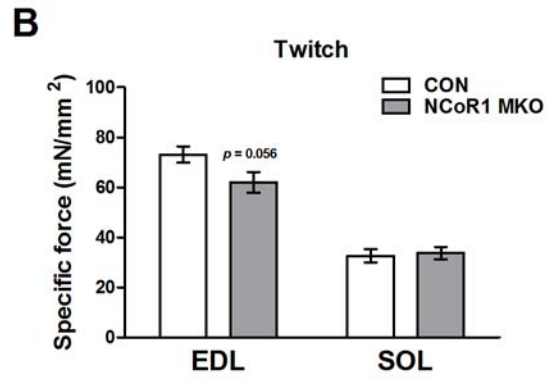
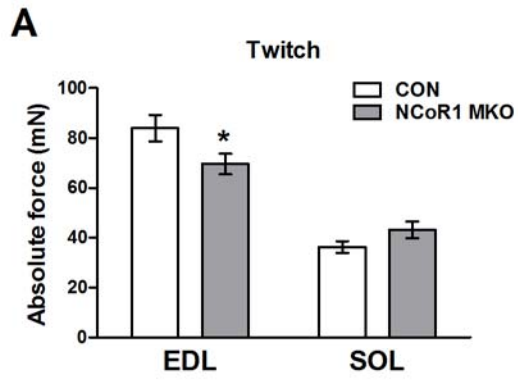
34 **FIG 5** Identification of common transcription factor binding partners of NCoR1 and PGC-1 α .
35 (A and B) The top 4 transcription factors motifs exhibiting increased and decreased activity
36 in MARA of the microarray data performed on gastrocnemius from NCoR1 MKO and PGC-1 α
37 mTg mice (n = 5 per group). (C-F) Changes in the activity of RXRs and ERR α (ESRRA) in NCoR1
38 MKO and PGC-1 α mTg skeletal muscle predicted by MARA analysis of microarray data (n = 5
39 per group). (G) Venn diagrams showing the overlap between NCoR1 MKO and PGC-1 α mTg
40 MARA analysis.

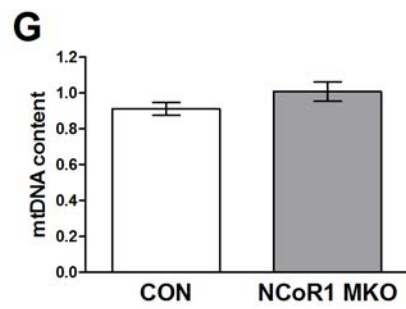
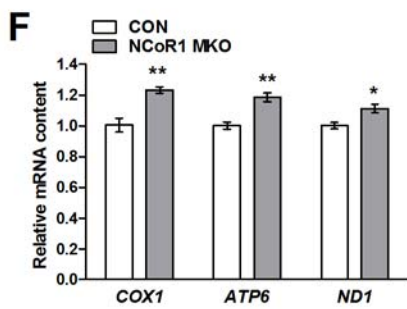
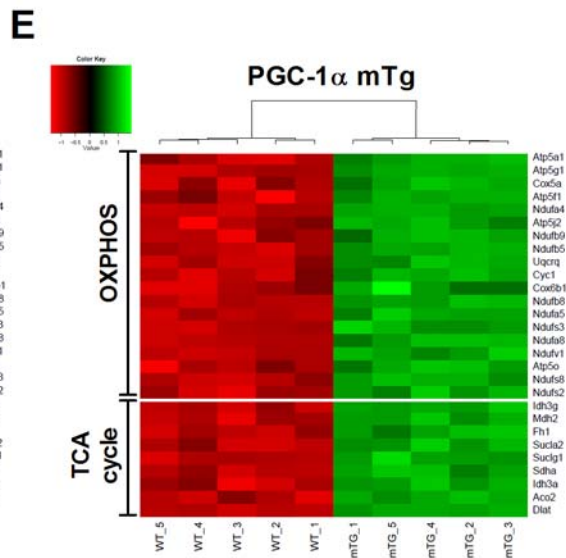
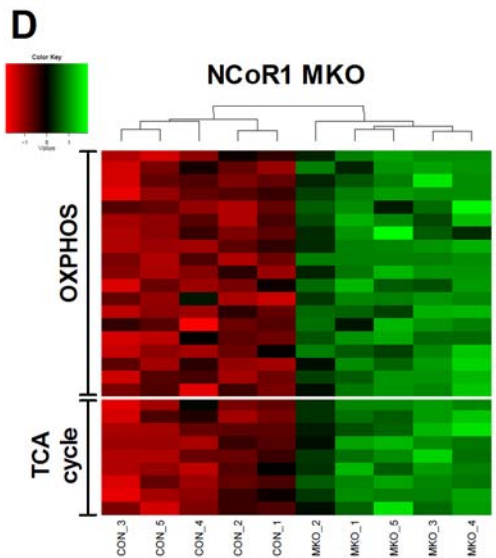
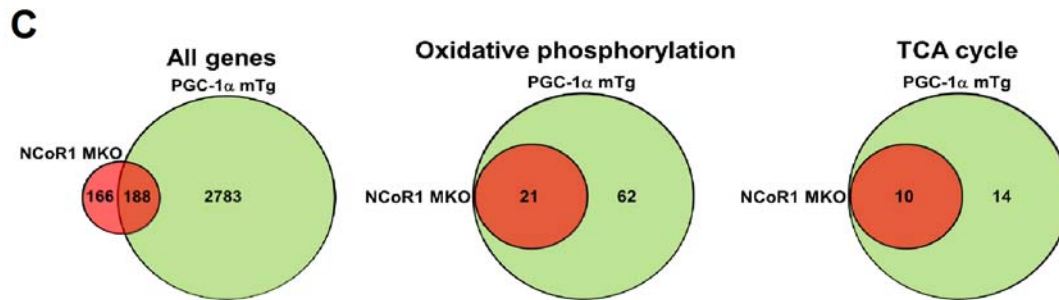
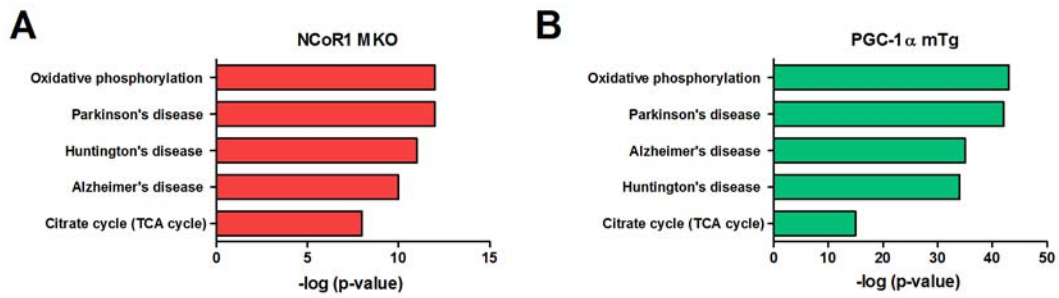
41 **FIG 6** Role of PPAR β/δ and ERR α in NCoR1 regulation of oxidative metabolism. (A)
42 Gastrocnemius mRNA levels of different transcriptions factors (n = 7 CON and n = 5 NCoR1
43 MKO). RXR: retinoid X receptor, PPAR: peroxisome proliferator activated receptor, ERR:
44 estrogen-related receptor and TFAM: transcription factor A, mitochondrial. (B and C)
45 Luciferase activity of PPRE-luc and ERRE-luc reporter plasmids in COS-7 cells co-transfected
46 with PPAR β/δ , ERR α , NCoR1 and PGC-1 α as indicated in each figure (n = 5 independent

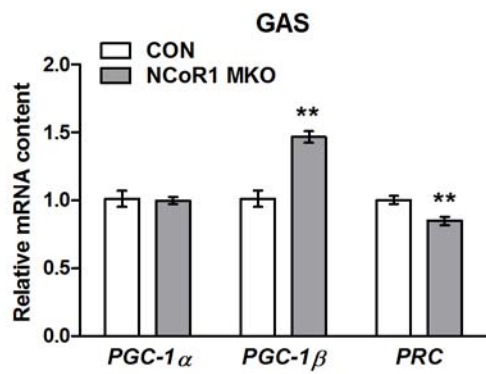
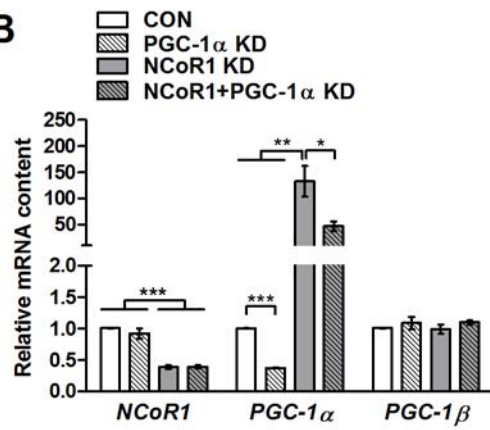
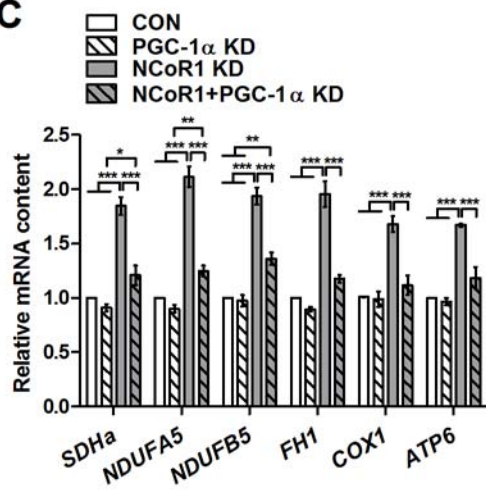
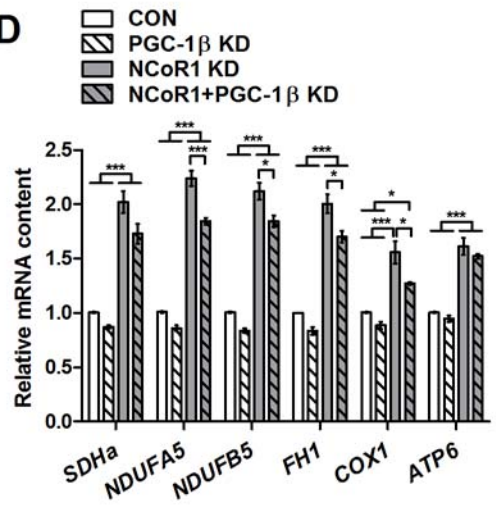
47 experiments performed in triplicate each). (D and E) Adenoviral knockdown (KD) of LacZ
48 (CON) or NCoR1 alone or in combination with 10 μ M XCT790 or 1 μ M GSK0660 for 48 h in
49 C₂C₁₂ myotubes (n = 3 independent experiments performed in triplicate each). Values
50 represent mean \pm SEM. *p < 0.05, **p < 0.01, ***p < 0.001 CON vs. NCoR1 MKO or as
51 indicated.

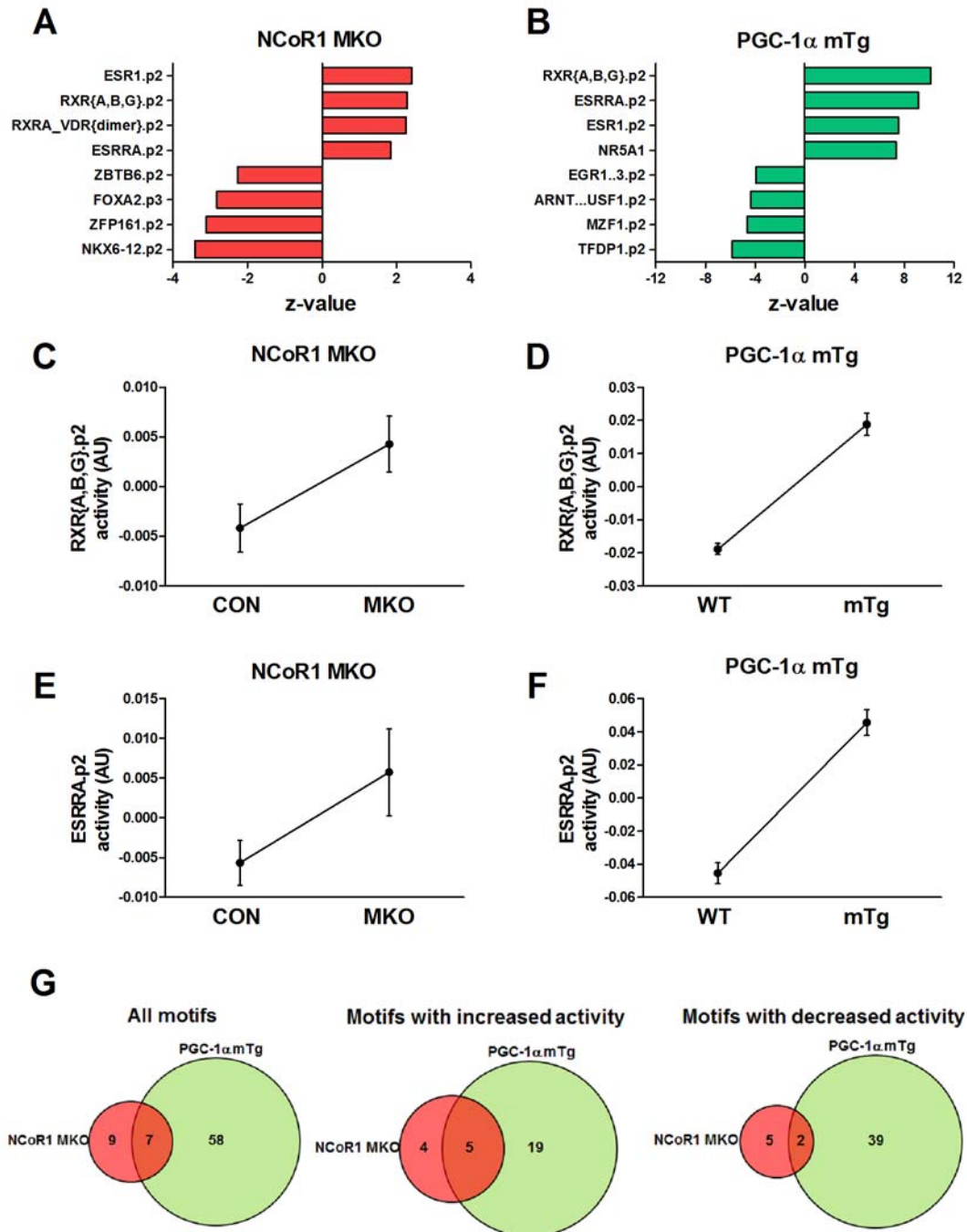
52 **FIG 7** Antagonistic regulation of oxidative metabolism by NCoR1 and PGC-1 α . Proposed
53 mechanism by which NCoR1 and PGC-1 α complexes compete for the transcriptional
54 regulation of ERR α and, as a consequence, oxidative metabolism. Under basal and possibly
55 pathological conditions, NCoR1 represses ERR α and increases histone deacetylation,
56 thereby decreasing metabolic gene transcription. In contrast, PGC-1 α is activated by
57 exercise and caloric restriction in skeletal muscle, coactivates ERR α and consequently
58 enhances mitochondrial function. ERRE: ERR response elements, Ac: histone acetylation.
59

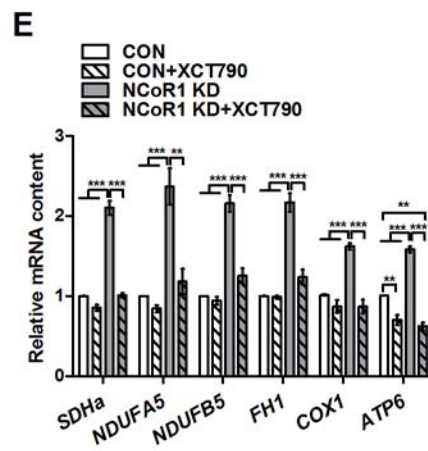
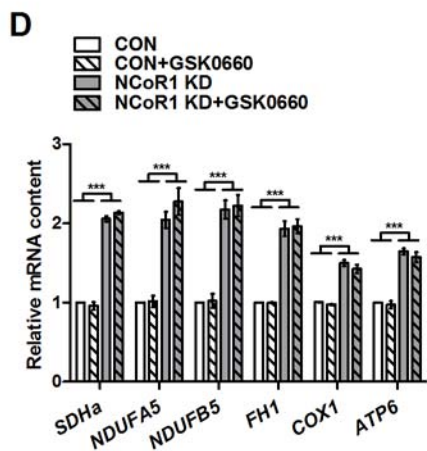
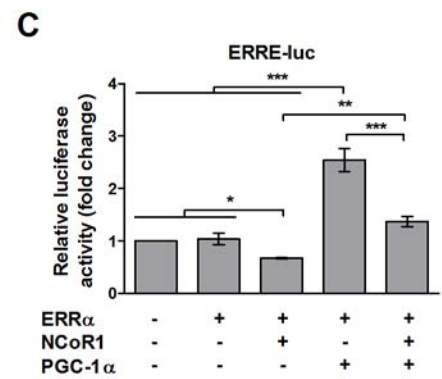
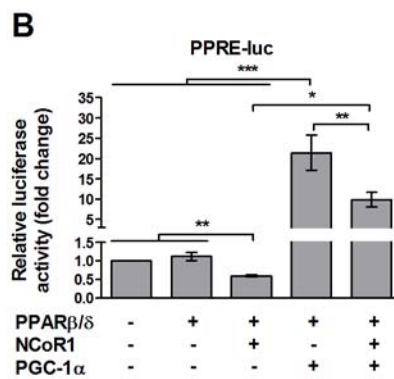
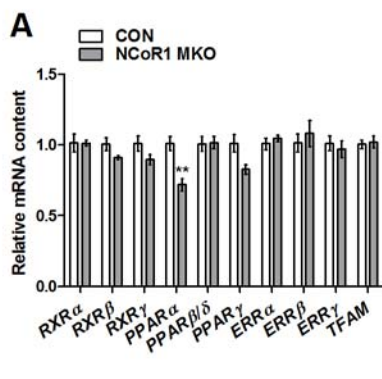


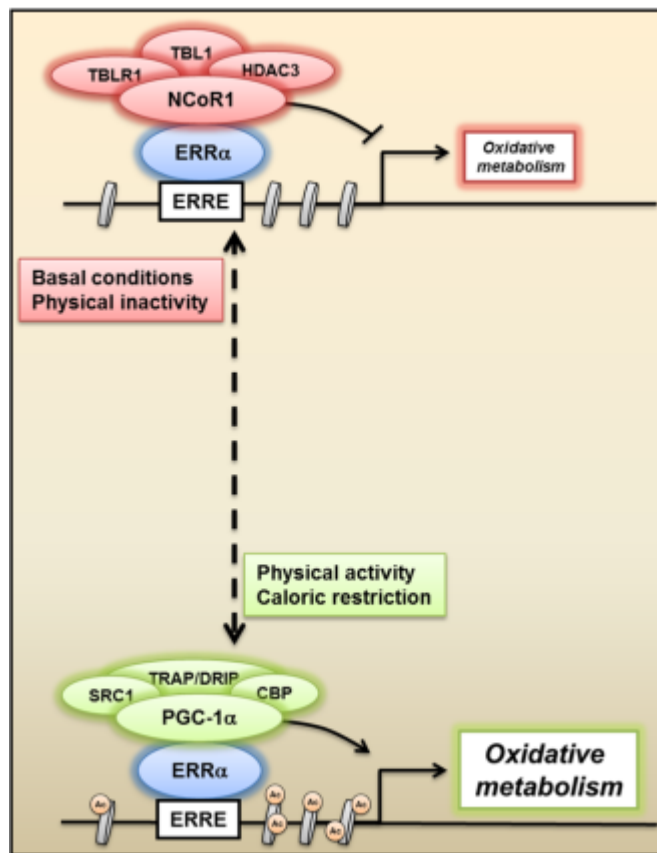




A**B****C****D**







SUPPLEMENTAL MATERIAL

Fig. S1

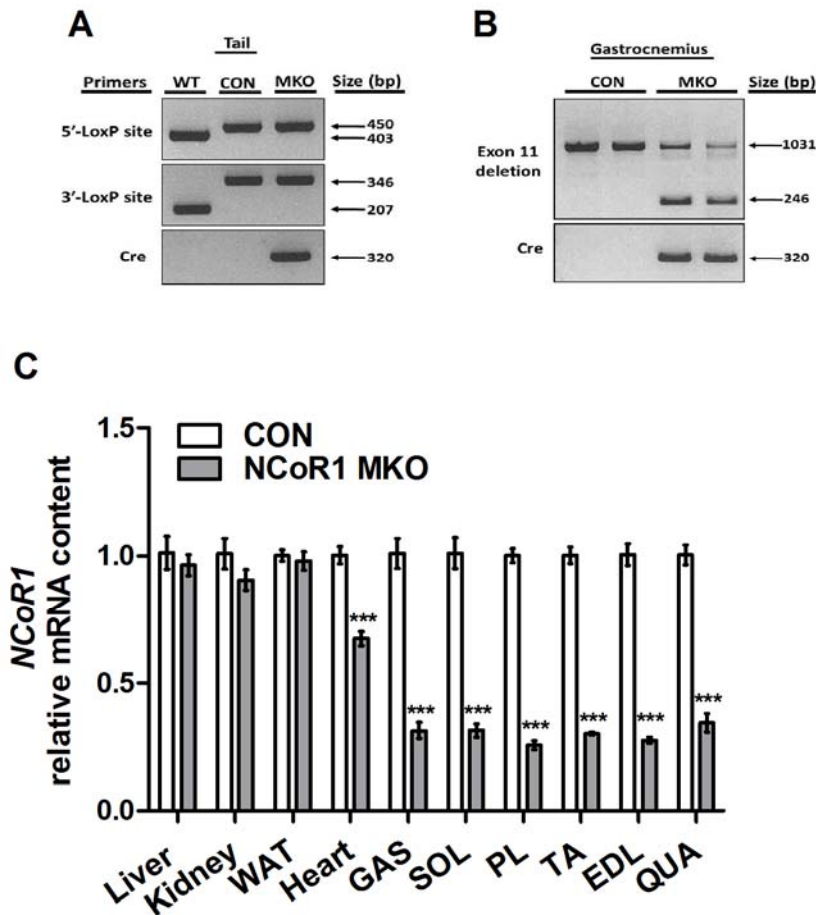


FIG S1 Specific deletion of NCoR1 in striated muscle. (A and B) PCR genotyping of wild type (WT), CON and NCoR1 MKO mice. (A) LoxP sites flanking exon 11 of *Ncor1* gene and the presence of *Cre* were detected from genomic DNA from the tail. (B) Recombination was assessed from genomic DNA from gastrocnemius. (C) NCoR1 mRNA levels in liver, kidney, white adipose tissue (WAT), heart, gastrocnemius (GAS), soleus (SOL), plantaris (PL), tibialis anterior (TA), extensor digitorum longus (EDL) and quadriceps (QUA) of CON (n = 7) and

NCoR1 MKO (n = 5) animals. Values represent mean \pm SEM. *** p < 0.001 CON vs. NCoR1 MKO.

Fig. S2

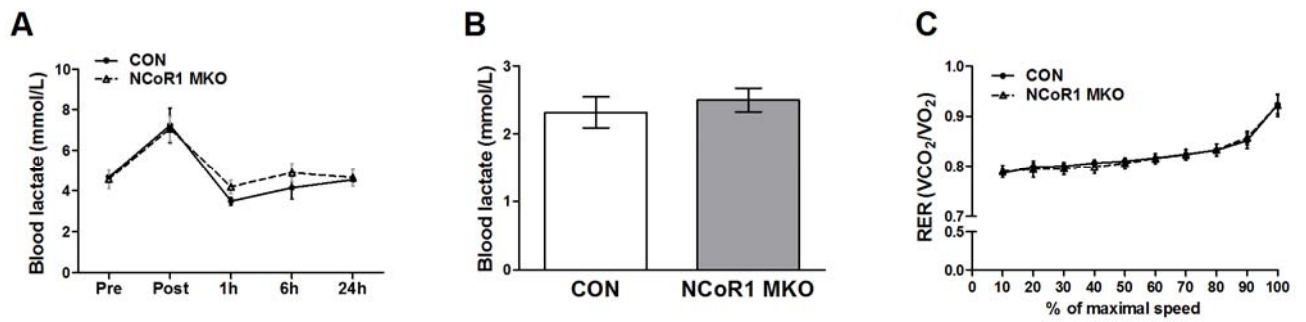


FIG S2 Indirect calorimetry during maximal exercise and blood lactate measurement. (A and B) Blood lactate determination before and after exercise (A), or in fasted (B) animals ($n = 6$ CON and $n = 7$ NCoR1 MKO). (C) Respiratory exchange ratio (RER) during the maximal exercise test ($n = 8$ CON and $n = 7$ NCoR1 MKO).. Values represent mean \pm SEM.

Fig. S3

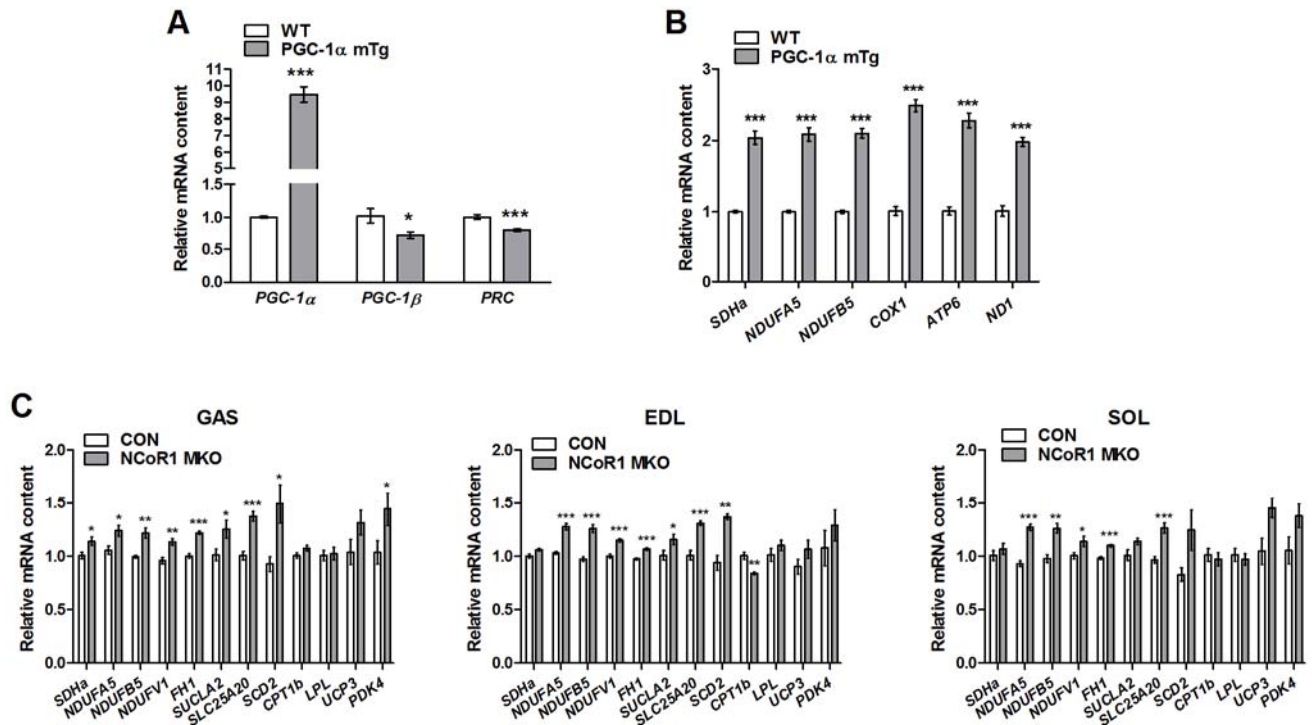


FIG S 3 PGC-1 levels in PGC-1 α mTg mice and validation of microarray analysis. (A) mRNA level of PGC-1 α , PGC-1 β and PRC in gastrocnemius from wild type (WT) and PGC-1 α mTg animals (n = 5 WT and n = 5 PGC-1 α mTg). (B) Real-Time PCR analysis of several up-regulated genes from the microarray and mitochondrial encoded genes in WT and PGC-1 α mTg gastrocnemius (n = 5 WT and n = 5 PGC-1 α mTg). (C) Real-Time PCR analysis of several up-regulated genes from the microarray and different PPAR β/δ target genes in gastrocnemius (GAS), extensor digitorum longus (EDL) and soleus (SOL) (n = 7 CON and n = 5 NCoR1 MKO). Values represent mean \pm SEM. * p < 0.05, ** p < 0.01, *** p < 0.001 CON vs. NCoR1 MKO or WT vs. PGC-1 α mTg.

Fig. S4

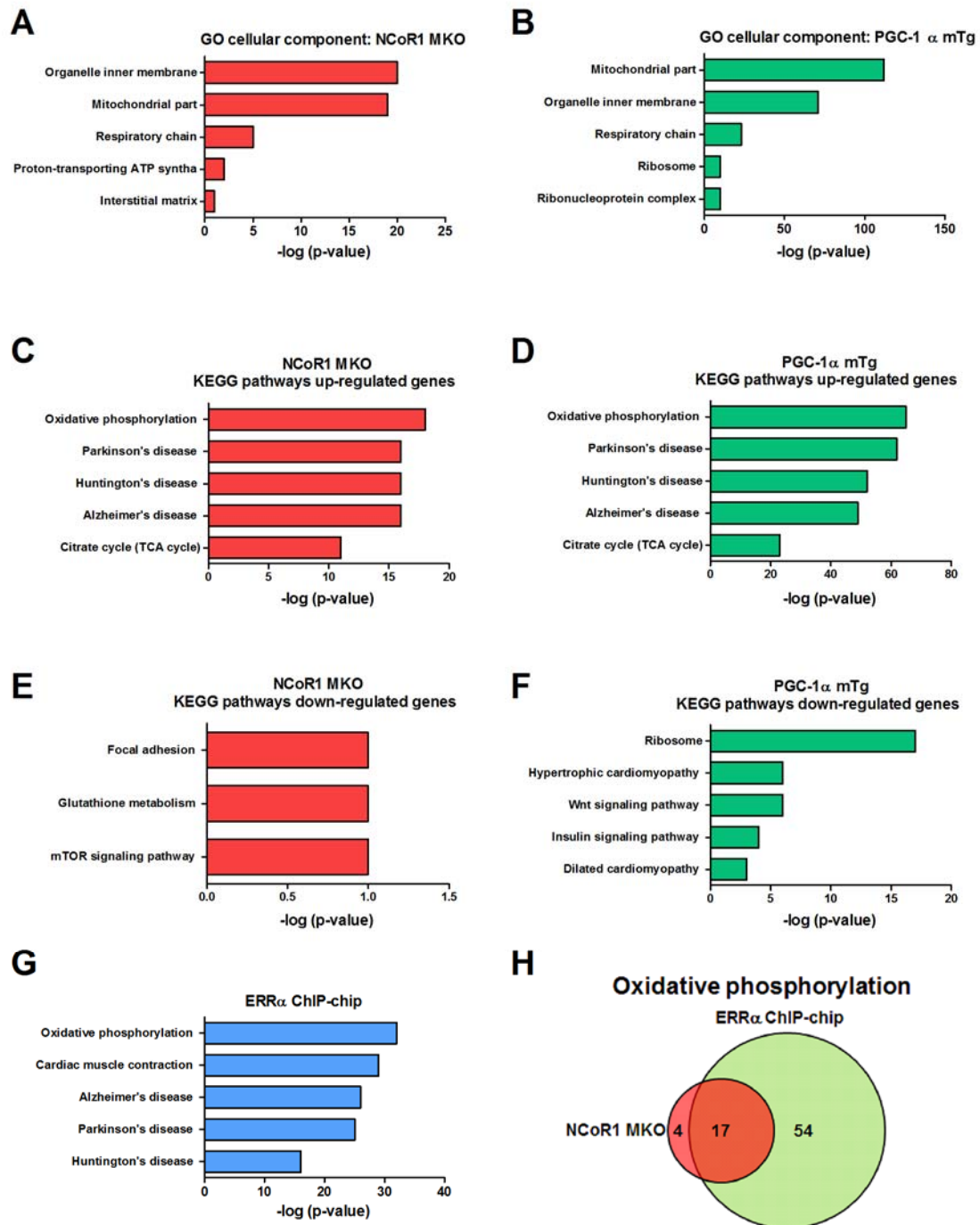


FIG S4 NCoR1 MKO mice exhibit enhanced oxidative metabolism. (A and B) Top 5 cellular component from GO analysis of the up- and down-regulated genes from the NCoR1 MKO and PGC-1α mTg microarray data sets (n = 5 per group). (C-F) Independent GO analyses of

the up- and down-regulated genes from the NCoR1 MKO and PGC-1 α mTg microarray data sets (n = 5 per group). (G) Top 5 KEGG pathways from GO analysis of the ERR α CHIP-chip data set (see reference #12 in the main text). (H) Venn diagrams showing the overlap between NCoR1 MKO microarray and ERR α CHIP-chip data set for the genes present in the GO terms “oxidative phosphorylation”.

Fig. S5

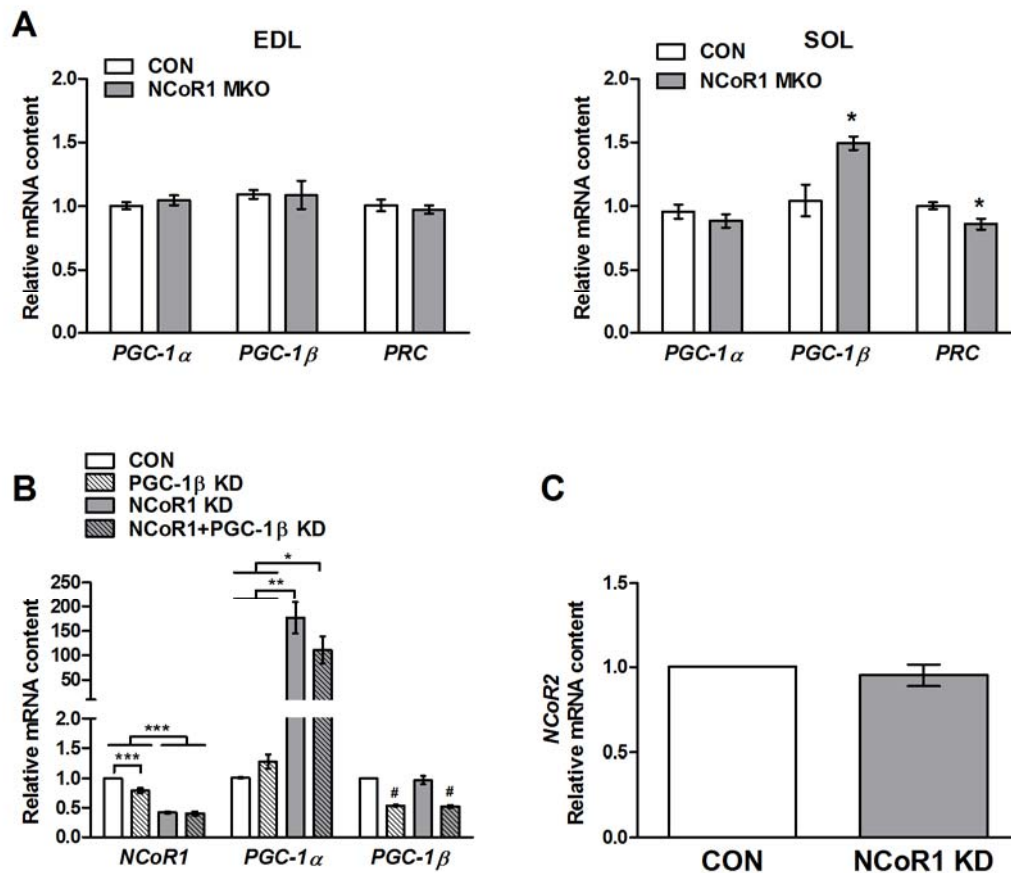


FIG S5 Role of PGC-1 α and PGC-1 β in NCoR1 modulation of oxidative metabolism. (A) Extensor digitorum longus (EDL) and soleus (SOL) mRNA levels of PGC-1 family of coactivators ($n = 7$ CON and $n = 5$ NCoR1 MKO). (B) NCoR1 and LacZ (CON) knockdown (KD) alone or in combination with PGC-1 β KD for 48 h in C₂C₁₂ myotubes ($n = 3$ independent experiments performed in triplicate each). (C) NCoR2 mRNA level in C₂C₁₂ myotubes transfected with LacZ (CON) or NCoR1 shRNA adenovirus (NCoR1 KD; $n = 3$ independent experiments performed in triplicate each). Values represent mean \pm SEM. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ CON vs. NCoR1 MKO or as indicated; # $p < 0.001$ vs. CON and NCoR1 KD.

Fig. S6

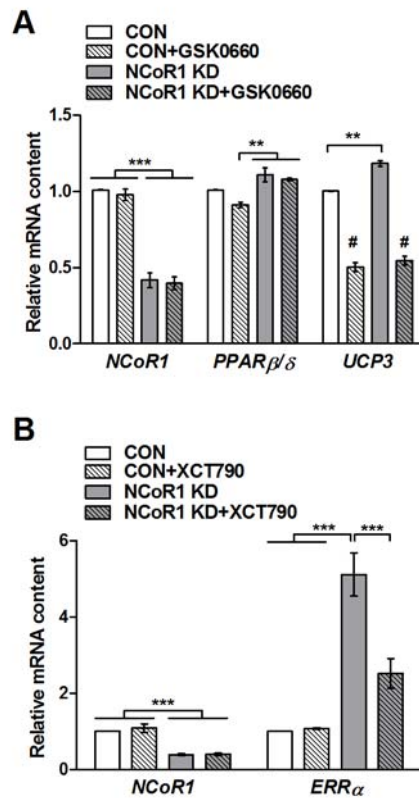


FIG S6 Role of $ERR\alpha$ and $PPAR\delta$ in NCoR1 modulation of oxidative metabolism. (A and B) NCoR1 knockdown (KD) alone or in combination with 1 μ M GSK0660 or 10 μ M XCT790 for 48 h in C_2C_{12} myotubes (n = 3 independent experiments performed in triplicate each). Values represent mean \pm SEM. ** $p < 0.01$, *** $p < 0.001$.

Table S1 In vivo and ex vivo assessment of muscle function

In vivo: exercise performance	Maximal test		Endurance test	
	CON	NCoR1 MKO	CON	NCoR1 MKO
Speed (m/min)	17.8 ± 1.2	19 ± 0.4	13.5 ± 7	14.4 ± 0.5
Distance (m)	219 ± 28	248 ± 15	556 ± 160	561 ± 45
Time (sec)	1013 ± 96	1120 ± 48	2778 ± 674	2789 ± 190
Work (W)	449 ± 67	494 ± 26	979 ± 294	972 ± 100
Power (J)	0.42 ± 0.03	0.44 ± 0.01	0.32 ± 0.02	0.35 ± 0.01
Ex vivo: contractile kinetics	EDL		Soleus	
	CON	NCoR1 MKO	CON	NCoR1 MKO
Twitch				
Time to peak (ms)	12.6 ± 0.9	11.3 ± 0.3	21.4 ± 0.8	23.0 ± 1.2
Half time to peak (ms)	3.5 ± 0.2	3.2 ± 0.0	5.6 ± 0.3	5.9 ± 0.3
Half relaxation time (ms)	18.5 ± 1.9	16.4 ± 0.5	38.5 ± 2.1	32.1 ± 2.3
Tetanus				
Half contraction time (ms)	22.1 ± 1.4	20.8 ± 1.3	35.9 ± 2.4	34.3 ± 2.6
Half relaxation time (ms)	24.7 ± 1.6	21.8 ± 1.4	58.6 ± 2.0	53.3 ± 2.8

In vivo: n = 8 CON and n = 7 NCoR1 MKO mice; Ex vivo: n = 10 CON and n = 14 NCoR1 MKO

muscles. Values represent mean ± SEM.

Table S2 MARA prediction of motifs with increased and decreased activity in NCoR1 MKO and PGC-1 α mTg skeletal muscle (n = 5 per group)

NCoR1 MKO	
Motif with increased activity	z-value
ESR1.p2	2.40
RXR{A,B,G}.p2	2.29
RXRA_VDR{dimer}.p2	2.26
ESRRA.p2	1.85
FOXO1,3,4.p2	1.79
RXRG_dimer.p3	1.68
EVI1.p2	1.62
ELF1,2,4.p2	1.57
NFE2.p2	1.51
Motif with decreased activity	z-value
NKX6-1,2.p2	-3.41
ZFP161.p2	-3.10
FOXA2.p3	-2.82
ZBTB6.p2	-2.26
MAFB.p2	-2.10
DBP.p2	-1.74
ZBTB16.p2	-1.57
PGC-1α mTg	
Motif with increased activity	z-value
RXR{A,B,G}.p2	10.12
ESRRA.p2	9.14
ESR1.p2	7.52
NR5A1,2.p2	7.35
RXRA_VDR{dimer}.p2	4.61
IKZF1.p2	3.08
FEV.p2	2.83
ZNF148.p2	2.40
HNF4A_NR2F1,2.p2	2.36
SPZ1.p2	2.28
NFE2L1.p2	2.17
CTCF.p2	2.01
POU3F1..4.p2	1.95
SPIB.p2	1.94
NANOG.p2	1.75
HMX1.p2	1.73
ONECUT1,2.p2	1.73
POU6F1.p2	1.67
ZEB1.p2	1.65
ZNF238.p2	1.61
FOXO1,3,4.p2	1.60
bHLH_family.p2	1.59
FOXP3.p2	1.57
NHLH1,2.p2	1.57
Motif with decreased activity	z-value
TFDP1.p2	-5.83
MZF1.p2	-4.66
ARNT_ARNT2_BHLHB2_MAX_MYC_USF1.p2	-4.35
EGR1..3.p2	-3.91
EOMES.p2	-3.88
MYBL2.p2	-3.87
POU5F1.p2	-3.64
MAZ.p2	-3.43
PAX2.p2	-3.23

ZBTB6.p2	-3.22
MYB.p2	-3.19
MEF2{A,B,C,D}.p2	-2.89
YY1.p2	-2.72
GLI1..3.p2	-2.72
EHF.p2	-2.70
RFX1..5_RFXANK_RFXAP.p2	-2.44
TLX2.p2	-2.31
XBP1.p3	-2.31
NFATC1..3.p2	-2.20
ZIC1..3.p2	-2.18
NKX3-2.p2	-2.18
GATA1..3.p2	-2.11
ATF5_CREB3.p2	-2.02
TFAP2B.p2	-2.01
HOX{A4,D4}.p2	-1.95
HOX{A6,A7,B6,B7}.p2	-1.86
STAT5{A,B}.p2	-1.82
BPTF.p2	-1.80
HBP1_HMGB_SSRP1_UBTF.p2	-1.79
HSF1,2.p2	-1.77
GFI1B.p2	-1.76
ELK1,4_GABP{A,B1}.p3	-1.71
FOXN1.p2	-1.69
MAFB.p2	-1.69
CEBPA,B_DDIT3.p2	-1.67
RBPJ.p2	-1.63
FOS_FOS{B,L1}_JUN{B,D}.p2	-1.59
ATF6.p2	-1.58
PITX1..3.p2	-1.55
NFE2L2.p2	-1.52
NRF1.p2	-1.50

Table S3 Real-Time PCR primer list.

Target gene	Forward primer	Reverse primer
<i>Ncor1</i>	GACCCGAGGGAAGACTACCATT	ATCCTTGTCCGAGGCAATTTG
<i>Ncor2</i>	CCTTCCGTGAGAAGTTTATGCA	CACACTCAGCGACCGTCTTTC
<i>Ppargc1a</i>	TGATGTGAATGACTTGGATACAGACA	GCTCATTGTTGTAAGTGGTGGATATG
<i>Ppargc1b</i>	CCATGCTGTTGATGTTCCAC	GACGACTGACAGCACTTGGGA
<i>Pparc1</i>	CACCCTGCCGGAGTGAAAT	CGCATTGACTGCTGCTTGTC
<i>Rxra</i>	AACCCCGAGCTACCAAATGACC	AACAGGACAATGGCTCGCAGG
<i>Rxrb</i>	GCCAAGCTGCTGTTACGTCTT	ACAGGTGCTCCAGACACTTGAG
<i>Rxrg</i>	CCGCTGCCAGTACTGTGCG	ACCTGGTCCCAAGGTGAG
<i>Ppara</i>	GCGTACGGCAATGGCTTTAT	ACAGAACGGCTTCTCAGGTT
<i>Ppard</i>	GCAAGCCCTTCAGTGACATCA	CCAGCGCATTGAAGTGGACA
<i>Pparg</i>	CCCACCAACTTCGGAATCAG	AATGCGAGTGGTCTTCCATCA
<i>Esrra</i>	CGGTGTGGCATCCTGTGA	CTCCCCTGGATGGTCTCTT
<i>Esrrb</i>	CCCTGACCACTCTCTGTGAATTG	TGGCCCAGTTGATGAGGAA
<i>Esrrg</i>	GCCCAGCCACGAATGAAT	GCAGGCCTGGCAGGATTT
<i>Tfam</i>	GGTCGCATCCCCTCGTCTA	GGATAGCTACCCATGCTGGAAA
<i>Sdha</i>	GCTGGTGTGGATGTCACTAAGG	CCCACCCATGTTGTAATGCA
<i>Ndufa5</i>	ACATGCAGCCTATAGAAAATACACAGA	TCCGCCTTGACCATATCCA
<i>Ndufb5</i>	TTTTCTCACGCGGAGCTTTC	TGCCATGGTCCCCACTGT
<i>Ndufv1</i>	CTTCCCCACTGGCCTCAA	ATACTTGGGCCTGCCATCTG
<i>Fh1</i>	TGCTCTCAGTGCAAAATCCAA	CGTGTGAGTTCGCCCAATT
<i>Sucla2</i>	CGCCACAGTCCAGCAAGTAA	AGCCTGCACCTTTTTATCTGAAGT
<i>Slc25a20</i>	CTGCGCCCATCATTGGA	CAGACCAAACCCAAAGAAGCA
<i>Ucp3</i>	TTTTGCGGACCTCCTCACTT	TGGATCTGCAGACGGACCTT
<i>Pdk4</i>	AAAATTTCCAGGCCAACCAA	CGAAGAGCATGTGGTGAAGGT
<i>Lpl</i>	GGGAGTTTGGCTCCAGAGTTT	TGTGTCTTCAGGGGTCCTTAG
<i>Cpt1b</i>	ATCATGTATCGCCGAAACT	CCATCTGGTAGGAGCACATGG
<i>Scd2</i>	CGCCGTGGCTTCTTTTTTC	CGGGTGTTCGCGACAA
<i>COX1</i>	TGCTAGCCGAGGCATTACT	GCGGGATCAAAGAAAGTTGTG
<i>ATP6</i>	ACTATGAGCTGGAGCCGTAATTACA	TGGAAGGAAGTGGGCAAGTG
<i>ND1</i>	TCTGCCAGCCTGACCCATA	GGGCCCCGTTTGTCTG
<i>Tbp</i>	TGCTGTTGGTGATTGTTGGT	CTGGCTTGTGTGGGAAAGAT