

# **Stimuli-Responsive Amphiphilic Peptides for Biomedical Applications**

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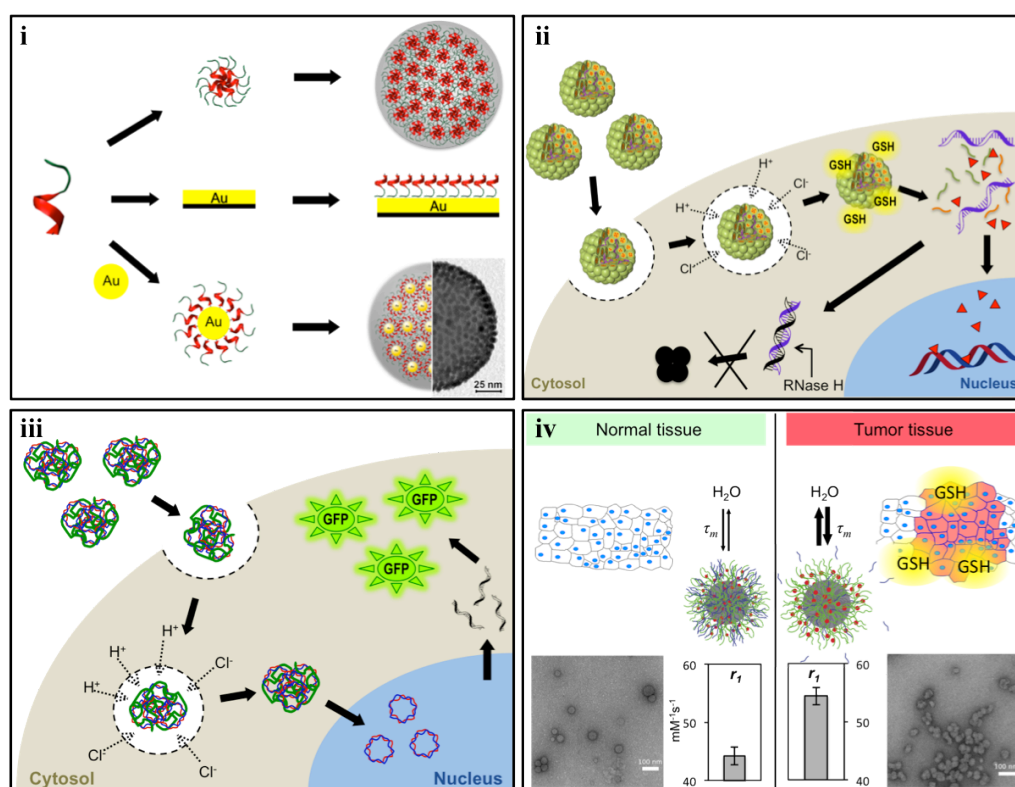
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# Summary

In the present thesis, the development of stimuli-responsive amphiphilic peptides for biomedical applications is described. The thesis is structured into four projects: (i) composite peptide-gold nanoparticle superstructures, (ii) reduction-responsive codelivery of antisense oligonucleotides and drugs, (iii) peptidic gene transfection, and (iv) reduction-responsive highly sensitive MRI contrast agents (Figure I).



**Figure I.** Projects described in the present thesis. Adapted from Gunkel-Grabole et al.<sup>1</sup> and deBruyn et al.<sup>2</sup>

**Chapter one** comprises a general introduction to self-assembled systems in nature and their inspiration and influence on artificially designed functional nanomaterials. Further, concepts and recent achievements of nanoarchitectures for biomedical applications are introduced with focus on peptides as molecular building blocks, including assemblies based on gramicidin A derived amphiphilic peptides. It also contains a brief background of the underlying theory of magnetic resonance imaging (MRI) contrast agents, an overview of FDA-approved contrast agents, and recent advances regarding responsive MRI contrast agents. Furthermore, solid phase peptide synthesis is shortly introduced, and the aim of the thesis is presented.

**Chapter two** reports the development and investigation of amphiphilic peptides capable of forming composite peptide–gold superstructures (**Figure I–i**). Amphiphilic peptides based on a hydrophobic sequence derived from gramicidin A in conjunction with acetylated polylysine were modified with cysteines offering binding sites for covalent attachment to gold. Peptide-coated gold nanoparticles were able to self-assemble into ordered gold nanoparticle superstructures.

**Chapter three** addresses the elaboration of a reduction-responsive codelivery carrier for antisense oligonucleotides and small molecule drugs (**Figure I–ii**). Amphiphilic peptides were designed to bear nucleic acid binding units and hydrophobic sequences able to self-assemble into peptide nanoparticles incorporating desired payloads of different physicochemical characteristics. Introduction of a reduction-cleavable linker to the peptide sequence allowed triggered release of the cargoes at elevated levels of reduction potential.

**Chapter four** reveals peptidic gene transfection studies based on nanocarriers self-assembled from amphiphilic peptides comprising polylysine and polyhistidine sequences (**Figure I–iii**). The constructs were optimized for entrapment of GFP-encoding plasmid DNA, which subsequently served to assess the transfection performance via fluorescence levels. Transfection efficacies and effects on cells were investigated at various conditions.

**Chapter five** includes the development of highly sensitive magnetic resonance imaging contrast agents with contrast enhancement in reductive milieu (**Figure I–iv**). Gadolinium was complexed with heparin-poly(dimethylsiloxane) block copolymers and coassembled with a reduction sensitive amphiphilic peptide to form spherical nanoparticles. Magnetic resonance imaging contrast enhancement was examined simulating elevated levels of reduction potential, as found in tumor tissue, and compared to nontreated coassembled nanoparticles and a commercially available contrast agent.

**Chapter six** concludes the findings and achievements of the performed research. The results are discussed and promising further research directions are suggested and highlighted. Further, it comprises general statements regarding rational design of peptide sequences for controlled self-assembly and underlines their large potential towards biomedical applications.

**Chapter seven** summarizes materials and methods. Individual experimental setups for all presented research projects are described in detail, including source and grade of chemicals, origin of materials, devices, and instruments, as well as measurement parameter and formulae.





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## Abbreviations

%	Percent
°C	Degree Celsius
2D	Two-dimensional
3D	Three-dimensional
Å	Angstrom
a.u.	Arbitrary units
AA	Amino acid
ACN	Acetonitrile
AFM	Atomic force microscope
AON	Antisense oligonucleotides
AP	Amphiphilic peptide
Au-NP	Gold nanoparticle
BODIPY	Boron-dipyromethene
BSA	Bovine serum albumin
Bzl	Benzyl
C	Concentration
CA	Contrast agent
CHCA	$\alpha$ -cyano-4-hydroxycinnamic acid
CLSM	Confocal laser scanning microscope
CM-PLH	Carboxymethyl poly-L-histidine
CMC	Critical micelle concentration
CP-Au-NPs	Composite peptide-gold nanoparticles
CPM	Counts per molecule
CPP	Cell-penetrating peptide
CT	Computer tomography
Da	Dalton
DCC	<i>N,N'</i> -dicyclohexylcarbodiimide
DCM	Dichloromethane
DDS	Drug delivery system
DIC	<i>N,N'</i> -diisopropylcarbodiimide
DIPEA	<i>N,N'</i> -diisopropylethylamine
DMF	<i>N,N</i> -dimethylformamide
DMSO	Dimethyl sulfoxide
DNA	Desoxyribonucleic acid
DTPA	Diethylene triamine pentaacetic acid
DTT	Dithiothreitol
EDT	1,2-ethanedithiol
EDTA	Ethylenediaminetetraacetic acid
EMSA	Electrophoretic mobility shift assay
EPR	Electron paramagnetic resonance
EPR-effect	Enhanced permeability and retention effect
EtOH	Ethanol
Eq.	Equivalent
FACS	Fluorescence assisted cell sorting
FCCS	Fluorescence cross-correlation spectroscopy
FCS	Fluorescence correlation spectroscopy
FDA	Food and Drug Administration
Fmoc	9-fluorenylmethyloxycarbonyl
FTIR	Fourier transform infrared spectroscopy

G	Autocorrelation amplitude
g	Gyromagnetic factor
gA	Gramicidin-derived sequence
GAG	Glycosaminoglycan
Gd	Gadolinium
GFP	Green fluorescent protein
GSH	Glutathione
gT	Truncated gA
h	Planck constant
H	Spin Hamiltonian
HATU	<i>O</i> -(7-azabenzotriazol-1-yl)- <i>N,N,N',N'</i> -tetramethyluronium hexafluorophosphate
HBTU	2-(1 <i>H</i> -benzotriazol-1-yl)-1,1,3,3-tetramethyluronium hexafluorophosphate
HCTU	2-(6-chloro-1 <i>H</i> -benzotriazole-1-yl)-1,1,3,3-tetramethylaminium hexafluorophosphate
He-Ne	Helium-Neon
HEPES	4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid
HF	Hydrogen fluoride
HOAt	1-hydroxy-7-azabenzotriazole
HOBt	1-hydroxybenzotriazole
HPLC	High performance liquid chromatography
IgG	Immunoglobulin G
IPE	Diisopropyl ether
$k_B$	Boltzmann constant
kDa	Kilo Dalton
$k_{ex}$	Water exchange rate
LB	Langmuir–Blodgett
LDL-C	Low-density lipoprotein cholesterol
M	Molar
Maldi-ToF-MS	Matrix assisted laser desorption/ionization - time of flight - mass spectroscopy
MCM	Multicompartment micelle
min	Minute
miRNA	Micro RNA
mL	Milliliter
mM	Millimolar
MmA	Mean molecular area
MRI	Magnetic resonance imaging
mRNA	Messenger RNA
ms	Millisecond
MTS	(3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2 <i>H</i> -tetrazolium)
mW	Milliwatt
MWCO	Molecular weight cut-off
N	Number of particles
n	Refractive index
NP	Nanoparticle
N/P-ratio	Nitrogen-to-phosphorus ratio
NIR	Near infrared
nm	Nanometer
nM	Nanomolar
NMR	Nuclear magnetic resonance
PA	Peptide amphiphile
PAMAM	Polyamidoamine

PB	Poly(butadiene)
PBMA	Poly(butyl methacrylate)
PBS	Phosphate buffered saline
PDMA	Poly( <i>N,N</i> -dimethylacrylamide)
PDMAEMA	Poly[(2-dimethylamino)ethyl methacrylate]
PDMS	Poly(dimethylsiloxane)
pDNA	Plasmid DNA
PEG	Poly(ethylene glycol)
PEI	Polyethylenimine
pH	Potential hydrogen
pK <sub>a</sub>	Logarithmic acid dissociation constant
PLGA	Poly(lactic-co-glycolic acid)
PLL	Poly-L-lysine
P <sub>m</sub>	Mole fraction of water coordinated to metal center
PM-IRRAS	Polarization modulation infrared reflection absorption spectroscopy
PMCL	Poly( $\gamma$ -methyl- $\epsilon$ -caprolactone)
PMOXA	Poly(2-methyloxazoline)
PPAA	Poly(propylacrylic acid)
PPI	Poly(propylene imine)
PS	Polystyrene
PyBOP	Benzotriazol-1-yl-oxytripyrrolidino-phosphonium hexafluorophosphate
q	Number of bound solvent molecules
QCM	Quartz crystal microbalance
R	Radius
r.t.	Room temperature
r	Relaxivity
R <sub>1</sub>	Longitudinal relaxation rate
R <sub>2</sub>	Transverse relaxation rate
R <sub>g</sub>	Radius of gyration
R <sub>h</sub>	Radius of hydration
RP	Reversed phase
s	Second
SAM	Self-assembled monolayers
SEM	Scanning electron microscopy
shRNA	short hairpin RNA
siRNA	Small interfering RNA
SLS	Static light scattering
SPION	Superparamagnetic iron oxide nanoparticle
SPPS	Solid phase peptide synthesis
ssDNA	single stranded DNA
T	Temperature
T	Tesla
t	Time
T <sub>1</sub>	Longitudinal relaxation time
T <sub>2</sub>	Transverse relaxation time
T <sub>2e</sub>	Transverse electronic relaxation time
Tat	Transactivator of transcription
tBoc	Tert-butyloxycarbonyl
TEM	Transmission electron microscopy
TES	Triethylsilane
TFA	Trifluoroacetic acid
TSG	Template-stripped gold

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V	Volt
v	Volume
w	Weight
X	Acetylated lysine
ZFS	Zero-field splitting
$\gamma$	Nuclear gyromagnetic ratio
$\Delta H_{pp}$	Peak to peak line width
$\lambda$	Wavelength
$\mu_B$	Bohr magneton
$\mu L$	Microliter
$\mu m$	Micrometer
$\mu M$	Micromolar
$\mu s$	Microsecond
$\tau_{ci}$	Dipole-dipole relaxation correlation time
$\tau_D$	Diffusion time
$\tau_M$	Mean water residence time
$\tau_R$	Rotational correlation time
$\omega$	Beam waist radius
$\omega_I$	Nuclear precession frequency
$\omega_s$	Electron precession frequency

**Amino Acids**

A	Alanine
C	Cysteine
D	Aspartic Acid
E	Glutamic Acid
F	Phenylalanine
G	Glycine
H	Histidine
I	Isoleucine
K	Lysine
L	Leucine
M	Methionine
N	Asparagine
Q	Glutamine
R	Arginine
S	Serine
T	Threonine
V	Valine
W	Tryptophan
X	Acetylated lysine
Y	Tyrosine



# Chapter 1

## 1 Introduction

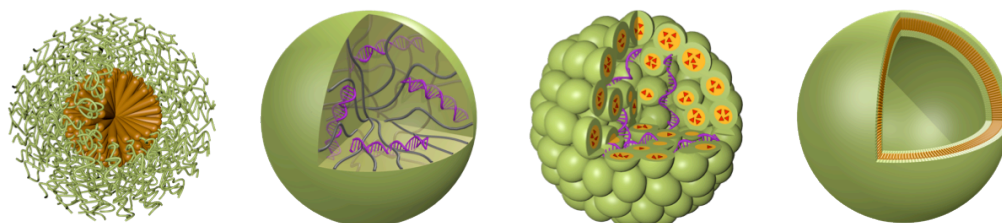
The first chapter provides a general introduction to the fields of self-assembly, molecular design, responsive nanomaterials, and their applications in biomedicine, such as for drug and/or gene delivery and as magnetic resonance imaging contrast agents. A special focus is laid on nanostructures built from pure peptides including their advantages compared to other materials. The chapter further encloses a brief introduction to solid phase synthesis as well as a subchapter comprising the scope of the present thesis.

Parts are adapted from Biomaterials Science:

Gunkel-Grabole, G.; Sigg, S.; Lomora, M.; Lörcher, S.; Palivan, C. G.; Meier, W. P. Polymeric 3D nano-architectures for transport and delivery of therapeutically relevant biomacromolecules. *Biomater. Sci.* **2015**, 3, (1), 25-40, with permission from the Royal Society of Chemistry.

Parts are adapted from Chimia:

Sigg, S. J.; Schuster, T. B.; Meier, W. P. Self-assembled Structures from Amphiphilic Peptides. *Chimia* **2013**, 67, (12), 881-884. © 2013, Swiss Chemical Society.



**Figure 1.** Various self-assembly architectures. Introduced and described in more detail in the following chapter.

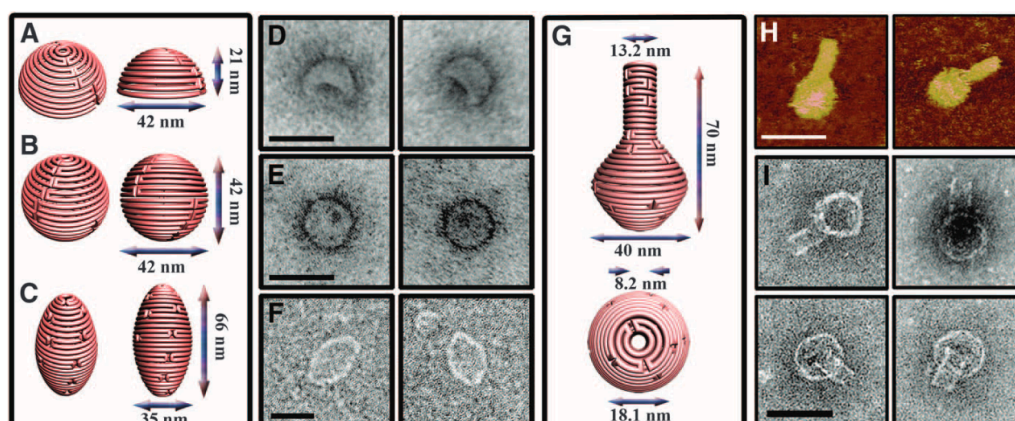
## 1.1 Self-Assembly – The Basis of Life

Why is it necessary to understand self-assembly to understand life? Autonomous organization of components to form structures without external intervention is known as self-assembly. Self-assembly encloses all length scales – from molecular dimensions to planetary systems, galaxies and beyond. It is expressed by the order of systems and is represented by numerous essential mechanisms in nature. Biologic processes are mainly based on highly organized structures. Of particular importance regarding life-essential self-assemblies is the double stranded DNA – the “construction plan“ of biological systems. Its nucleotide building blocks can bear four different nucleobases and are coupled in unique sequences encoding for a multitude of functional and regulatory biomolecules. Specific nucleic acids initiate the production of enzymes and proteins, which then form secondary, tertiary and quaternary structures defining their functionality in the living system. Moreover, self-assembly is the underlying physicochemical mechanism for the formation of phospholipid bilayers, essential for creation of confined space in living organisms, for instance in cell walls and compartmentalization inside cells.<sup>3</sup>

## 1.2 Synthetic Self-Assemblies

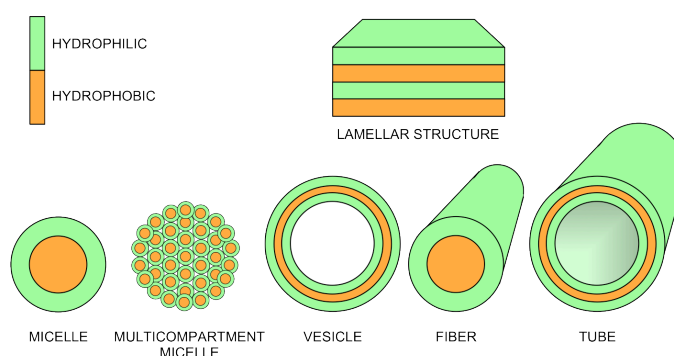
In the past decades, numerous material scientists transferred the evolutionary success of nature about self-organization towards the creation of hierarchical structures with tailored properties. Microstructures were initially built by reduction of size, so called “top-down” fabrication, usually generated by lithographic techniques. As top-down approaches reached their limits at about one micrometer, it became increasingly clear that fundamental understanding of self-assembly in biological structures is necessary to close the gap between the nanometer size molecules produced by chemical synthesis and nanoparticles formed by top-down fabrication. The “bottom-up” approach was developed. It deals with the design of molecular structures able to interact due to mutual recognition properties based on noncovalent bonding. Contributing molecular forces are mainly electrostatic and hydrophobic interactions as well as  $\pi$ - $\pi$ -stacking. Assembling instructions for larger structures are encoded within structural motifs and affinities of the molecular building blocks. DNA origami, for instance, nicely represents the bottom-up approach of self-assembling nanostructures to build various three-dimensional objects (Figure 2).





**Figure 2.** Engineering self-assembling three-dimensional nanoobjects from DNA using DNA origami technique. From Han et al., *Science* (2011).<sup>4</sup> Reprinted with permission from AAAS.

Appropriate molecular design can yield a variety of supramolecular assembly architectures such as micelles, fibers, tubes, multicompartment micelles, vesicles, planar membranes, and lamellar structures (Figure 3). Micelles are spherical objects formed by amphiphilic molecules in aqueous solution. This process is driven by an enhanced level of free energy due to the exposure of hydrophobic moieties to water. To overcome this, the molecules begin to orient themselves, hiding hydrophobic parts in a core surrounded by hydrophilic corona. In vesicles, nanocompartmentalization occurs by separation of the inner medium from its exterior by lipid (liposomes),<sup>5,6</sup> polymer (polymersomes),<sup>7-10</sup> or peptide membranes (peptosomes).<sup>11-13</sup> The cavity is appropriate for sheltering fragile biomolecules such as proteins and enzymes, or to lock up soluble toxic payloads.<sup>14</sup> Moreover, when permeabilizing the vesicle membranes they have been shown to function as nanoreactors.<sup>15-17</sup> Many of these approaches are nature inspired and adapted from lipid membranes. Lipid membranes are omnipresent in nature and serve as a role model for the design of synthetic analogues with improved stability and functionality.<sup>18</sup>

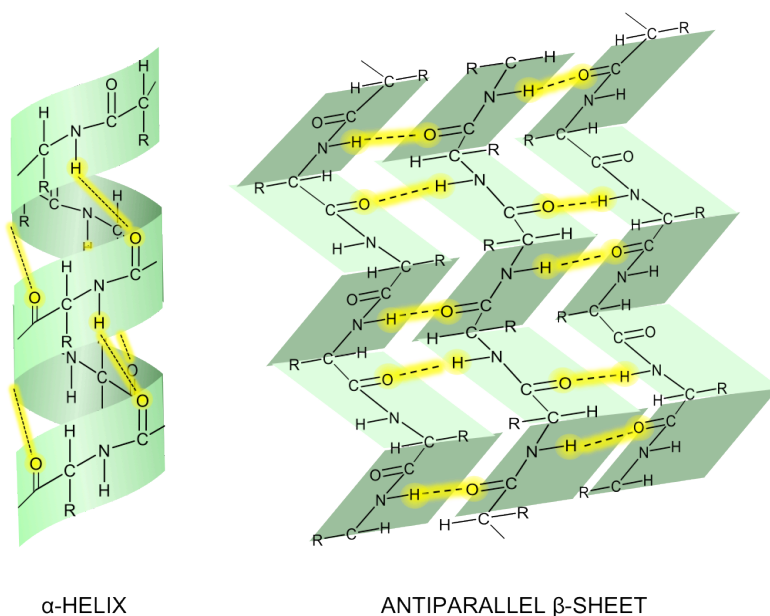


**Figure 3.** Common architectures of self-assembling amphiphiles. Hydrophilic-to-hydrophobic ratio, chemical and physical properties of the blocks, and assembly conditions among other parameter influence the self-assembly process.

### 1.2.1 Peptides

Peptides represent a special class of self-assembling molecules due to their ubiquitous appearance as proteins or enzymes, where they exhibit extraordinary folding skills leading to defined tertiary structures. In biomedical applications, such as drug delivery, artificially designed peptides are very promising candidates. This is due to their inherent biocompatibility and biodegradability but also because of the ease of synthesis, functionalization, and their defined molecular structure. The building units are amino acids. There are 20 canonical amino acids used in natural biological systems. With the exception of glycine, all are chiral and hence can have two configurations, although generally only the L-configuration is of biological importance. Depending on their sequence, peptides form ordered secondary structures such as  $\alpha$ -helices or  $\beta$ -sheets, stabilized by noncovalent interactions such as hydrogen-bonding,  $\pi$ - $\pi$ -stacking, and ionic and hydrophobic interactions (Figure 4). Due to the large variety of building units, a nearly endless number of unique peptides can be designed, each with its three-dimensional conformation and properties.

In past decades, many peptide-based materials have been investigated, the main groups being peptide amphiphiles (PAs)<sup>19,20</sup> and amphiphilic peptides (APs). The latter consist solely of amino acids, in contrast to peptide amphiphiles, which comprises other groups such as alkyl chains, phospholipids and polymers.<sup>21,22</sup> There are several recently published reviews covering the field of PAs.<sup>19,21</sup>



**Figure 4.** Common secondary structures of peptides stabilized by hydrogen bonding (marked in yellow). The  $\alpha$ -helix (left) is righthand-coiled and stabilized by hydrogen bonding from N-H to the C=O four residues earlier.  $\beta$ -sheets (right) are laterally connected by hydrogen bonds.

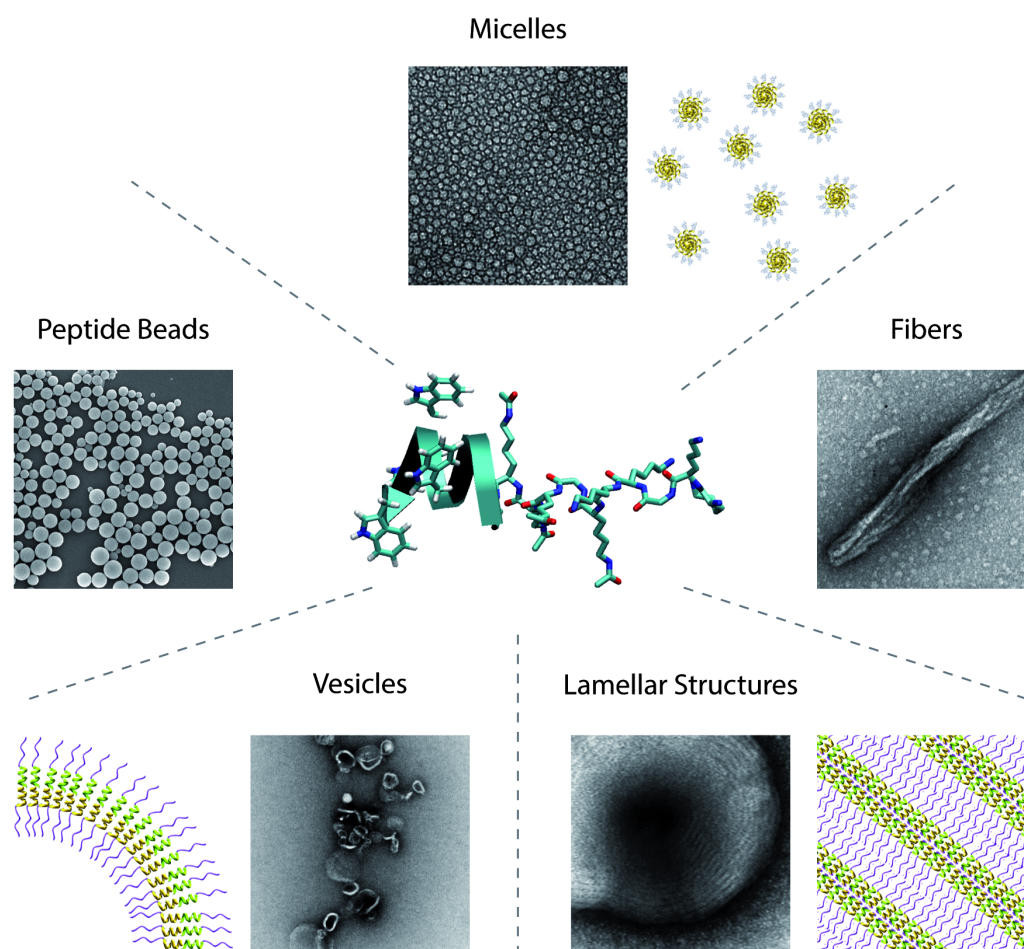
The sequence of amphiphilic peptides is organized into two regions: the hydrophobic and the hydrophilic. The latter is predominantly occupied by charged and polar amino acids; these are: arginine (R),<sup>23,24</sup> histidine (H),<sup>24,25</sup> lysine (K),<sup>26-32</sup> aspartic acid (D),<sup>33,34</sup> glutamic acid (E),<sup>11,28</sup> serine (S), threonine (T),<sup>35</sup> asparagine (N), glutamine (Q),<sup>36</sup> and cysteine (C).<sup>30</sup> The design of the former region is based on amino acids with neutral and nonpolar side-chains such as glycine (G),<sup>33</sup> alanine (A),<sup>32,37</sup> valine (V),<sup>34,38</sup> leucine (L),<sup>26,34</sup> isoleucine (I),<sup>39</sup> methionine (M), phenylalanine (F),<sup>40,41</sup> tyrosine (Y), and tryptophan (W).<sup>24,27-31,41</sup> Depending on the hydrophobic to hydrophilic ratio and the sequence, various self-assembled structures can be constructed – as indicated in the associated references for the above amino acids – although the hydrophobicity is moderated by the polar character of the peptide backbone.

Nanomaterials created from those amphiphiles allow additional tuning towards the required functions and properties by design and functionalization of sidechains and endgroups. Every amino acid has its benefits; cysteine, for instance, can be used as a connection point for labeling or to covalently attach gold. Mastrobattista's group presented studies of conical shaped amphiphilic peptides self-assembling into vesicles with a hydrodynamic radius of about 60 nm.<sup>11</sup> Their sequences consist of A, L, V, and W for the hydrophobic moiety, and various lengths of glutamic acid as the hydrophilic region. Gazit et al. reported short aromatic Fmoc-peptides that form spheres, tubes, and fibrils.<sup>42</sup> Zhang's group published work about surfactant-like peptides, which can self-assemble into vesicles and fibers.<sup>33</sup>

In our group, various different *de novo* designed peptides have been created and investigated (Figure 5). All peptides were designed based on a hydrophobic sequence derived from gramicidin A, an antibiotic that inserts into lipid membranes. The sequence and secondary structure of gramicidin was investigated by Sarges et al.<sup>43</sup> Hydrophobicity is generated by its helical secondary structure, hiding the peptide's backbone from its surrounding milieu. This knowledge can be adapted to a variety of amphiphilic peptides. Based on the native sequence, two hydrophobic sequences were developed, namely gA (-V-G-A-DL-A-DV-V-DV-[W-DL]<sub>3</sub>-W-NH<sub>2</sub>) and a truncated version gT, comprising only the L-tryptophan-D-leucine repeating unit (-[W-DL]<sub>3</sub>-W-NH<sub>2</sub>). Both, the gA and gT hydrophobic segments have a C-terminal amide group. Circular dichroism and infrared spectroscopic investigations revealed a secondary structure that included a  $\beta$ -turn motif and hydrogen bonds for the gT hydrophobic sequence.<sup>31,44</sup> The crucial influence of secondary structure on their self-assemblies was shown by replacing D-leucines with L-leucines, whereby the gT hydrophobic sequence changed its secondary structure such that amphiphilic nature was no longer present, leading to amorphous assemblies.<sup>31</sup> Charged or polar amino acids such as lysine, acetylated lysine (X), and/or glutamic acid served as the hydrophilic sequences.

Oligopeptides comprising trilycine hydrophilic regions, form micelles with hydrodynamic radii of about 10 nm. They similarly exhibit a surfactant-like behavior, e.g. the critical micelle concentration (CMC) is 0.23 mmol L<sup>-1</sup>.<sup>29</sup> Decreasing the number of charges by acetylating

the lysines in the hydrophobic sequence lowers the overall hydrophilicity owing to the formation of spherical objects in the sub-micrometer range. The formation process proceeds over micelles, which then aggregate with decreasing ethanol content to form peptide nanoparticles.



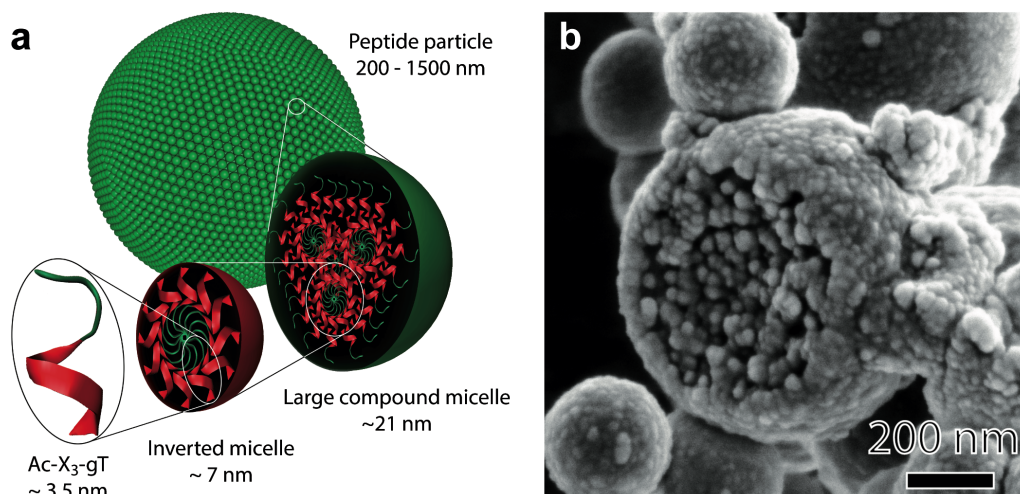
**Figure 5.** Overview of self-assembled structures using amphiphilic peptides ranging from micelles, fibers, vesicles and lamellar structures to spherical nanoparticles. Reproduced from Sigg et al.<sup>45</sup>

To understand the impact of changes in the primary sequence on self-assembly a library of peptides were produced systematically changing properties. Beginning with K8gA, the lysines were successively acetylated to AcX8gA, comprising no charges and therefore no electrostatic repulsion. Interestingly, between K2X6gA and K3X5gA the secondary structure of the hydrophilic region changed dramatically from  $\beta$ -sheets to  $\alpha$ -helices, accompanied by different properties. K2X6gA was self-assembling into fibers with a length ranging from 30 to 800 nm while K3X5gA formed micelles and worm-like micelles.<sup>27</sup> These results concur with recently published studies by Lee and coworkers.<sup>46</sup> According to those studies, peptides with  $\beta$ -sheet secondary structure preferentially form fibers, due to the stacking of the radially

ordered unimers. The micellar core also provides space for hydrophobic drug encapsulation and can thus be used as drug delivery system.<sup>47-49</sup>

To create polymersomes or polymeric membranes block-copolymers are regularly used, including poly(2-methyloxazoline)-*b*-poly(dimethylsiloxane)-*b*-poly(2-methyloxazoline) (PMOXA-*b*-PDMS-*b*-PMOXA),<sup>17</sup> poly(ethylene glycol)-*b*-poly( $\gamma$ -methyl- $\epsilon$ -caprolactone) (PEG-*b*-PMCL),<sup>50</sup> poly(ethylene glycol)-*b*-poly( $\gamma$ -methyl- $\epsilon$ -caprolactone)-*b*-poly[(2-dimethylamino)ethyl methacrylate] (PEG-*b*-PMCL-*b*-PDMAEMA),<sup>51</sup> and poly(butadiene)-*b*-poly(ethylene glycol) (PB-*b*-PEG).<sup>52</sup> Similarly, peptidic analogues can be constructed. For tuning amphiphilic peptides based on gA or gT hydrophobic sequences to form peptosomes, hydrophobic interactions and geometrical parameters have to be adjusted and optimized. Masking the C-terminal amide of fully acetylated AcX8gA by esterification (AcX8gA-OEt) led to the formation of vesicles. Improving perpendicular interaction with respect to a membrane facilitated membrane formation. Additionally, an increase of lateral interactions similarly promoted the formation of membranes. Replacing the hydrophilic sequence with hexaglutamic acid allowed intermolecular interaction of the carboxylic group, which stabilized the formation of micelles and vesicles.<sup>53,54</sup> From a conceptual point of view, peptide membranes are fascinating as analogues to lipid and polymer membranes. However, the low number of publication may illustrate the challenges associated, in particular when using short, amphiphilic oligopeptides. Nevertheless, encapsulation properties of such amino acid based materials may allow their use as a drug and gene delivery vehicles.<sup>55</sup> In this respect, proven polymersomes concepts, such as targeting, may also lead to a fast development of advanced peptosomes.<sup>56,57</sup> The variety within the amino acid alphabet opens a vast playground for controlling self-assembly. By introducing desired interactions such as hydrogen bonds and charge compensation, highly ordered organizations can be created.<sup>58,59</sup>

Shorter variants of the acetylated peptides (AcX3gT) yielded spherical nanoparticles.<sup>30,31</sup> Characterization of the nanoparticles exhibited a particle scattering factor and a  $\rho$ -parameter ( $R_g/R_h$ ) that confirm the beads to be solid spheres.<sup>29,30</sup> Their density was determined to be about  $1.4 \text{ g cm}^{-3}$ .<sup>30,31</sup> Their size was dependent on the initial peptide concentration, ranging from a diameter of 260 to 800 nm.<sup>30</sup> Underlying self-assembly process and inner structure of the peptide nanoparticles are based on micelles, which then aggregate in a controlled manner to form highly spherical nanoparticles (Figure 6).



**Figure 6.** Hierarchical self-assembly of AcX3gT into multicompartiment micelles (a). SEM micrograph of an AcX3gTC peptide nanoparticle, revealing insight into the inner structure (b). Reproduced from Sigg et al.<sup>45</sup>

Based on the available data they have been hypothesized to be multicompartiment micelles (MCM).<sup>30</sup> Multicompartiment micelles exhibit outstanding properties and are therefore attractive for a broad variety of applications in nanotechnology.<sup>60-62</sup> Similarly, peptidic analogues provide new opportunities concerning drug delivery applications and functional materials.

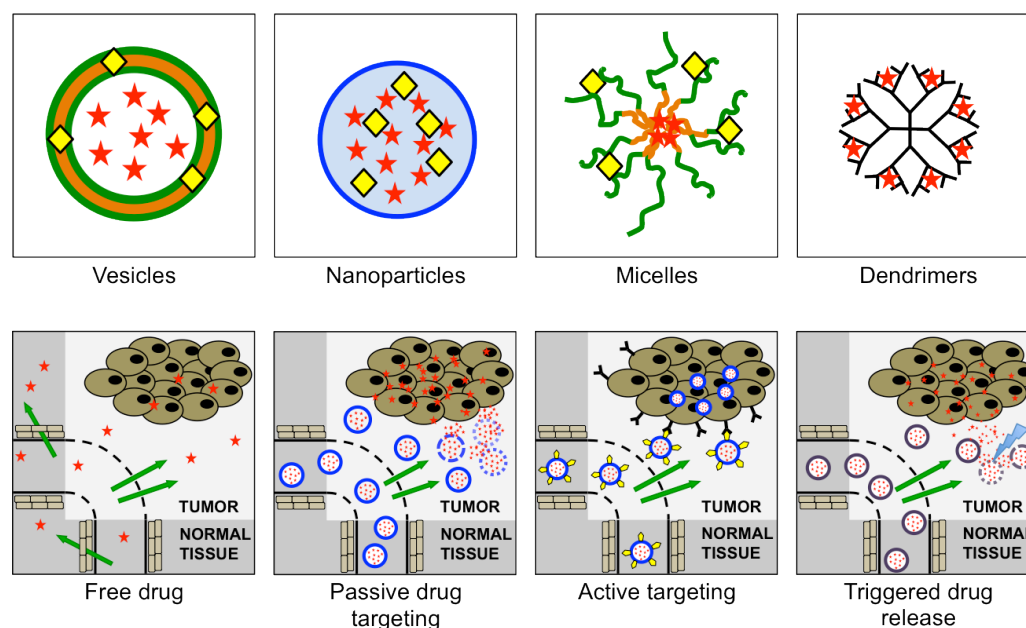
### 1.3 Drug/Gene Delivery

Nanotechnology provides a vast array of opportunities and tremendous promise for the rational design of multifunctional drug delivery systems. Nanocarriers are designed for delivery of therapeutics: protecting them from being metabolized,<sup>63,64</sup> enhancing bioavailability,<sup>65,66</sup> lowering off-target effects, and decreasing the necessary drug dose by increasing accumulation at the diseased site. Ideally, drug delivery systems have sizes of 100 to 200 nm<sup>67,68</sup> to avoid excessive clearance by phagocytic cells in liver and spleen,<sup>69,70</sup> and renal filtration.<sup>71</sup> Further improvement of efficacy can be achieved by utilizing physiological microenvironments at pathological sites such as pH,<sup>72-75</sup> temperature,<sup>76</sup> and redox potential<sup>77,78</sup> as release triggers.

### 1.3.1 Nanocarrier Architecture

To develop nanocarriers capable of delivering drugs and/or genes with high efficiency the carrier architecture is a crucial factor. Although there is no gold standard nanocarrier design, numerous publications in the field allow drawing trends and conclusions. Importantly, the chemical structure, size and properties of the desired payload, as well as the target location in the body play an important role in choosing the right nanocarrier design. They can be divided into four main groups independently of their chemical nature: dendrimers, micelles, vesicles, and nanoparticles (Figure 7). Each design bears advantageous individual features matching the needs of specific applications. Building blocks can be made of diverse chemical compositions comprising lipids, polymers, peptides, and inorganic materials. Important properties arising from the underlying molecular design are size, functional groups, nature of compartmentalization, surface properties, stability, compatibility, and degradability among others.

Dendrimers are normally synthesized to 4<sup>th</sup> or 5<sup>th</sup> generation for biomedical applications. The comparably small constructs are monodisperse, therefore well defined single molecules, which exhibit high stability and the ability to be chemically modified with payload binding or recognition moieties. On the other hand, based on the small sizes, *in vivo* application usually lacks efficiency due to rapid clearance via renal pathways. Furthermore, dendrimers developed for delivering nucleic acids revealed high cytotoxicity because of the high charge density disrupting cell membranes.<sup>79,80</sup> Similarly, micelles exhibit rather small sizes for *in vivo* applications dependent on the length of the single molecules. However, the assembly architecture offers a hydrophobic environment in the core, allowing entrapment of hydrophobic payload.<sup>47,48,81</sup> In contrast, vesicular constructs bear a hydrophilic inner cage with larger spatial dimensions compared to micelles. The larger volume of the inner cavity enables the delivery of higher doses; furthermore, renal clearance is avoided. However, reaching diameters above 200 nm considerably large amounts of the applied constructs are being removed from the blood stream by phagocytosis. For drug delivery purposes the stability of vesicles is a major issue. Originally built from lipids inspired by nature, vesicles were increasingly designed from polymers and peptides revealing higher stabilities.<sup>10,82</sup> Spherical nanoparticles enclose all remaining nanoscale assembly architectures, which are not specifically defined. The assembled nanostructures are usually described via size, shape and abilities to entrap and release drugs and/or genes, rather than via specific bottom up molecular self-assembly.<sup>83-87</sup>



**Figure 7.** Different architectures of drug delivery devices (top row). Strategies to deliver drugs compared to the application of free drugs (bottom row).

### 1.3.2 Stimuli-Responsiveness

The efficiency of drug delivery systems is often limited by the control of the release of the payload. Nonspecific release follows the Fickian diffusion and is not sufficient for many applications. Furthermore, systemic biodistribution of the nanocarriers alters efficacy of the delivered drugs by nonspecific release. More efficient strategies include on-demand processes, which enable control over the drug release profile. On-demand drug delivery can be achieved by endogenous or extracorporeal stimuli. Former targets distinct physiologic microenvironments at pathological sites such as pH, redox potential, temperature, or concentration of certain enzymes, and reacts by releasing the payload. Latter involves extracorporeal physical stimuli including light, temperature, and ultrasound.<sup>88</sup>

pH-responsive systems are designed to react to elevated proton concentrations. The pH of extracellular environments of solid tumors (6.5–7.2) is slightly lower compared to healthy tissue (~7.4).<sup>88</sup> In order to obtain an efficient release of payload, the nanocarrier must be designed to give a sharp response to this small change in pH. For example, PEG-poly(amino ester) micelles were reported to release camptothecin upon a pH change to 6.4.<sup>89</sup> Other acidic compartments develop during the endocytotic cell uptake pathway. The pH drops gradually from early endosomes (6.5) to late endosomes (~6.0) to lysosomes (4.5–5.0).<sup>90</sup> Complexes of styrene-maleimic acid copolymer and the anticancer drug cisplatin revealed much faster *in vitro* release at pH 5.5 compared to physiological pH (7.4).<sup>91</sup> pH-responsive



release of small molecule drugs at acidic conditions was also reported for poly( $\beta$ -amino ester)-capped mesoporous silica nanoparticles<sup>92</sup> and core cross-linked polyphosphoester micelles.<sup>93</sup> Another study describes hollow chitosan-silica nanospheres that reveal faster release profiles of bovine serum albumin, as a model enzyme, at pH 4.0 compared to physiological conditions.<sup>94</sup>

Inflamed areas and tumors are often hyperthermic,<sup>76</sup> thus differing in temperature compared to healthy regions in the body. In order to develop effective nanocarriers exploiting this small temperature differences a sharp change in properties with temperature is required. Nanocarrier designs involving poly(*N*-isopropyl acrylamide) demonstrated improved drug release at hyperthermic regions due to a lower critical solution temperature close to body temperature.<sup>95-100</sup> Other architectures include thermo-responsive poly(amino acid)-based micelles,<sup>101</sup> block copolymer coated magnetic iron oxide nanoparticles,<sup>102</sup> and various liposome designs.<sup>103</sup>

Redox sensitive drug delivery systems react to intracellular glutathione (GSH) concentrations that are three orders of magnitude higher (2–10 mM) compared to extracellular levels (2–10  $\mu$ M). Reduction-triggered release is also promoted by higher reduction potential in tumor tissue compared to healthy tissue. The development of reduction sensitive drug delivery systems is focused, but not limited to disulfide linkages cleavable by GSH. Recent studies report disulfide cross-linked polymeric micelles designed to deliver the anticancer drugs doxorubicin,<sup>104</sup> paclitaxel,<sup>105</sup> methotrexate,<sup>106</sup> and vincristine,<sup>107</sup> as well as DNA<sup>108</sup> with high efficiencies. Other examples include bioreducible systems based on heparin nanogels that release doxorubicin after addition of GSH<sup>109</sup> and peptide amphiphile-capped mesoporous silica nanoparticles that release doxorubicin after addition of physiological concentrations (10 mM) of dithiothreitol (DTT).<sup>110</sup>

Light-triggered drug delivery systems are responsive to illumination with light in the ultra violet (UV), visible, or near infrared (NIR) region.<sup>111</sup> UV- and visible-light responsive drug delivery systems utilize *cis-trans* isomerization of azobenzene derivatives,<sup>112-114</sup> spiropyran-merocyanine isomerization,<sup>115</sup> and photodimerization-cleavage cycles of thymine,<sup>116</sup> among others. However, UV and visible light induced drug release is limited by the low penetration depth due to strong scattering inside soft tissues, thus only applicable to eyes and skin. Drug delivery systems triggered by light in the NIR-region has the advantages of deeper tissue penetration and minimal harm to tissue. The thermoplasmonic properties of gold nanoparticles provide a promising platform for NIR-induced drug release. Examples include NIR-triggered release of a model drug<sup>117,118</sup> or doxorubicin<sup>117</sup> from mesoporous silica-coated gold nanorods, release of single stranded DNA (ssDNA) from gold-coated silica nanoparticles via dehybridization,<sup>119</sup> and controlled release from polyelectrolyte coated gold nanorods.<sup>120</sup>

### 1.3.3 Nucleic Acid Delivery

Besides small molecule drugs, nucleic acids, such as plasmid DNA (pDNA), short interfering RNA (siRNA), and therapeutic antisense oligonucleotides (AON) demand for multifunctional delivery systems. For delivery, nucleic acids are condensed to smaller sizes using polycations such as polyethylenimine (PEI), poly-L-lysine (PLL), spermidine, histones, and other cationic lipids, peptides or polymers. Enhancement of cell uptake can be achieved by recognition sequences or specific moieties interacting with cell membranes. These can be directly included in the sequence of peptides used for nanoparticle formation while for polymeric systems they need to be coupled post-synthesis. Naturally occurring cell-penetrating peptides (CPPs) like RGD, polyarginine, MPG, MAP, KALA, pVEC, and Tat are often used in this respect (Table 1). Successful DNA delivery has been reported with modified pVEC,<sup>121</sup> and KALA peptides modified with an additional RGD cell adhesion motif.<sup>122</sup> Efficient transfection was obtained using peptide amphiphiles bearing both an RGD sequence and an octaarginine (R8) cell penetrating peptide.<sup>123</sup> To improve the localization of nanocarriers, specific targeting to LHRH-receptors (usually overexpressed in breast cancer cells)<sup>124</sup> was achieved with lysine- and histidine-rich peptides.<sup>25</sup> pH-triggered release of DNA was facilitated by using nanoparticles of carboxymethyl poly-L-histidine (CM-PLH) and poly- $\beta$ -amino ester. The CM-PLH coating significantly decreased the cytotoxicity and at the same time improved the specific localization at tumor sites due to the enhanced permeability and retention effect (EPR effect).<sup>125</sup> Dendronized polypeptides, containing histidine, phenylalanine, and a backbone bearing disulfide bonds were able to release siRNA upon reduction.<sup>126</sup> Moreover, KALA peptides decorated with RGD-moieties were used to condense DNA. These peptides were oligomerized to obtain di-, tri-, and tetramers via a disulfide linker during the formation process, which subsequently acted as reduction sensitive part of the nanoparticles.

**Table 1. Names and Sequences of Cell-Penetrating Peptides. Sequences are Noted According to the Mentioned References. Length of Sequences may Differ From Other Literature.**

code/name	sequence	reference
RGD	RGD	123
MPG	GALFLGFLGAAGSTMGAWSQPKKKRKV	127
MAP	KLALKLALKALKALKLA	127
KALA	WEAKLAKALAKALAKHLAKALAKALKACEA	127
pVEC	LLIILRRRIRKQAHASK	121
R8	RRRRRRRR	123
R9	RRRRRRRRR	128
Tat	GRKKRRQRRRPPQ	127
PTD4	YARAAARQARA	128
Transportan	GWTLNSAGYLLGKINLKALAALAKKIL	128

Besides, nucleic acid cargo can also be delivered and released from polymeric nanoparticles. Linear cationic click polymers containing disulfide bonds, secondary amine groups, and amide–triazole moieties were reported to deliver and release pDNA in a reductive environment, if the DNA had been condensed with PEI first.<sup>129</sup> Moreover, efficient delivery of a nucleic acid payload to mesenchymal stem cells, which is of high interest in regenerative medicine, was recently reported.<sup>128,130</sup> In this study, a pH-responsive diblock copolymer composed of PDMAEMA, poly(butyl methacrylate) (PBMA) and poly(propylacrylic acid) (PPAA) was used to form nanoparticles of siRNA and the copolymer. In addition, successful dual gene knockdown in ovarian tumors *in vivo* is described for short hairpin RNA (shRNA) condensed with PLL/PLGA nanoparticles.<sup>131</sup> In addition to purely peptidic and purely polymeric systems, polymer-protein conjugates can also form nanoparticles and deliver pDNA, as shown for example using BSA-poly(dimethylamino) ethyl methacrylate (PDMA) based nanoparticles.<sup>132</sup>

To date, a variety of nanoparticles have been developed and proved their functionality *in vitro*. However, only a few of them also showed applicability *in vivo*.<sup>124,125,129,131,133,134</sup> Despite favorable effects on internalization, positively charged nanoparticles tend to agglomerate upon contact with serum proteins, leading to accumulation in thin capillaries and ultimately cause blockage of the blood stream. Further, a balance has to be kept between the several desirable requirements for drug delivery systems and the need to reduce the complexity of assembled nanoparticles. This is of particularly importance to avoid possible sources of error since the preparation process is statistical.

Antisense oligonucleotides represent a special form of therapeutic nucleic acids. AON are typically short single-stranded oligonucleotides with about 20 bases and backbones that are usually chemical modified phosphothioate linkages between the nucleosides to obtain better stability.<sup>135</sup> They inhibit target mRNA by Watson-Crick base pairing leading to down-regulation of protein production. For the delivery of AON, two main strategies are followed: either synthetically conjugated to the carrier or noncovalently condensed.<sup>63</sup> Covalent strategies were recently reviewed and describe the linkage of lipids, peptides, carbohydrates and small molecule moieties to the 5' or 3' positions of the AON.<sup>136</sup> The bound moieties should not interfere with the binding to target RNA to obtain efficacious delivery systems. Noncovalent condensation is achieved via electrostatic interaction with the negatively charged backbone of the AON to positively charged carrier molecules. Noncovalent nanocarriers for AON delivery are usually better able to cross cell membranes and deliver the cargo than conjugated ones.<sup>137</sup> Mipomersen is the first FDA-approved AON drug targeting the mRNA encoding for a protein involved in the production of the low-density lipoprotein cholesterol (LDL-C), also called bad cholesterol. Clinical studies showed 25% lower LDL-C levels in patients with homozygous familial hypercholesterolaemia.<sup>135</sup> Further AON drugs are curstirsen, which targets an upregulated protein in prostate cancer, and fomivirsen, for the treatment of cytomegalovirus-induced retinitis for patients with AIDS.<sup>135</sup>

### 1.3.4 Combined Treatments

Many studies about combined treatment with different therapeutics (drug–drug, drug–nucleic acids) showed very promising synergistic effects. To exploit the full potential of combined treatments, multifunctional delivery systems must be capable of delivering various kinds of payloads simultaneously to the desired place. This can be a combination of small molecule drugs, which exhibit a synergistic characteristic when applied in combination. For instance, combined treatment with the anticancer drugs dihydroartemisinin and doxorubicin, revealed synergistically increased inhibition of cell proliferation.<sup>138</sup> Synergistic effects were also observed for the treatment of prostate cancer with a combination of the flavonoid vicenin-2 and docetaxel.<sup>139</sup> A further example is the use of small doses of curcumin and paclitaxel, which showed synergistic effects in the treatment of the highly chemo-resistant human brain tumor stem cells.<sup>140</sup> Synergistic characteristics were also shown for combinations of micro RNA (miRNA) with small molecule anticancer drugs such as gemcitabine, doxorubicin, doxetaxel, epirubicin, and adriamycin<sup>141</sup> as well as for oligonucleotides combined with anticancer drugs 5-fluorouracil, gemcitabine, paclitaxel, vinorelbine ditartrate, or irinotecan.<sup>142</sup> A recent report describes tenfold increased doxorubicin efficiency when codelivered in liposomes with siRNAs targeting antiapoptotic cellular defense and multidrug-resistance, compared to free and liposomal doxorubicin.<sup>143</sup> However, the major obstacles constructing nanocarriers for drug delivery applications are a lack of biocompatibility and biodegradability as well as the stimuli-responsive release triggered by physiological microenvironment at the site of disease.

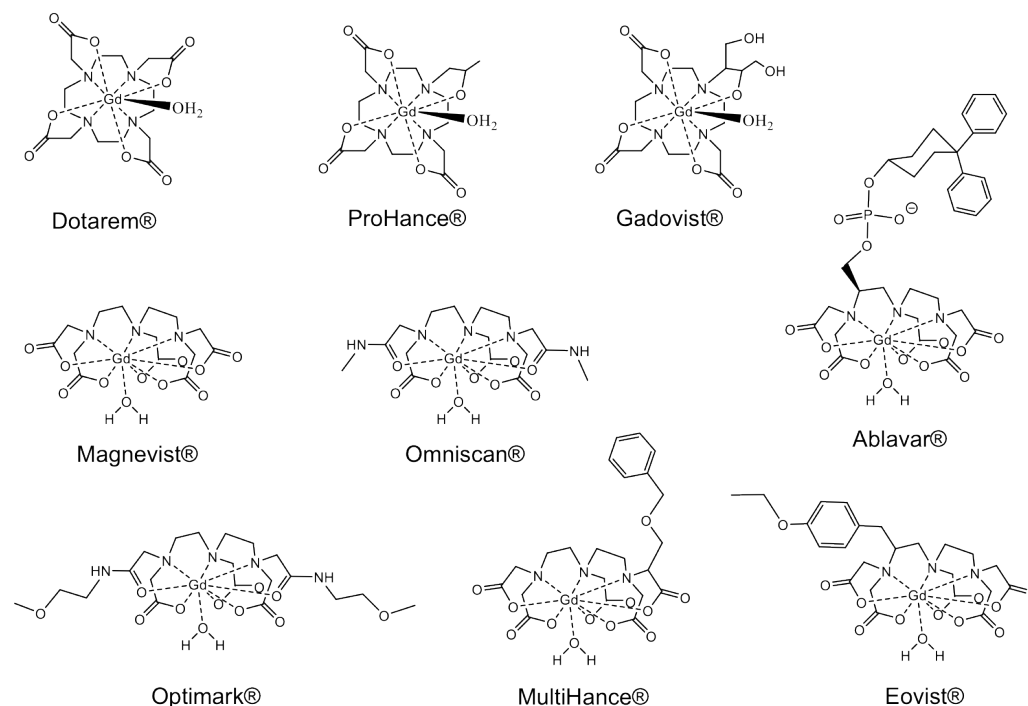
### 1.3.5 Self-Assembling Peptides – Promising Drug Carriers

Peptides are very promising candidates to be used for self-assembling nanostructures for biomedical applications. Increasing understanding of protein folding mechanisms facilitates rational design of peptide sequences to self-assemble into predefined structures. The assembly process is driven by inter- and intramolecular interactions such as electrostatic and hydrophobic interactions, hydrogen bonds,  $\pi$ – $\pi$  stacking, and van der Waals forces. Peptides were created to self-assemble into micelles,<sup>144,145</sup> vesicles,<sup>11,146,147</sup> fibers,<sup>148,149</sup> and spheres.<sup>2,31</sup> The relatively low synthesis effort and the extraordinary versatility of designs, based on amino acid sequences are just two among other advantages over other materials. Furthermore, naturally occurring peptide sequences with defined secondary structures, such as  $\beta$ -sheet and  $\alpha$ -helices, can be adapted for creating *de novo* peptides. Being considered as inherently biocompatible and biodegradable, they are predestinated for biomedical use.<sup>19,146</sup> For instance, drug delivery carriers are usually complex systems requiring diverse functionalities to achieve high efficacy. Their formation often involves complicated procedures with multiple components and post-assembly modifications. Using the outstanding properties of designable peptide sequences it is possible to unify all desired

functions within one multifunctional peptide sequence, thereby obviating complex formulation work. In addition, the self-assembly process become very defined by using only one type of amphiphile enabling production of uniform constructs necessary to provide distinct properties and/or effects.

## 1.4 MRI Contrast Agents

Magnetic resonance imaging (MRI) is a widely used diagnostic tool in modern medicine to visualize structures of the body. MRI is a noninvasive method with no radiation harm, in contrast to computer tomography (CT), providing excellent spatial resolution in a sub-millimeter range. It is based on the nuclear magnetic resonance (NMR) of water protons in different body environments. To increase the contrast chemical contrast agents (CAs) are extensively used in clinical imaging. Most common CAs are based on paramagnetic transition metals, predominantly gadolinium (Gd), and superparamagnetic iron oxide nanoparticles (SPIONs). Using paramagnetic transition metal-based CAs the MRI signal intensity is increased by decreasing the longitudinal relaxation time ( $T_1$ ) of water protons in close proximity to the CA. Gadolinium is a trivalent lanthanide and reveals high complexing abilities to biomolecules in the body, which results in high toxicity of aqueous gadolinium. To avoid toxic effects, gadolinium is sequestered by acyclic and macrocyclic polyaminocarboxylic acids, such as diethylenetriaminepentaacetic acid (DTPA) and 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetic acid (DOTA).<sup>150</sup> To date, eleven MRI CAs have been approved by the FDA, typically having  $r_1$  relaxivities of around 4–5  $\text{mM}^{-1}\text{s}^{-1}$  at 1.5 T.<sup>151</sup> Nine are gadolinium-based (Figure 8), only two were built from other metals; one from iron nanoparticles, one from manganese complexes. However, neither of these nongadolinium contrast agents are commercially available anymore.<sup>152</sup> Typically administered doses for standard clinical applications are 0.1–0.3  $\text{mmol kg}^{-1}$ , requiring injection of several grams of CA.<sup>152</sup> To lower the necessary dose and monitor physiologic conditions at target pathological sites in the body, functional high-relaxivity CAs are essential. To increase the relaxivity of contrast agents, numerous parameters and influence factors have to be considered, effectively described by the Solomon-Bloembergen-Morgan theory.<sup>153-157</sup>



**Figure 8.** FDA-approved commercial MR contrast agents based on macrocyclic and linear polyaminocarboxylate-gadolinium complexes.<sup>150</sup>

### 1.4.1 Solomon-Bloembergen-Morgan Theory

The quality of a contrast agent is determined by its relaxivity. It describes the ability to increase relaxation rates of water at given concentrations of paramagnetic metal ions, mostly Gd. The contributions of diamagnetic and paramagnetic relaxation rates to the observed relaxation of water protons are additive and given by Equation 1.<sup>158</sup>

$$\left(\frac{1}{T_i}\right)_{obs} = \left(\frac{1}{T_i}\right)_d + \left(\frac{1}{T_i}\right)_p \quad (1)$$

$(1/T_i)_{obs}$  is the observed water relaxation rate; subscript  $d$  stands for diamagnetic and subscript  $p$  stands for paramagnetic. The paramagnetic contribution to the relaxation rate is linearly dependent on the concentration of the paramagnetic species. The relaxivity ( $r_i$ ,  $i=1,2$ ) is defined as the slope of  $(1/T_i)$  versus Gd-concentration (Equation 2).<sup>158</sup>

$$\left(\frac{1}{T_i}\right)_{obs} = \left(\frac{1}{T_i}\right)_d + r_i[Gd] \quad (2)$$

Two components contribute to the paramagnetic relaxation enhancement: the inner-sphere relaxation of the water directly coordinated to Gd(III) and the outer-sphere water in the second coordination sphere including the bulk water. If the water exchange rate at the metal

center is fast, or the mean residence time ( $\tau_M$ ) is low ( $\tau_M \ll T_{1m}$ ), the contrast enhancement comes from the increase of the relaxation rate ( $1/T_{1m}$ ) of the coordinated water molecules.<sup>158</sup>

$$\left(\frac{1}{T_1}\right) = qP_m \frac{1}{T_{1m} + \tau_M} \quad (3)$$

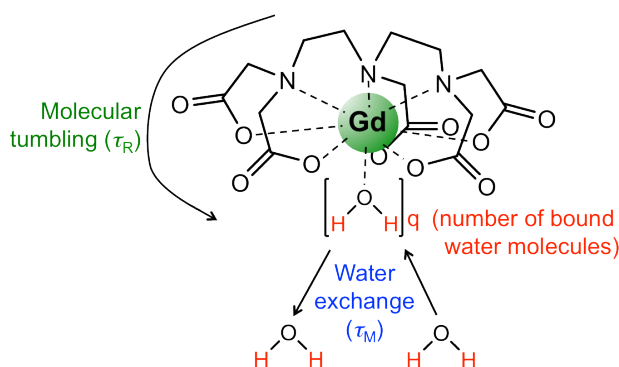
$P_m$  is the water bound to the metal center (mole fraction),  $q$  is the number of bound water molecules per metal ion and  $\tau_M$  is the mean water residence time at the inner-coordination sphere ( $\tau_M$  is the reciprocal of the water exchange rate,  $k_{ex}$ ). The relaxation rate is therefore directly related to the number of bound water molecules.  $T_1$  for the dipol-dipol (DD) relaxation mechanism is described by the paramagnetic relaxation theory by Solomon-Bloembergen-Morgan (Equation 4).<sup>151</sup>

$$\frac{1}{T_1^{DD}} = \frac{2}{15} \frac{\gamma^2 g^2 S(S+1) \mu_B^2}{r_{Gd-H}^6} \left[ \frac{3\tau_{c1}}{1 + \omega_I^2 \tau_{c1}^2} + \frac{7\tau_{c2}}{1 + \omega_S^2 \tau_{c2}^2} \right] \quad (4)$$

$\gamma$  is the nuclear gyromagnetic ratio,  $g$  stands for the electronic g-factor,  $\mu_B$  is the Bohr magneton,  $r_{Gd-H}$  is the electron spin water nuclear spin distance,  $\omega_I$  is the nuclear precession frequency,  $\omega_S$  is the electron precession frequency and  $\tau_{ci}$  are dipole-dipole relaxation correlation times. For optimizing relaxivities of CAs  $\tau_{ci}$  become important. It can be influenced by modulating the rotational correlation time ( $\tau_R$ ) and  $\tau_M$ .<sup>158</sup>

$$\frac{1}{\tau_{ci}} = \frac{1}{\tau_R} + \frac{1}{T_{ie}} + \frac{1}{\tau_M} \quad (5)$$

The theory demonstrates the interplay of numerous of factors to be considered when designing new or optimizing current contrast agents. Extracting the most influencing parameter, which can be optimized for engineering high relaxivity CAs, we obtain three factors: the molecular tumbling ( $\tau_R$ ), the hydration number ( $q$ ) of the metal ion, and the solvent exchange rate ( $\tau_M$ ). Figure 9 shows a schematic view of the parameter in the case of Magnevist.



**Figure 9.** Key factors that influence the relaxivity of a contrast agent. To obtain a higher relaxivity the water exchange rates have to be increased and the molecular tumbling decreased compared to commercial contrast agents.<sup>151</sup>

Molecular tumbling, which is in the picosecond range for commercial CAs,<sup>151</sup> is decreased by increased molecular weights of the complexes. Therefore, retarding the rotational motion of complexes increases  $\tau_c$ . This can be achieved by coupling complexes to macromolecules such as polymers or proteins. Lauffer et al. pioneered this approach by conjugating DTPA-Gd and ethylenediaminetetraacetic acid-Gd (EDTA-Gd) complexes to bovine serum albumin (BSA) and bovine immunoglobulin G (IgG) yielding a significant higher relaxivity.<sup>159,160</sup> Coupling Gd-complexes to linear or dendritic polymers revealed the same tendencies as found for protein conjugates.<sup>161-163</sup> Interestingly, the rigidity and nature of polymers had a significant effect on  $r_1$ . Linking complexes to more rigid polymers resulted in substantially higher contrast enhancement compared to more flexible constructs of the same molecular weight. DTPA-Gd, for instance, conjugated to poly(propylene imine) (PPI) dendrimers was found to reveal increasing relaxivities with increasing generations of the dendrimer due to growing rigidity and reached an  $r_1$  of 19.7 mM<sup>-1</sup>s<sup>-1</sup> in the fifth generation, compared to 4.7 mM<sup>-1</sup>s<sup>-1</sup> for DTPA-Gd.<sup>164</sup> In contrast, flexible polyethylene glycol (PEG) had almost no retardation effect on the rotational motion, thereby  $r_1$ . On the other hand, conjugation to macromolecules may interfere with the water exchange at the metal ion and thus, lead to lower relaxivity. Studies have shown that introducing PEG to a Gd-chelates with a hydration number of two ( $q = 2$ ) led to a decrease of  $q$  to one compensating the decreased tumbling yielding  $r_1$ -values comparable to the nonconjugated analog.<sup>165</sup> Throughout the years of extensive research in this field a large variety of Gd-chelates evolved ranging from linear and cyclic polyaminocarboxyl derivatives to bifunctional chelates bearing functional groups such as anhydride, isobutyl chloroformate, isothiocyanate, or amine.<sup>166</sup>

## 1.4.2 Responsive Contrast Agents

The main influence factors, which are tuned and optimized to increase contrast can be exploited to develop functional CAs responsive to abnormal conditions in the body such as; metals, pH, redox state, temperature, light, or enzyme activity. The signal enhancement of responsive contrast agents (sometimes also called “smart” or “activatable” contrast agents) depends not only on the relaxivity but also on the concentration, which allows for two approaches: targeting the region of interest and responsive relaxation enhancement at conditions of the region of interest. Reduction-responsive contrast agents were constructed based on different oxidation states of a free radical or metal ion of the CA. Paramagnetic nitroxide radicals were shown to lose their relaxation properties when reduced to the hydroxylamine analog.<sup>167</sup> Another example comprises manganese (Mn) chelates, which revealed increased relaxivity in their reduced state (Mn(II)) compared to the oxidized chelates (Mn(III)).<sup>168</sup> Redox states can also lead to changes in water coordination and accessibility of the metal center. For instance, a hypoxia-sensitive CA was developed bearing nitrobenzene, reducible to an aminobenzene, which leads to protonation of a gadolinium-coordinating secondary amine in the chelate. Thus, the amine is no longer coordinated to the



metal center, which increased the hydration number, thereby  $r_1$ .<sup>169</sup> A further example describes the change in rotational motion upon oxidation demonstrated for thiol-containing Gd-chelates forming disulfide coupling with cysteines of albumin.<sup>170</sup> For the detection of acidic compartments, in order to recognize cancer or inflammations, or to visualize drug delivery, pH-sensitive CAs are of high importance. A convenient way to develop pH-responsive contrast agents is the dissolution or degradation of assembled materials when acidified. For instance, pH-sensitive liposomes loaded with Gd-chelates released its payload when acidified, decreasing the relaxation time ( $T_1$ ), thus increasing  $r_1$ .<sup>171</sup> *In vivo* diagnosis of acidic tumors were performed using imidazole-containing micelles with incorporated Gd-chelates, which disassemble and increase  $r_1$  upon acidification.<sup>172</sup> Although, many responsive CA systems have been developed to date most of them do not show high relaxivity ( $>30 \text{ mM}^{-1}\text{s}^{-1}$ ) thus lack properties to significantly increase contrast and decrease limit of detection for diagnostic purposes.

## 1.5 Peptide Synthesis

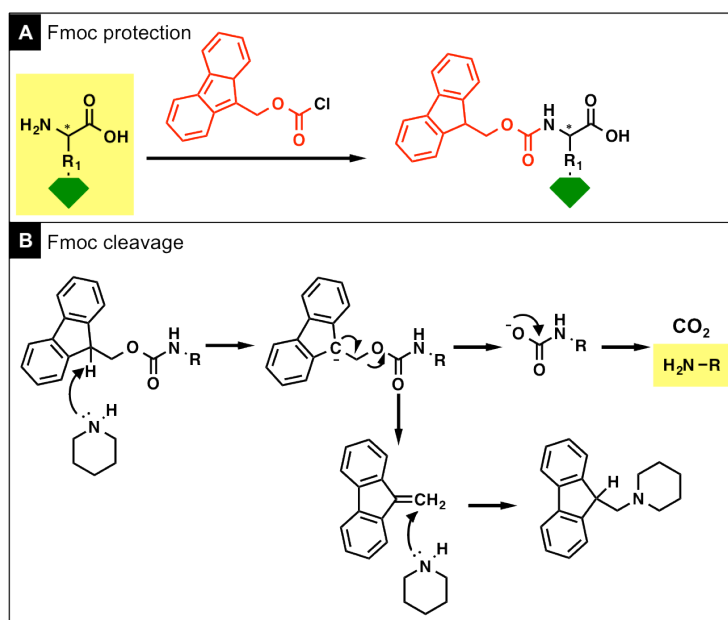
Peptide synthesis describes the chemical synthesis of peptides by serially coupling desired amino acids to obtain a defined peptide sequence. For research and development purposes the synthesis is in almost all cases performed on solid state. Only when synthesizing on large-scale liquid phase synthesis is used.

### 1.5.1 Solid Phase Peptide Synthesis

Solid phase peptide synthesis (SPPS) allows the construction of defined peptide sequences by successive coupling of amino acids to a peptide chain covalently attached to insoluble resin beads. The method was first introduced by Merrifield in 1963, using crosslinked polystyrene as the insoluble carrier and a *t*-butoxy-carbonyl/benzyl (tBoc/Bzl)-strategy.<sup>173</sup> The first amino acid was attached to the resin by an acid-labile linker having the  $\alpha$ -amino position ( $\text{N}\alpha$ ) protected by tBoc and the side chains protected by a more acid stable Bzl protecting group. To couple further amino acids the N-terminal amine was deprotected using trifluoroacetic acid (TFA). After several neutralization and washing steps, the second amino acid was coupled by the formation of an amide bond in the presence of an activator. Repetition of this procedure (deprotection and coupling) led to the growth of the desired peptide on the resin. After coupling the last amino acid the final peptide was obtained by simultaneous deprotection of the side chains and cleavage from the resin by treatment with hydrogen fluoride (HF), which is highly toxic, thus needs special equipment and handling.

In 1970, Carpino and Han introduced 9-fluorenylmethoxycarbonyl (Fmoc) as a base labile  $N\alpha$ -protecting group (Scheme 1). Eight years later the Fmoc/tBu strategy was proposed by Meienhofer, using acid labile tButyl or tBoc for the protection of amino acid side chains and Fmoc to protect the  $N\alpha$ -position.<sup>174</sup> This new strategy offered a mild alternative to the tBoc/Bzl-strategy by eliminating the need of HF for cleavage and evolved to the most used solid phase peptide synthesis strategy over the years. Before presenting solid supports, linkers, and coupling reagents (activators), the general process of solid phase peptide synthesis is briefly described:

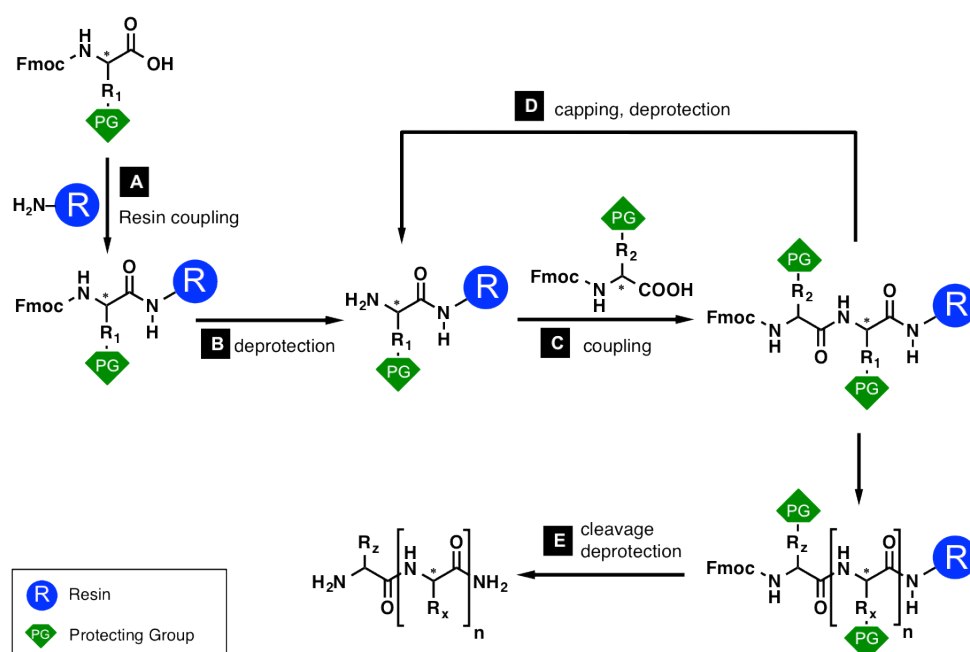
The first step is the swelling of the linker-functionalized solid support in an appropriate solvent to offer the best possible accessibility of the functional groups to the first reagent. Then, the first amino acid is coupled to the linker in the presence of an activator followed by several washing and filtration steps to remove all non-reacted amino acids from solution before further couplings (Scheme 2A). The remaining free amines on the resin are then reacted with acetic acid anhydride (capping) to avoid reaction with any further amino acids in the following steps. The Fmoc in  $N\alpha$ -position is deprotected by addition of piperidine, followed by washing and filtration steps as for the first coupling (Scheme 2B). The peptide is elongated repeating the described steps until the desired peptide sequence is obtained (Scheme 2C,D). For the cleavage and simultaneous deprotection of the side chains, a mixture of mainly TFA with water and scavengers ("cleavage-cocktail") is used (Scheme 2E). The final peptide is then separated from the resin by filtration and precipitated in diisopropyl ether.



**Scheme 1.** Fmoc protection (red) of an amino acid using fluorenylmethoxycarbonyl chloride (Fmoc-Cl) (A). Deprotection occurs via nucleophilic attack with piperidine to obtain the free amine of the amino acid (B).

### 1.5.1.1 Solid Supports and Linkers (Fmoc Strategy)

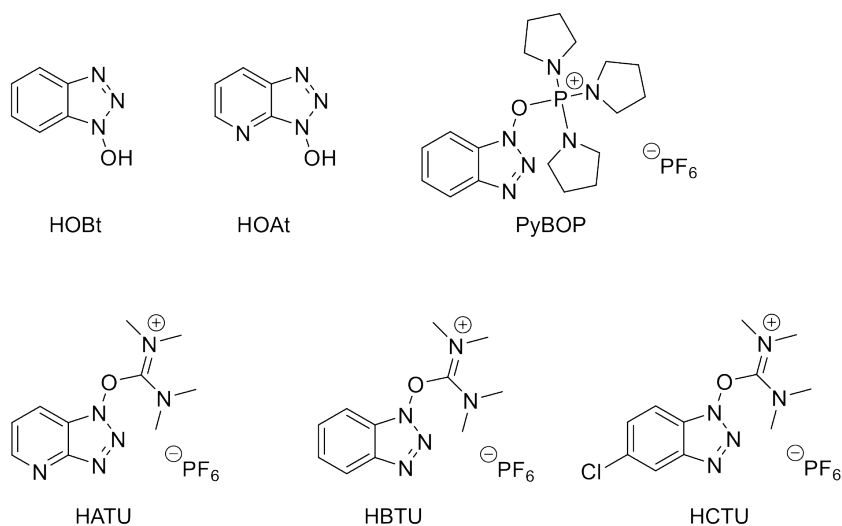
The requirements for the solid support (resin) are: stability to all solvents used during the synthesis, deprotection, and cleavage; mechanical stability towards the filtration steps; low crosslinking to allow good accessibility; and good swelling properties. Furthermore, the resin should be equipped with functional groups enabling chemical coupling to linkers. To date, three types of resins are mainly used being polystyrene (PS), polyethylene glycol (PEG) functionalized PS, and PEG-based resins. Swelling and loading performances of commonly used resins are summarized in a recent publication of Sheldon et al.<sup>175</sup> The linker provides reversible binding sites for coupling of the first amino acid to the solid support. Linkers are designed to be resistant to the coupling and deprotection of amino acids during synthesis but cleavable under well-defined conditions. Moreover, depending on the chemical structure and the cleavage mechanism of the linker peptides can be obtained with a variety of C-terminal functionalities. Most common C-termini are amides and acids, as these are natural peptide end groups. But also, aldehydes, alcohols, hydrazides, thioesters and other functionalities are accessible through different linker designs. For Fmoc-SPPS, 4-alkoxybenzyl alcohol-type linker (Wang-linker) and chlorotriyl chloride linker (Barlos-linker/resin) are frequently used for synthesizing peptide acids. To obtain peptide amides, the benzhydryl-type linker (Rink amide linker) is predominantly used.<sup>175</sup>



**Scheme 2.** General procedure for solid phase peptide synthesis using the Fmoc-strategy. First amino acid is coupled to the resin via an acid cleavable linker (A), Fmoc deprotection by piperidine (B), amino acid coupling supported by activators (C), capping of non-reacted amines by acetic acid anhydride (Ac<sub>2</sub>O) and deprotection of Nα by piperidine (D), and cleavage and deprotection with a TFA-based cleavage cocktail containing scavengers (E) (the composition is dependent on amino acids present in the particular sequence).

### 1.5.1.2 Coupling Reagents (Activators)

Activation of the C-terminal acid is required to form peptide bonds between individual amino acids. This was originally achieved by using *N,N'*-dicyclohexylcarbodiimide (DCC) or *N,N'*-diisopropylcarbodiimide (DIC). Due to the tendency of these activators to racemize the amino acids new, racemization suppressant activators were developed such as 1-hydroxybenzotriazole (HOBt), 1-hydroxy-7-azabenzotriazole (HOAt), 2-(1H-benzotriazol-1-yl)-1,1,3,3-tetramethyluronium hexafluorophosphate (HBTU), *O*-(7-azabenzotriazol-1-yl)-*N,N,N',N'*-tetramethyluronium hexafluorophosphate (HATU), benzotriazol-1-yl-oxyltripyrrolidino-phosphonium hexafluorophosphate (PyBOP), and 2-(6-chloro-1H-benzotriazol-1-yl)-1,1,3,3-tetramethylaminium hexafluorophosphate (HCTU) (Figure 10).<sup>176</sup>



**Figure 10.** Different activators used in SPPS to form peptide bonds suppressing racemization of amino acids as observed for initially used DCC and DIC.

## 1.6 Aim of the Thesis

The overarching goal of the present thesis is the *de novo* design and synthesis of responsive and functional amphiphilic peptides as molecular building blocks to self-assemble into smart nanoparticles for biomedical applications. These encompass two functional classes: diagnostic nanoparticles and therapeutic nanoparticles.

In the past decades numerous drug- and gene-delivery carriers have been developed to increase therapeutic efficacy, decrease drug doses, and minimize side effects. While drug delivery carriers for small molecule drugs became well established, noncytotoxic gene delivery remains a major challenge. Additionally, emerging beneficial synergistic effects, combining therapeutic drugs and/or genes created a tremendous demand for sophisticated and responsive codelivery systems. Similarly, current diagnostic nanoparticles still lack high sensitivity and specificity. There is, for instance, a great need for highly sensitive and responsive MRI contrast agents for early diagnosis of diseases.

For these reasons, the scope of this thesis addressed the elaboration of functional self-assembled peptide nanoparticles for diagnostic and therapeutic applications. A first strategy for the development of diagnostic tools encompassed the incorporation of gold nanoparticles within self-assembled peptide nanoparticles. These offer the additional feature of being responsive to external trigger due to their thermoplasmonic properties. A second strategy aimed for the development of highly active MRI contrast agents, built from novel gadolinium complexes, in conjunction with responsive peptides to provide targeted contrast enhancement in tumor tissue for early diagnosis of cancer. Another scope of the present dissertation was the creation of a purely peptidic, stimuli-responsive small molecule drug/antisense oligonucleotide codelivery system readily taken up by cells to achieve high therapeutic efficacy. A further goal comprised the construction of a peptidic gene transfection carrier for the delivery of plasmid DNA.

For tailoring amphiphilic peptides lysines, histidines, and cysteines are of particular interest due to their specific chemical and physicochemical properties. They enable distinct interactions not only to payloads but also to physiologically relevant environments. Accumulation of various individual characteristics into one single peptide sequence while minimizing complexity of the assembly process to achieve smart nanomaterials, which fulfill application-oriented requirements, is very desirable.

Physicochemical characterization and biologic evaluation of the created nanoparticles provided essential information about their applicability and compatibility as well as about their self-assembling behavior. This allowed for tuning the peptides to assemble into smart, responsive, biocompatible, and biodegradable nanomaterials suitable for these applications. Straightforward rational design incorporating specific function to the sequences by point mutations served as a promising strategy to achieve these goals.



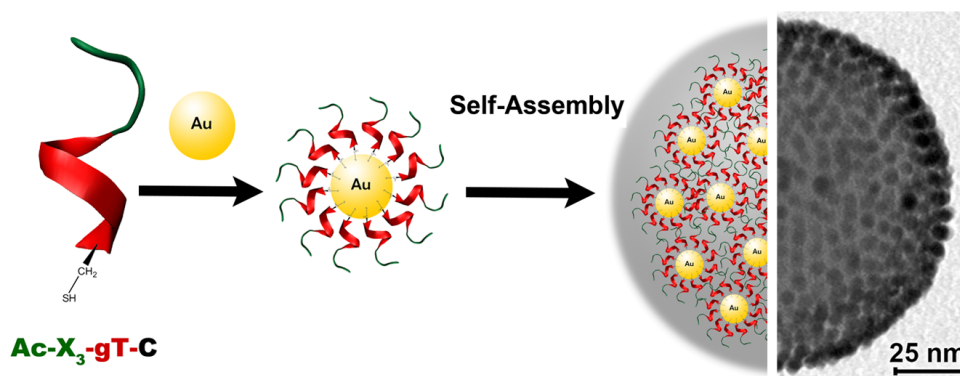
# Chapter 2

## 2 Self-Assembled Peptide Nanoparticles Used as a Template For Ordered Gold Nanoparticle Superstructures

In this chapter, the formation of ordered peptide–gold nanoparticle superstructures via a two-step procedure is described. The particles are thoroughly analyzed and the underlying structure is discussed based on studies on planar coatings. Moreover, the composite nanoparticles are tested on the effect of NIR-illumination.

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de Bruyn Ouboter, D.; Schuster, T. B.; Sigg, S. J.; Meier, W. P. Self-assembled peptide beads used as a template for ordered gold nanoparticle superstructures. *Colloids Surf, B* **2013**, 112, 542-547. © 2013, with permission from Elsevier.



**Scheme 3.** Self-assembled beads from the amphiphilic peptide AcX3gTC are able to embed gold nanoparticles within their structure and thus act as a 3D template.

## 2.1 Abstract

Using peptide-based materials to tailor self-assembled, nanoscaled hybrid materials with potentially high biocompatibility/biodegradability is gaining importance in developing a broad range of new applications, in areas such as diagnostics and medicine. Here, we investigated how the self-assembly capacity of self-assembling, purely peptidic amphiphiles can be used to create organized inorganic materials, i.e. gold nanoparticles. A nanoparticle-forming, amphiphilic peptide  $Ac-[K(Ac)]_3-[W-DL]_3-W-NH_2$ , containing acetylated (Ac) L-lysine (K), L-tryptophan (W), and D-leucine (DL), was C-terminally modified with a cysteine (C) and linked to gold nanoparticles. Subsequent peptide-driven self-assembly of the peptide-coated gold nanoparticles with increasing water content led to controlled aggregation of the gold-core micelles, forming composite peptide-gold superstructures. The individual gold nanoparticles did not agglomerate but were separated from each other by a peptide film within the composite material, as revealed by electron microscopy studies. Structural investigation on 2D template-stripped gold demonstrated the ability of the peptides to form self-assembled monolayers. Structural elements of  $\beta$ -turns and weak hydrogen bonding of the hydrophobic moiety of the peptide were evident, thereby suggesting that the secondary structure remains intact.

## 2.2 Introduction

Exploiting the beneficial properties of two distinct nanomaterials in one hybrid can lead to advanced functional materials, thereby opening the door to a broad range of new applications in diagnostics and medicine. Materials based on colloidal, inorganic nanoparticles that exhibit exceptional properties<sup>177,178</sup> have led to the development of magnetic nanoparticles,<sup>179</sup> biosensors,<sup>180</sup> tools for bioimaging,<sup>181,182</sup> and MRI contrast agents,<sup>183,184</sup> thereby improving the areas of medical imaging and diagnostics. The use of peptides to design tailor-made, tunable, responsive, and nanoscaled materials<sup>185</sup> has also become popular and is particularly advantageous in medical applications such as biodegradable implant interfaces,<sup>186</sup> scaffolds for regenerative tissue growth,<sup>187</sup> and nanosized drug delivery vehicles.<sup>188</sup> Great potential derives from the benefits that accompany peptide-based materials featuring a multitude of functionalities and unique secondary structures based on controllable primary sequences and environmental conditions. In self-assembled structures, peptides can act as specific ligands or targeting moieties. In addition, peptides and proteins are built up from a library of 20  $\alpha$ -amino acids (AAs), which are generally considered to be biocompatible and biodegradable, although some toxic AAs are known.<sup>189,190</sup> Therefore, it is not surprising that peptides have been used to form fascinating hierarchical inorganic nanomaterials. There are many examples of peptides, containing a thiol group to bind gold and exhibiting a distinct affinity, such as CALNN (referring to its AA sequence), which was reported to form self-assembled



monolayers (SAM) on gold nanoparticles (Au-NPs).<sup>191</sup> Aili et al. demonstrated a new route for nanofabrication by the association of functionalized Au-NPs via a polypeptide in a folding-dependent manner and well-defined interparticle spacing.<sup>192</sup> By using the peptide AG4 as a reducing agent to guide the nucleation and growth of the Au-NPs, self-assembled hybrid spheres were obtained. It was noted that, the primary sequence of the peptide, especially AA containing aromatic functional groups, altered the assembly.<sup>193</sup> This strong dependency on changes in the peptide conjugates towards the formation of spherical Au-NP superstructures was also observed by Song et al.<sup>194</sup>

Recently, it was shown that synthetic, short, purely peptidic amphiphiles can be used to produce a variety of self-assembled structures – such as micelles and fibers,<sup>148</sup> vesicles,<sup>28</sup> and peptide nanoparticles (multicompartment micelles)<sup>29,30</sup> – in a well-controlled manner. A truncated version of gramicidin A (gA) was used for the hydrophobic moiety of the amphiphiles (gT, Table 2). The  $\beta$ -helical structure of gA is unique and defines the hydrophobic character.<sup>195</sup>

**Table 2. Codes and Sequences of Amphiphilic Peptides Used to Study the Formation of Peptide–Gold Nanoparticles Superstructures.**

code	sequence
Gramicidin A	<i>HCO-V-G-A-DL-A-DV-V-DV-[W-DL]<sub>3</sub>-W-NHCH<sub>2</sub>CH<sub>2</sub>OH</i>
-gT	<i>-[W-DL]<sub>3</sub>-W-NH<sub>2</sub></i>
AcX3gT	<i>Ac[K(Ac)]<sub>3</sub>-[W-DL]<sub>3</sub>-W-NH<sub>2</sub></i>
AcCX3gT	<i>Ac-C-[K(Ac)]<sub>3</sub>-[W-DL]<sub>3</sub>-W-NH<sub>2</sub></i>
AcX3gTC	<i>Ac[K(Ac)]<sub>3</sub>-[W-DL]<sub>3</sub>-W-C-NH<sub>2</sub></i>

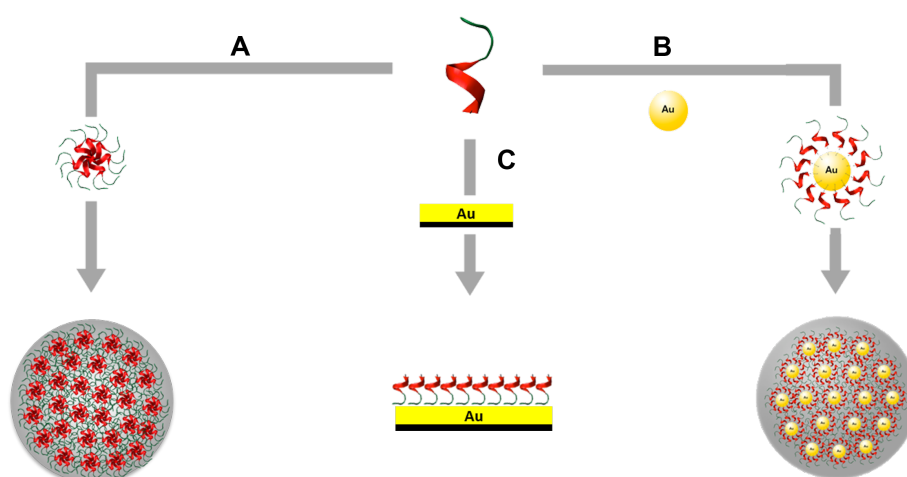
The hydrophilic, peptidic backbone is hidden within the helix, as the hydrophobic tryptophan (W) and leucine (DL) side chains shield it. Thus, this structure as a purely peptidic hydrophobic sequence allows the construction of an amphiphile. The hydrophilic sequence consists of oligolysine, either acetylated (X) or native (K). The uncharged peptides AcX3gT as well as AcX3gTC (with a C-terminal cysteine, Table 2) form spherical nanoparticles in aqueous solution. Their size can be controlled within a diameter range of 260–800 nm by means of the initial peptide concentrations prior to the self-assembly process.<sup>30</sup> Therefore, the secondary structure of the amphiphilic molecule is essential. It was shown that if the three D-leucines are replaced by L-leucines, peptide nanoparticles will not be formed.<sup>31</sup> A hierarchical organization of micelle-like structures within the peptide nanoparticles was found and the structures assigned to multicompartment micelles (MCM).<sup>30</sup>

In this study, we focused on structural elements; that is, how the self-assembly ability of short and purely peptidic amphiphiles can be used in interaction with gold nanoparticles (Au-NPs) to obtain hierarchically organized composite peptide–gold NPs, i.e. the peptide would act as a template for the ordered assembly of Au-NPs to create a new composite material.

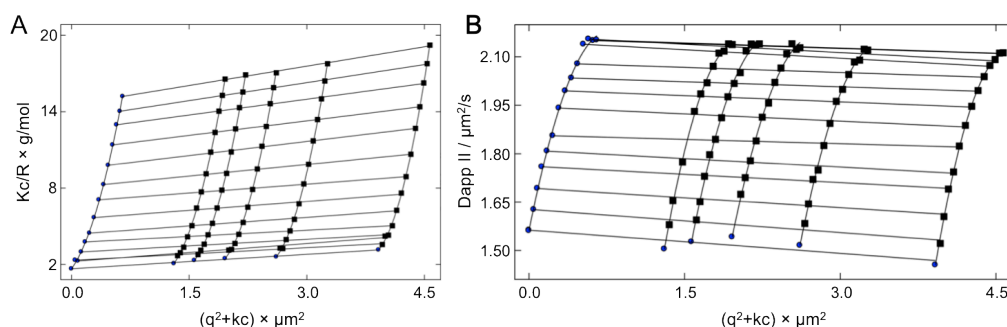
## 2.3 Results and Discussion

### 2.3.1 Peptide Nanoparticles – Templates for 3D Incorporation of Gold Nanoparticles (Au-NPs)

The objective was to use the peptide nanoparticles assembly as a template for the organization of Au-NPs therein. As illustrated in Scheme 4, AcX3gT self-assembles in peptide nanoparticles with a multicompartiment micelles (MCM) structure.<sup>29,31</sup> Therefore, we included a thiol functional group (cysteine) at the hydrophobic C-terminal end of the peptide for a possible connection of the peptide to the Au-NPs (AcX3gTC, Table 2). Ethanolic peptide solution was pretreated with DTT to avoid disulfide formation of the peptide before being mixed together with Au-NPs ( $8.1 \pm 1.0$  nm) for 6 h. Therefore, an excess of peptide ( $10^2\times$ ) was provided to enable a maximum coverage of Au-NPs. Afterwards the Au-NPs were separated from free, unbound peptide in the solution by dialysis in 50% ethanol (no self-assembly<sup>30</sup>) and subsequently dialyzed against water, which induced the self-assembly process revealing composite peptide–gold nanoparticles. The resulting solution was typically a turbid, reddish solution with observable sedimentation.

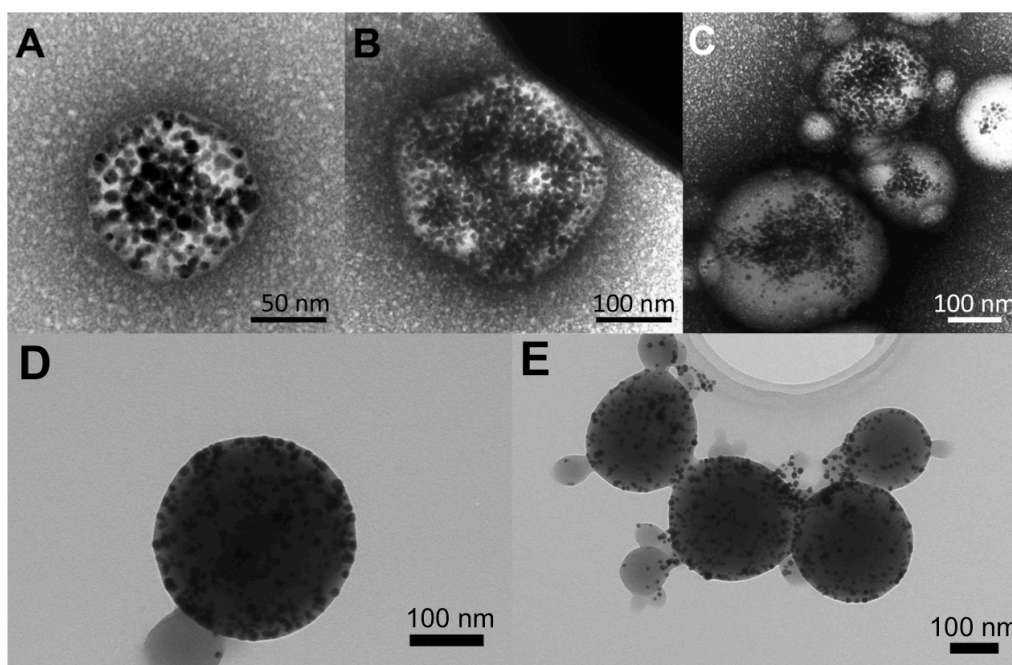


**Scheme 4.** Illustration of formation processes: micelle and peptide nanoparticle formation (A), coating of gold nanoparticles with the peptide AcX3gTC and subsequent formation of composite peptide–gold nanoparticles enabled by the self-assembly features of the peptide (B), and formation of a peptide SAM on template-stripped gold using AcCX3gT (C).



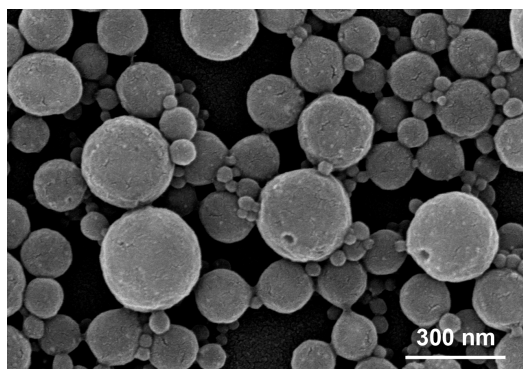
**Figure 11.** SLS analysis (Zimm plot) of CP-Au-NPs revealing an  $R_g$  of  $124 \pm 9$  nm (A). DLS analysis (D-II, cumulant fit) resulting in an  $R_h$  of  $154 \pm 16$  nm (B).

Analysis was performed by static and dynamic light scattering (SLS and DLS), transmission electron microscopy (TEM), and scanning electron microscopy (SEM). SLS provided a radius of gyration ( $R_g$ ) of  $124 \pm 9$  nm, while the hydrodynamic radius ( $R_h$ ) was calculated to  $154 \pm 16$  nm (Figure 11), thus resulting in a ratio  $R_g/R_h$  of 0.80 – close to the theoretical value of a solid sphere (0.775). The detected particles were thus far bigger than the 8.1 nm Au-NPs. As shown in Figure 12A, small particles showed homogeneously distributed Au-NPs in a dense arrangement within the peptide nanoparticles. However, the formed nanoparticles also exhibit a certain size distribution and variation in Au-NP density (Figure 12C), which may require isolation of a particular species depending on the application.



**Figure 12.** TEM micrographs of self-assembled CP-Au-NPs showing: dense packing of Au-NPs within particles (A, B, D) and an overview of size distribution and gold particle distribution (C, E).

It can be clearly seen that Au-NPs did not aggregate within the peptide nanoparticles but were separated by the peptide material. The thickness of the peptide layer around the Au-NPs, which was measured on its edge, was  $1.3 \pm 0.6$  nm. Considering the length of the peptides of around 1.6 nm, this indicates peptide monolayers around the Au-NPs, i.e. Au-NPs which are separated from each other by peptide double layers, though a partial overlap cannot be excluded.<sup>28</sup> These expected findings are consistent with the MCM structure of the peptide nanoparticles. SEM showed similar particle sizes compared to TEM micrographs (Figure 13). These findings allow the description of a possible formation process. Via the described two-step, one-pot protocol, first, Au-NPs were coated by AcX3gTC in ethanol solutions, which was followed by the self-assembly of the obtained gold-core micelles into composite peptide-gold nanoparticles (CP-Au-NPs) during dialysis against water (Scheme 4). The self-assembly capacity of the peptidic amphiphiles acted as a template for 3D organization of Au-NPs.

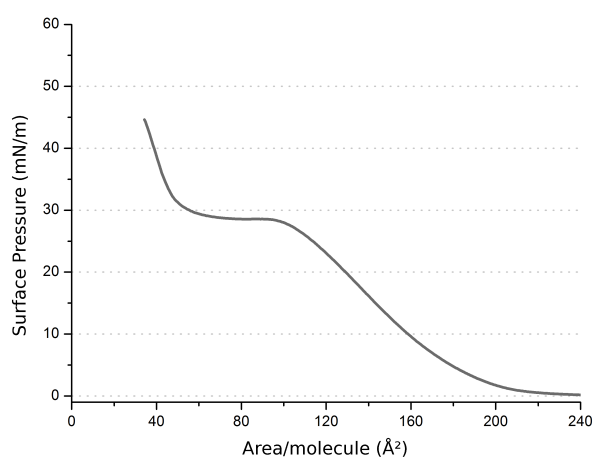


**Figure 13.** SEM micrograph of composite peptide gold nanoparticles revealing similar sizes and morphologies compared to TEM pictures.

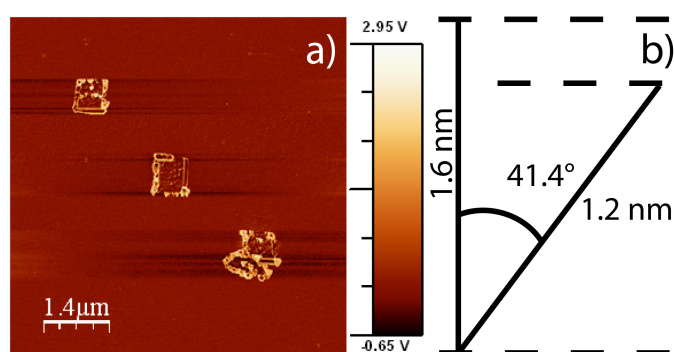
### 2.3.2 Model Studies – AcCX3gT Peptide Films on Planar Gold Surfaces

We investigated 2D peptide films on a planar gold surface to deduce more information about peptide gold interaction and the ability of the peptides to form monolayers. As a gold surface, template-stripped gold (TSG) was used, which is known to exhibit a very smooth surface.<sup>196</sup> To access defined peptide monolayers we used the Langmuir-Blodgett (LB) technique. It was therefore judged to be prudent to use AcCX3gT instead of AcX3gTC, to be able to transfer the LB film – in which amphiphilic peptides are orientated with the more hydrophilic sequence (AcCX3) towards the water and the hydrophobic sequence (gT) towards the air – covalently onto TSG. The possibility to substitute AcX3gTC by AcCX3gT was further supported by their similar self-assembly properties.<sup>29,31</sup> An isotherm of AcCX3gT is shown in Figure 14. Peptide films were produced by the LB technique, transferred onto freshly cleaved

TSG and subsequently analyzed by atomic force microscopy (AFM). Figure 15 presents an AFM image of a transferred AcCX3gT film. The films showed a very homogenous, featureless, and smooth surface. A slightly rougher surface compared to bare TSG indicated deposition but also illustrated the excellent quality of the peptide films. The partial removal of the peptide film upon scratching with the AFM tip and subsequent scanning further indicated the successful transfer of the LB film to the solid substrate and revealed a film thickness of about 1.2 nm. Considering the length of a molecule to be 1.6 nm, this value might arise from either low surface coverage (unlikely for LB transfer at high surface pressure) or a tilt angle of approximately  $40^\circ$  (Figure 15, wild-type gA at the air–water interface:  $30^\circ$ ).<sup>197</sup>



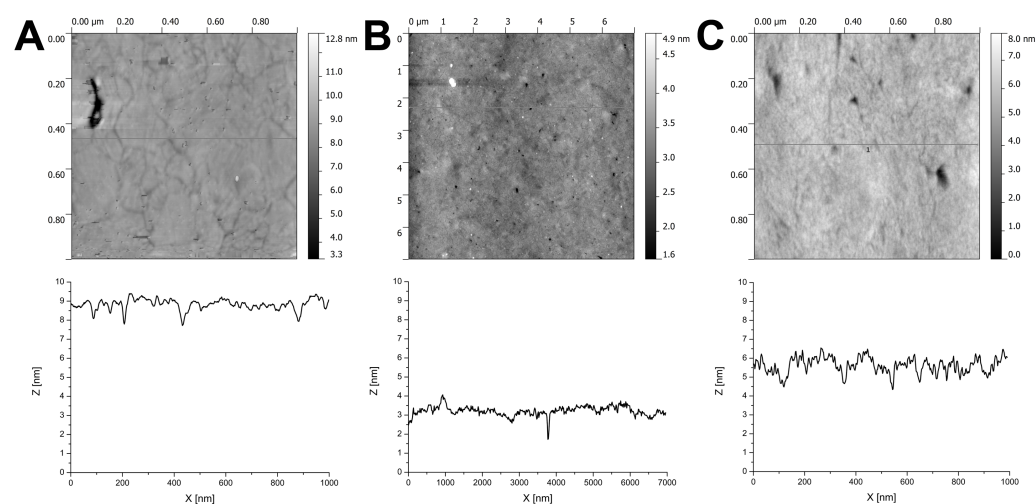
**Figure 14.** Isotherm of AcCX3gT peptide. The mean molecular area (MmA) of  $196 \pm 3 \text{ \AA}^2/\text{molecule}$  arises from extrapolation to zero surface pressure, which reflects a helix radius ( $r$ ) of  $7.9 \text{ \AA}$  and is consistent with literature values for the gA helices.<sup>195,197</sup>



**Figure 15.** AFM image of a partly removed AcCX3gT film on a Si-wafer via scratching shows a thickness of 1.2 nm (a). Tilt angle based on a peptide length of 1.6 nm (b).

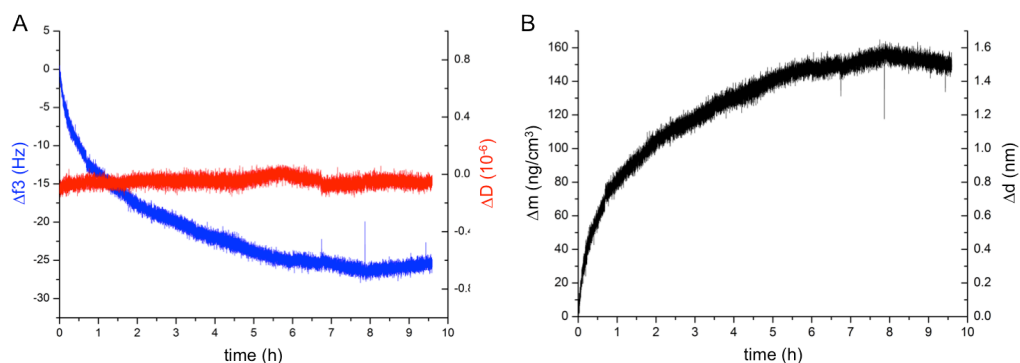
Additionally to LB transfer, we investigated the formation of peptidic self-assembled monolayers (SAM). In this technique, peptides are not compressed into a 2D arrangement as in the LB technique, but will have to arrange themselves onto the gold substrate without external pressure, which corresponds more to the processes of peptide adsorption onto Au-NPs from solution.

Using the thiol-functionality for the formation of a SAM is best known for alkyl chains, but also the rod-like structure of the hydrophobic gT-trunk is expected to form an ordered alignment.<sup>198</sup> The TSG samples were then immersed in an AcCX3gT ethanolic solution for 12 h and analyzed by AFM. The resulting thin films showed very smooth surfaces, similar to LB-films, as illustrated in the height profiles in Figure 16.



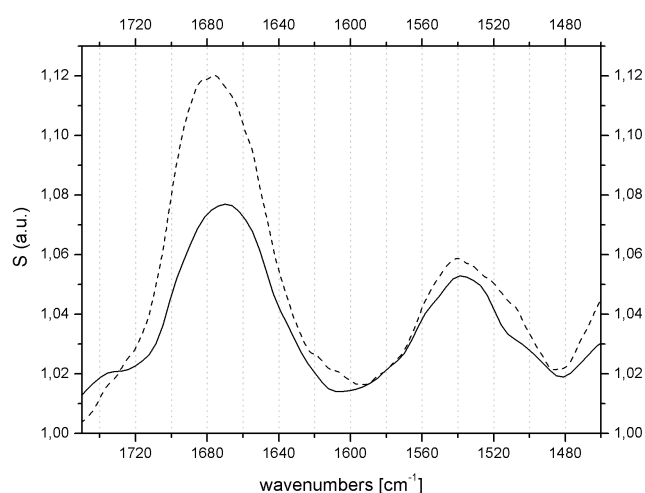
**Figure 16.** AFM images and corresponding height profiles of (A) template-stripped gold (TSG) (B) AcCX3gT monolayer on TSG via Langmuir-Blodgett transfer ( $\pi_{TR} = 25$  mN/m) and (C) AcCX3gT monolayer on TSG via immersion.

Adsorption of AcCX3gT on gold was monitored by a quartz crystal microbalance (QCM). The mass kept increasing up to  $150$  ng/cm<sup>2</sup> while dissipation stayed constant (Figure 17) indicating a surface adsorption of dissolved peptide molecules to form a rigid, thin film ( $\sim 1.5$  nm), not removable by washing. The binding of the N-terminally functionalized purely peptidic amphiphiles to gold demonstrates the capacity of the peptides to bind to gold as with the well-known thiol-gold bonds.<sup>199</sup>



**Figure 17.** QCM analysis of AcCX3gT. QCM frequency shift (blue) and dissipation (red) of an ethanolic peptide solution (A). Mass adsorption via Sauerbrey, which translate into a thickness, assuming a density of the peptide layer of  $1 \text{ g/cm}^3$  (B).

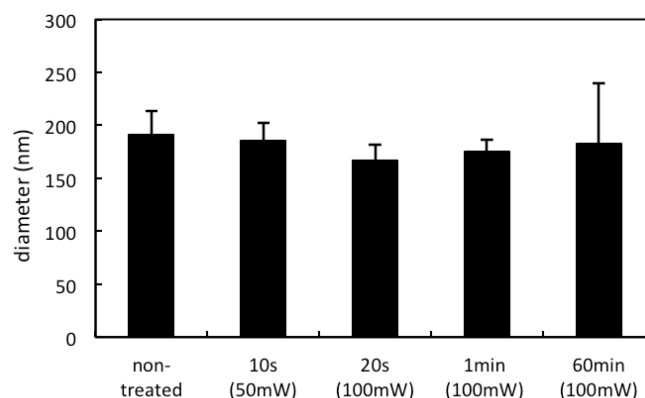
To gain further information on the obtained film, we performed IR, i.e. polarization modulation infrared reflection absorption spectroscopy (PM-IRRAS) measurements on two samples (from LB transfer and immersion techniques). First, the results prove the presence of a peptide film on the TSG (Figure 18). Second, the amide I adsorption of both samples at  $1662\text{--}1675 \text{ cm}^{-1}$  (weak signal at  $\sim 1612 \text{ cm}^{-1}$ ) differs significantly from the known spectra for  $\alpha$ A conformations, and also from the random coil spectra ( $\sim 1630\text{--}1640 \text{ cm}^{-1}$ ).<sup>200-202</sup> Nevertheless, the amide I adsorption was related to  $\beta$ -turns and weak hydrogen bonding.<sup>200</sup> In addition, the circular dichroism spectra, presented earlier,<sup>31</sup> support its helical configuration, with a maximum at  $223 \text{ nm}$ , related to the  $[\text{W-DL}]_3\text{-W}$  moiety, that was also found for L- and D-amino acids containing cyclic peptides.<sup>203</sup> Therefore, based on similarity with these peptides, we propose the secondary structure of gT to contain a  $\beta$ -turn stabilized by intramolecular hydrogen bonding.



**Figure 18.** PM-IRRAS: Immersion in ethanolic AcCX3gT peptide solution (solid) and AcCX3gT LB-film (dashed).

However, caution must be taken when transferring results from a planar surface to the Au-NPs and *vice versa* based on the differences in curvature. Nevertheless, because the results from IR measurements for transferred LB-films are comparable with the results for self-assembled monolayers, it indicates that covalent adsorption without the deformation of the peptide secondary structure is possible.

To assess the responsiveness of the incorporated gold nanoparticles to near infrared (NIR) irradiation composite peptide–gold nanoparticles were exposed to 805 nm laser light. The particles were monitored on their size distribution using DLS at 90°. However, irradiation with 100 mW 805 nm laser light for up to 1 h did not significantly affect the sizes of the particles, thus indicating no decomposition in the tested range (Figure 19). This can be attributed to the relatively low intensity and the wavelength, which is at the border of visible light to infrared, necessary to not cause harm to the skin and for a deeper penetration to soft tissue.



**Figure 19.** Hydrodynamic diameters of CP-Au-NPs irradiated with 805 nm laser light obtained from DLS measurements.

## 2.4 Conclusion

C- or N-terminal modification of the nanoparticle forming peptide AcX3gT with cysteine (AcX3gTC and AcCX3gT) led to similar self-assembly behavior and allowed the linkage of the peptide to gold. A homogenous, 2D peptide alignment was illustrated by transferred monolayers and, similarly, via immersion and the formation of peptide SAMs. For the secondary structure of the hydrophobic gT region, a  $\beta$ -turn and intramolecular hydrogen bonds were proposed, these being assigned for both films: the transferred LB and the SAM. The latter indicates the possibility that, also on the Au-NP, an intact configuration remains, which is also supported by the thickness of the peptide layer around the Au-NP within the nanoparticles.



An *in situ* reaction with Au-NPs allowed us to transfer the self-assembly properties of the peptide to new, composite material, which led to the aggregation of the gold-cored micelles forming particles of sizes similar to the original peptide nanoparticles without gold. We showed that the newly formed composite peptide–gold nanoparticles are densely packed, but the individual gold nanoparticles remain separated by a thin peptide bilayer. The newly formed CP-Au-NPs may find application as a drug delivery system using the intrinsic thermoplasmonic properties of the incorporated gold nanoparticles to trigger release of payload. Furthermore, the created CP-Au-NPs lay the basis for the development of theragnostic agents exploiting the intermicellar space to incorporate payloads while the attenuation of X-rays by the gold nanoparticles enables high contrast in computer tomography. However, further investigation and optimization of the system is required to exploit full potential.



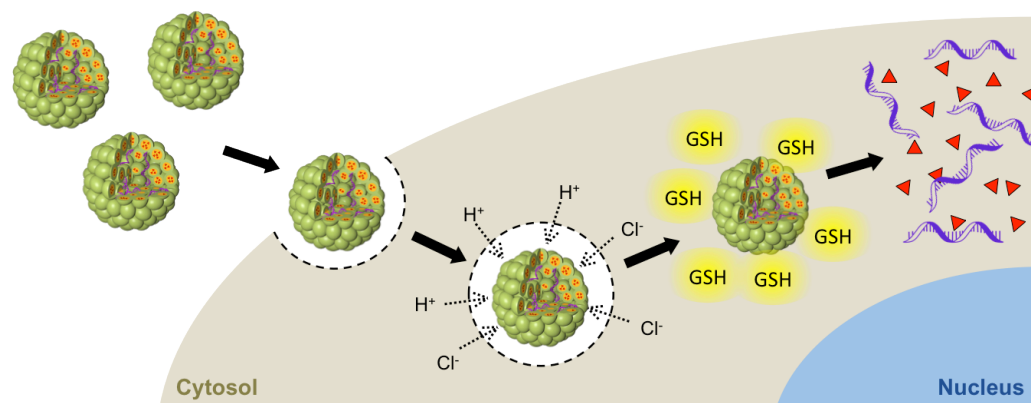
# Chapter 3

## 3 Stimuli-Responsive Codelivery of Oligonucleotides and Drugs by Self-Assembled Peptide Nanoparticles

This chapter aims for the rational design of responsive peptide nanoparticles for simultaneous delivery of antisense oligonucleotides and small molecule drugs. It includes the design, synthesis, and nanoparticle formation as well as the loading and controlled release of the payloads upon a reductive trigger. Furthermore, the potential of the novel nanoparticles is demonstrated by the delivery of a clinically relevant drug.

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Sigg, S. J.; Postupalenko, V.; Duskey, J. T.; Palivan, C. G.; Meier, W. Stimuli-Responsive Codelivery of Oligonucleotides and Drugs by Self-Assembled Peptide Nanoparticles. *Biomacromolecules* **2016**, *17*, (3), 935-945. © 2016 American Chemical Society.



**Figure 20.** Coloaded reduction-responsive peptide nanoparticles internalize to cells. In contact with elevated glutathione levels in the cytosol the peptide nanoparticles disintegrate and release their payloads.

### 3.1 Abstract

Ever more emerging combined treatments exploiting synergistic effects of drug combinations demand smart, responsive codelivery carriers to reveal their full potential. In this study, a multifunctional stimuli-responsive amphiphilic peptide was designed and synthesized to self-assemble into nanoparticles capable of co-bearing and -releasing hydrophobic drugs and antisense oligonucleotides for combined therapies. The rational design was based on a hydrophobic L-tryptophan-D-leucine repeating unit derived from a truncated sequence of gramicidin A (gT), to entrap hydrophobic cargo, which is combined with a hydrophilic moiety of histidines to provide electrostatic affinity to nucleotides. Stimuli-responsiveness was implemented by linking the hydrophobic and hydrophilic sequence through an artificial amino acid bearing a disulfide functional group (H3SSgT). Stimuli-responsive peptides self-assembled in spherical nanoparticles in sizes (100–200 nm) generally considered as preferable for drug delivery applications. Responsive peptide nanoparticles revealed notable nucleotide condensing abilities while maintaining the ability to load hydrophobic cargo. The disulfide cleavage site introduced in the peptide sequence induced responsiveness to physiological concentrations of reducing agent, serving to release the incorporated molecules. Furthermore, the peptide nanoparticles, singly loaded or coloaded with boron-dipyrromethene (BODIPY) and/or antisense oligonucleotides, were efficiently taken up by cells. Such amphiphilic peptides that led to noncytotoxic, reduction-responsive nanoparticles capable of codelivering hydrophobic and nucleic acid payloads simultaneously provide potential toward combined treatment strategies to exploit synergistic effects.

### 3.2 Introduction

Combined treatments are gaining increasing impact in medicine not only to exploit synergistic effects of therapeutics, but also to overcome multidrug resistance (MDR) in cancer therapies.<sup>204</sup> This creates a tremendous demand for sophisticated carrier systems capable of codelivering therapeutics simultaneously for higher efficacy. For this purpose combinations of small drugs are beneficial, but drug/gene combinations are also of high interest, especially in the case of P-glycoprotein (P-gp) mediated MDR.<sup>204</sup> Nanotechnology provides a vast array of opportunities and promise in the rational design of multifunctional drug delivery systems. Nanocarriers can be designed for the delivery of therapeutics: protecting them from being metabolized,<sup>63,64</sup> enhancing bioavailability, lowering off-target effects, and decreasing the necessary drug dose by increasing accumulation at the diseased site.<sup>205</sup> Of particular interest for P-gp mediated MDR is the codelivery of drugs and nucleic acids in a single nanocarrier system. Promising results were obtained by antisense oligonucleotide-mediated down-regulation of the overexpressed P-gp, responsible for drug

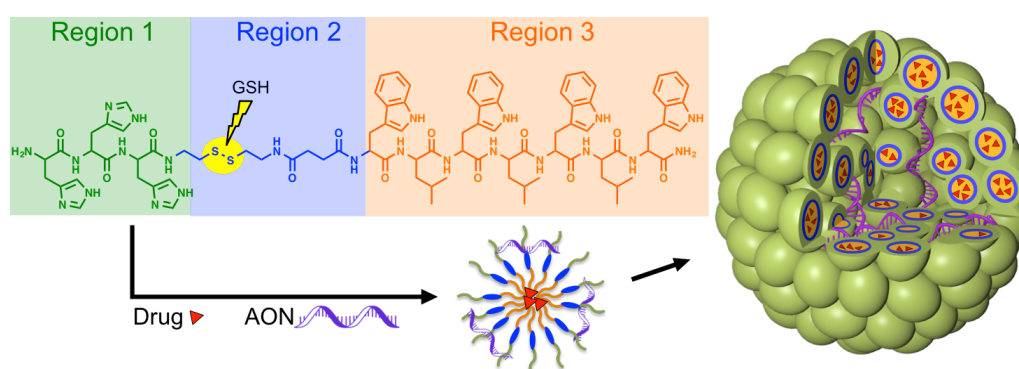
efflux, in combination with small molecule anticancer drugs.<sup>206,207</sup> For incorporation of payloads, two main strategies are followed, where nucleic acids or drugs are either synthetically conjugated to the carrier or noncovalently condensed or entrapped.<sup>63,208</sup> Covalent strategies involve the linkage of polymers, proteins, peptides, and inorganic nanoparticles to nucleic acids or drugs,<sup>136</sup> while noncovalent condensation is achieved via electrostatic interaction, hydrogen bonding, and hydrophobic interactions. Noncovalent nanocarriers for oligonucleotide delivery are usually able to cross cell membranes and deliver the cargo better than conjugated ones, but are in general more difficult to control.<sup>137,208</sup> Current strategies for codelivery of small molecule drugs and nucleic acids rely on lipids,<sup>209,210</sup> polymers,<sup>211,212</sup> and conjugates,<sup>213,214</sup> which form structures able to entrap small drugs as well as to noncovalently condense DNA or RNA. Further improvement of efficacy can be achieved by utilizing physiological microenvironments at pathological sites such as pH,<sup>72-75</sup> temperature,<sup>76</sup> and redox potential<sup>77,78</sup> as release triggers. Responsive polymeric systems and conjugates for codelivery were developed recently, bearing moieties sensitive to physiological triggers such as pH<sup>215-218</sup> or redox potential.<sup>219-222</sup>

Emerging peptide based self-assembled nanostructures in the field of nanomedicine are particularly interesting because they are considered to be inherently biocompatible and biodegradable.<sup>19,22,146</sup> Specific inter- and intramolecular interactions between amino acids such as electrostatic interactions, hydrogen-bonding, hydrophobic interactions, and  $\pi$ - $\pi$ -stacking can be implemented to obtain highly ordered and defined assemblies. The bottom up rational design is based on selecting amino acids with the desired properties in order to create novel amphiphilic peptides able to self-assemble into defined architectures. Furthermore, the combination of distinct functionalities, such as responsiveness, can be implemented within one molecule enabling the development of peptides self-assembling into well-defined and multifunctional nanoparticles, which is a tremendous advantage due to simplicity and applicability for biomedical applications.<sup>145,223,224</sup> Reported peptidic carriers for delivering a single drug comprise polyplexes,<sup>25,121,123</sup> hydrogels,<sup>225</sup> and micelles.<sup>122,144,145,224,226</sup> There are only a few peptidic codelivery systems described to date capable of delivering nucleic acids and small molecule drugs simultaneously.<sup>144,224,226</sup> Recent reports describe peptides, consisting of a polyhistidine–polylysine hydrophilic peptide sequence coupled with a hydrophobic sequence comprising of alanine, phenylalanine, and/or leucine, which show synergistic cytotoxic effects when delivering p53 plasmid in combination with doxorubicin (Dox) or paclitaxel (PTX).<sup>144,226</sup> Another report describes a slow release (20–30 h) of Dox from a polyhistidine–TAT conjugate at pH 5 compared to neutral pH accompanied by synergistic effects when codelivered with p53 plasmid.<sup>224</sup> However, further improvement for stimuli responsiveness is essential to enhance a rapid delivery and/or release of co-loaded payloads.

Here, we aim for a straightforward rational design of new peptide nanoparticles that enhance the properties of the AcX3gT nanoparticles to favor codelivery and rapid release of small molecule drugs and nucleic acids simultaneously by reduction-responsiveness. The new

peptides are separated into three key structural features: the hydrophilic region (region 1), linker unit (region 2), and hydrophobic region (region 3) (Figure 21). The hydrophilic moiety was redesigned from the previous peptide AcX3gT by implementing nucleotide condensing sites, based on oligohistidine, known to promote these interactions.<sup>227</sup> By introducing oligohistidine the slight surface charge is in addition intended to prevent aggregation, which limited AcX3gT potential use, when loaded with hydrophobic molecules.<sup>31</sup> Moreover, using oligohistidine as the hydrophilic sequence preserves secondary aggregation to nanoparticles due to a  $pK_a$  of 6.0 in contrast to previously reported nonacetylated K3gT, bearing lysines with a  $pK_a$  of 10.7, which form micelles.<sup>30</sup>

Increasing the number of aromatic side chains is expected to support molecule incorporation as already reported for AcX3gT. The nanoparticles were also expected to be smaller, thus more suitable for biomedical applications due to higher water solubility compared to AcX3gT.<sup>29,30</sup> The stimuli-responsiveness to cellular redox potential was integrated to the sequence by using an artificial disulfide amino acid (region 2, Figure 21). By adding this linker in between the hydrophilic and hydrophobic sequences, we favor a higher release upon external stimuli, which was previously not available when designed only with peptide bonds. Therefore, in the structure of this new peptide, only the gramicidin-inspired seven-amino-acid repeating unit gT remained from the previously reported peptide AcX3gT in order to maintain the previously observed self-assembly into nanoparticles that are capable of entrapping hydrophobic payloads. Characterization revealed that the three functional units enabled assembly of spherical peptide nanoparticles that were reduction sensitive (H3SSgT) and capable of loading desired model drug (boron-dipyrromethene (BODIPY)) and nucleic acid (antisense oligonucleotides (AON)) payloads simultaneously.



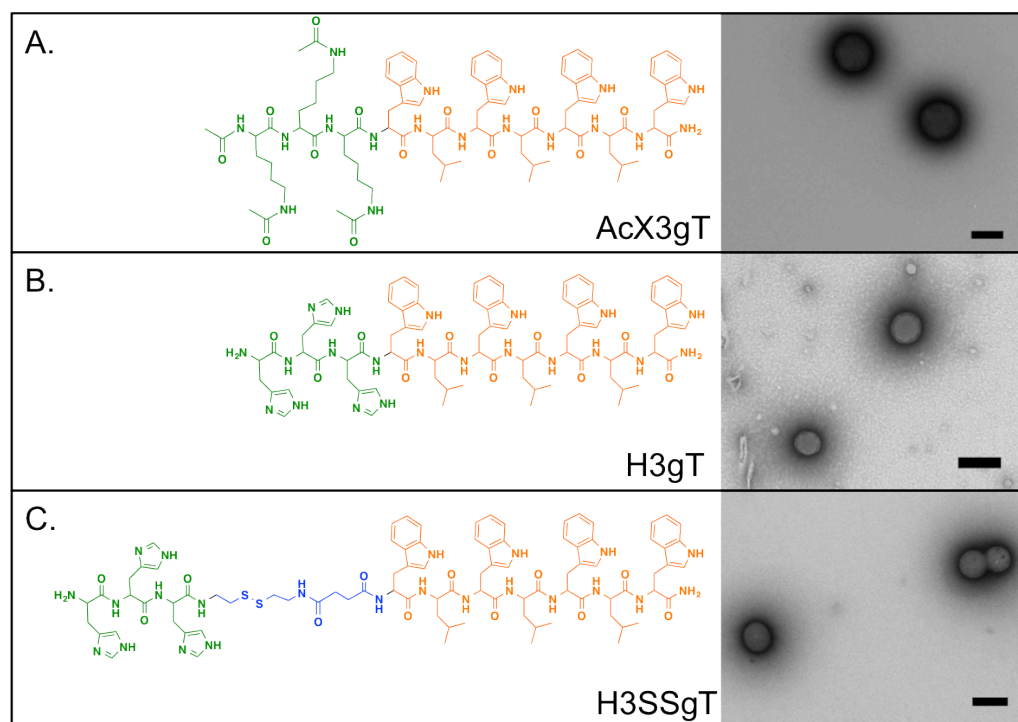
**Figure 21.** Schematic representation of nanoparticle assembly incorporating AON and drugs. Designed amphiphilic peptide consists of three regions: hydrophilic (region 1), reducible linker (region 2), and hydrophobic (region 3). Amphiphilic peptide assembles in a first step into micelles, incorporating drug in the hydrophobic region and nucleotides along their hydrophilic region. Further self-assembly leads towards spherical nanoparticles, potentially multicompartments micelles.<sup>29</sup> Adapted from Gunkel-Grabole et al.<sup>1</sup> Reproduced by permission of The Royal Society of Chemistry.

We selected BODIPY as the model molecule with the appropriate hydrophobicity and molecular weight, while the hydrophilic DoxHCl served only to demonstrate the ability of the peptide nanoparticles to encapsulate hydrophilic molecules as well. Fluorescence correlation spectroscopy (FCS) analysis was used to evaluate whether the reduction responsive particles were able to rapidly release all payloads in a reducing environment. A final analysis in HeLa cells was performed to show that the reduction-sensitive H3SSgT peptide nanoparticles are taken up and the cargo retains its functionality. Although stimuli-responsive codelivery architectures have been developed for polymer, lipid, and peptide-conjugate self-assemblies our strategy has the advantage of providing purely peptidic and biodegradable nanoparticles for efficient codelivery and release of oligonucleotides and drugs simultaneously upon reduction.

### 3.3 Results and Discussion

#### 3.3.1 Design, Synthesis, and Characterization of Peptides and Their Self-Assemblies

Two new amphiphilic peptides, H3gT and H3SSgT, were designed from the previously reported peptide, AcX3gT (Figure 22A). The first, H3gT, was designed with the cationic histidine amino acids in place of the acetylated lysines in order to improve the encapsulation of charged species such as AON into the self-assembled nanoparticles (Figure 22B). In order to improve the release of cargo molecules from H3gT nanoparticles, a second peptide H3SSgT was designed by incorporating an artificial disulfide amino acid to serve as a reduction cleavable linker (Figure 22C).

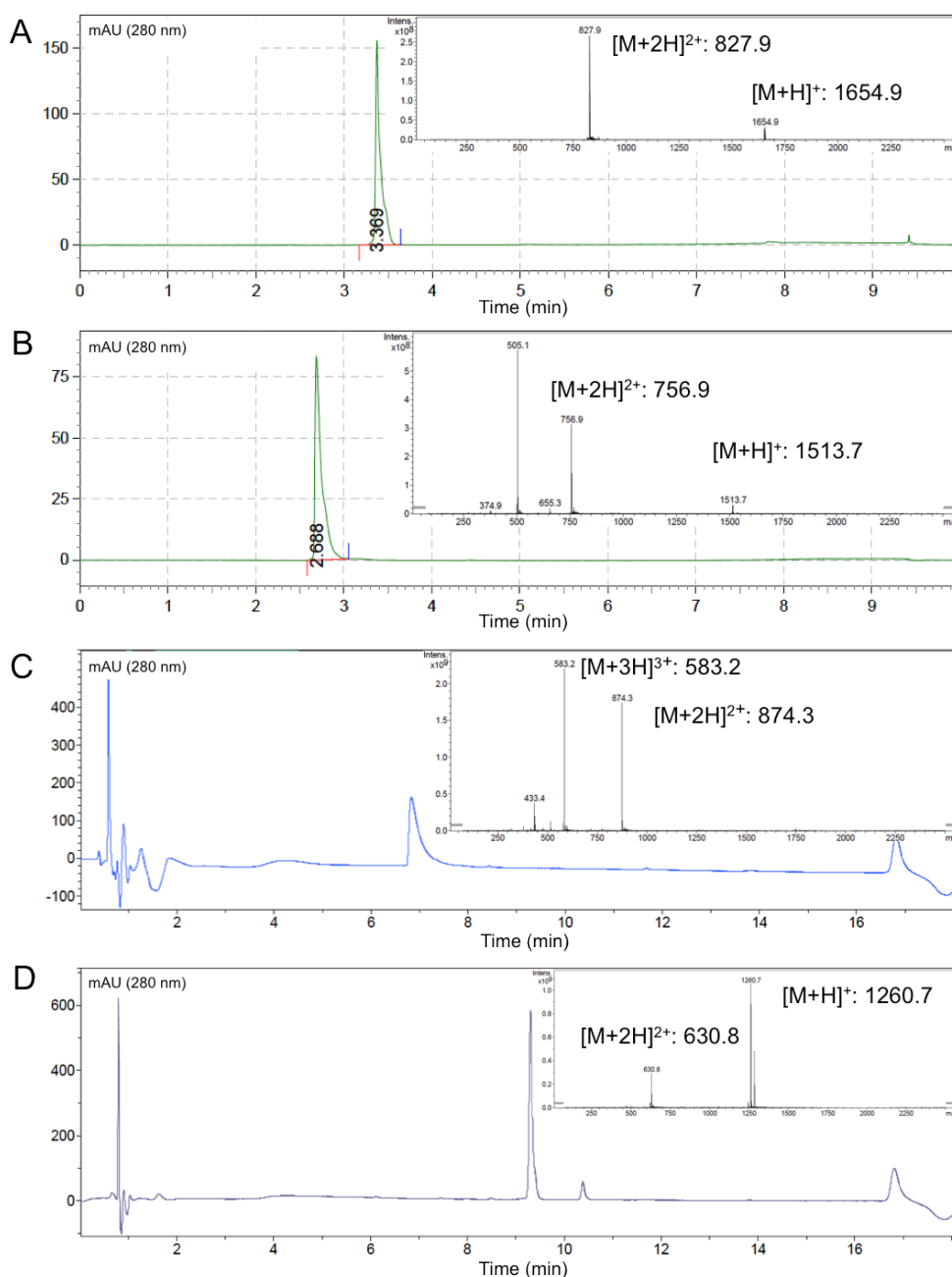


**Figure 22.** Synthesized peptide sequences of AcX3gT (A),<sup>31</sup> H3gT (B), and H3SSgT (C). The hydrophobic gT sequence is orange, the hydrophilic sequence is green, and the reducible S–S linker is blue. TEM micrographs represent self-assembled structures of each peptide. Scale bar: 200 nm.

Inserting the linker between the hydrophilic oligohistidine and hydrophobic gT will lead to separation of the charged interactions of the oligohistidine and the hydrophobic interaction by the gT, leading to dissolution of the nanoparticle and release of the encapsulated molecules. The amphiphilic peptides AcX3gT, H3gT, and H3SSgT were synthesized using



conventional solid phase peptide synthesis (SPPS) and purified by high-performance liquid chromatography (HPLC). The peptide masses of AcX3gT, H3gT, and H3SSgT were measured by liquid chromatography electron spray ionization mass spectrometry (LC-ESI-MS) to match the expected values of 1653.9 g/mol, 1512.8 g/mol, and 1746.8 g/mol, respectively (Figure 23A–C).



**Figure 23.** HPLC chromatogram (detection of tryptophan at 280 nm) and LC-ESI-MS data of purified AcX3gT (A), H3gT (B), and H3SSgT before (C) and after (D) treatment with DTT.

Similar to AcX3gT, both H3gT and H3SSgT self-assembled in water leading to spherical nanoparticles. The change in the sequence from acetylated lysines of AcX3gT to oligohistidine of H3gT or H3SSgT did not affect the assembly properties of the amphiphilic peptides, revealing spherical shapes and a smooth surface by transmission electron microscopy (TEM) (Figure 22). However, the initial concentration of each peptide led to differences in nanoparticle size. There is a linear relation between initial concentration and nanoparticle size for AcX3gT, with a lower plateau at 260 nm for concentrations below 0.5 mg/mL.<sup>30</sup> In contrast, H3gT and H3SSgT exhibited sizes of about 150 nm and 100 nm, respectively, for nanoparticles assembled from peptide concentrations of 0.2 mg/mL. This is regarded as optimal size for drug delivery systems to have sufficient loading but still avoid excessive clearance by macrophages.<sup>67,68</sup> Replacing the acetylated lysines of AcX3gT with histidines of H3gT did not alter the ability to form spherical nanoparticles in contrast to nonacetylated analogs of AcX3gT (K3gT).<sup>30</sup> This can be attributed to a closer proximity between the side chain functional groups and its aromatic nature, which enables  $\pi$ - $\pi$ -stacking, cation- $\pi$  interactions, and hydrogen- $\pi$  interactions.<sup>228</sup>

### 3.3.2 Encapsulation of Payload and Characterization of Loaded Nanoparticles

The ability of the new peptides H3gT and H3SSgT to embed payloads was compared to AcX3gT using a hydrophobic small drug molecule model (BODIPY), or Atto550 labeled antisense oligonucleotides (AON). First, fluorescence correlation spectroscopy (FCS), which distinguishes fluorescent species diffusing free in solution compared to those associated with nanoparticles, was measured to ensure the new peptides maintained the ability to load hydrophobic payloads. Varying the peptide sequence to include histidines or a reduction sensitive linker did not affect the incorporation of the hydrophobic molecule BODIPY (Table 3). AcX3gT and H3SSgT showed high loading efficiencies; however, upon encapsulating BODIPY in H3gT nanoparticles, the particles quickly shifted to large aggregates, which cannot be measured by FCS. The ratio of loaded cargo was obtained by fitting the autocorrelation functions using two component fits: free dye and dye-loaded peptide nanoparticles (Table 3). Next, AONs were loaded into each peptide nanoparticle. By FCS, AcX3gT showed a correlation curve identical to that of the free AON (Figure 24A). This indicated that AcX3gT was incapable of binding AON due to a lack of charge interactions. However, both the H3gT and H3SSgT, which contain the oligohistidine sequence, were able to bind AON showing an increased diffusion time compared to free AON alone (Figure 24A, Table 3).

**Table 3. FCS Characterization of Singly and Coloaded Peptide Nanoparticles.<sup>a</sup>**

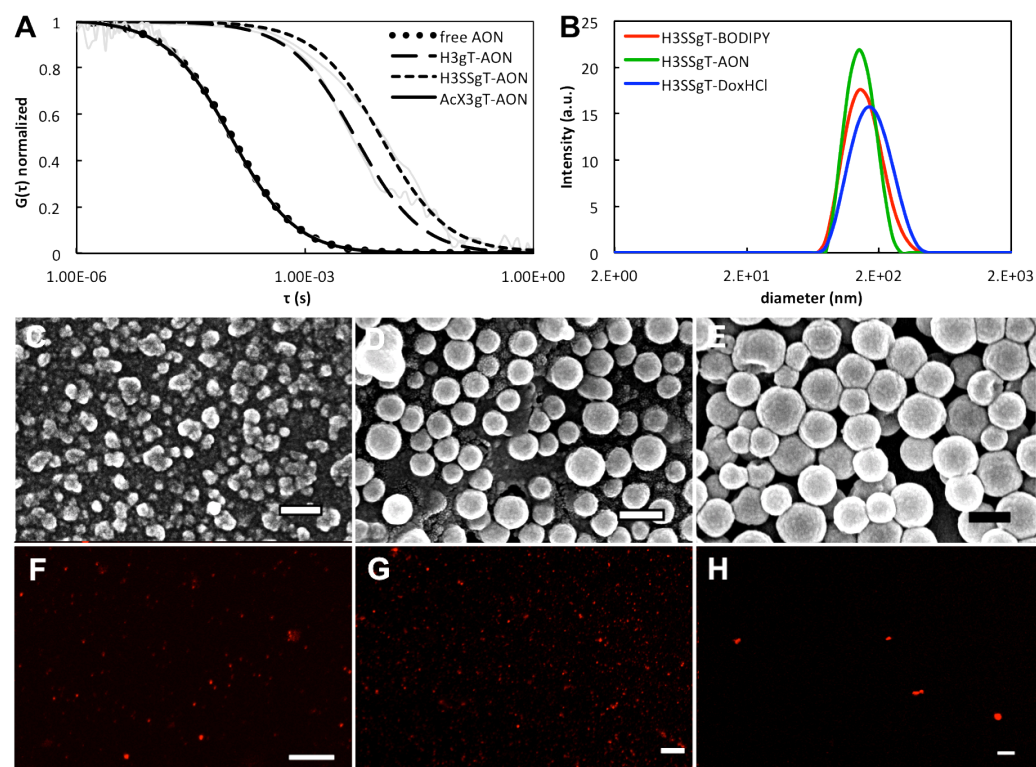
peptide nanoparticles	payload	diffusion time ( $\mu$ s)	hydrodynamic diameter (nm)	loading efficiency <sup>b</sup> (%)
Free species	BODIPY	61 $\pm$ 2.8	N/A	N/A
	AON	102 $\pm$ 7.3	N/A	N/A
AcX3gT	BODIPY	7700 $\pm$ 439	174 $\pm$ 10	82 $\pm$ 7
	AON	N/A	N/A	N/A
H3gT	BODIPY	N/A	N/A	N/A
	AON	8430 $\pm$ 2400	235 $\pm$ 67	89 $\pm$ 3
H3SSgT	BODIPY	4550 $\pm$ 330	103 $\pm$ 8	93 $\pm$ 6
	AON	5640 $\pm$ 390	157 $\pm$ 11	99 $\pm$ 1
Coloaded H3SSgT	BODIPY	4270 $\pm$ 756	96 $\pm$ 17	91 $\pm$ 2
	AON	3226 $\pm$ 636	90 $\pm$ 18	90 $\pm$ 3

<sup>a</sup>Data represents average  $\pm$  SD (n = 3).

<sup>b</sup>Two component model fit of the autocorrelation function.

In contrast, the effective drug embedding efficiency of DoxHCl (as a hydrophilic small molecule drug) to H3gT and H3SSgT was determined to be 1.5 and 2.3 mg/g by fluorescence emission. The low embedding efficiencies resulted from the hydrophilicity of DoxHCl, thus lacking entropic driving forces in contrast to hydrophobic payloads. Due to the inability of AcX3gT to bind AON and the formation of large nanoparticles when H3gT encapsulates BODIPY, we will further focus on H3SSgT with the other two peptides being analyzed for comparison when appropriate.

The successful incorporation of BODIPY and AON into H3SSgT nanoparticles was confirmed by confocal laser scanning microscopy (CLSM) (Figure 24F,G). Even the low DoxHCl loading was confirmed by CLSM micrographs (Figure 24H). The size and morphology of the nanoparticles were measured by dynamic light scattering (DLS) and scanning electron microscopy (SEM), respectively (Figure 24B–E) and was confirmed by atomic force microscopy (AFM) for DoxHCl-loaded H3SSgT particles (Figure 35 (Supporting Information)). For AON- and DoxHCl-loaded particles only marginal differences in size and morphology were detected revealing smooth surfaces by SEM and diameters of 135  $\pm$  22 nm and 165  $\pm$  40 nm, respectively. In DLS similar diameters have been obtained (148 and 187 nm, respectively; Figure 24, Table 4), the differences being related to the drying effect in SEM measurements. Particles loaded with BODIPY preserved the size as AON-loaded nanoparticles (149 nm; Figure 24, Table 4), but smaller diameters and rougher surfaces were observed by SEM, compared to nonloaded H3SSgT nanoparticles (Figure 34 (Supporting Information), Table 4).

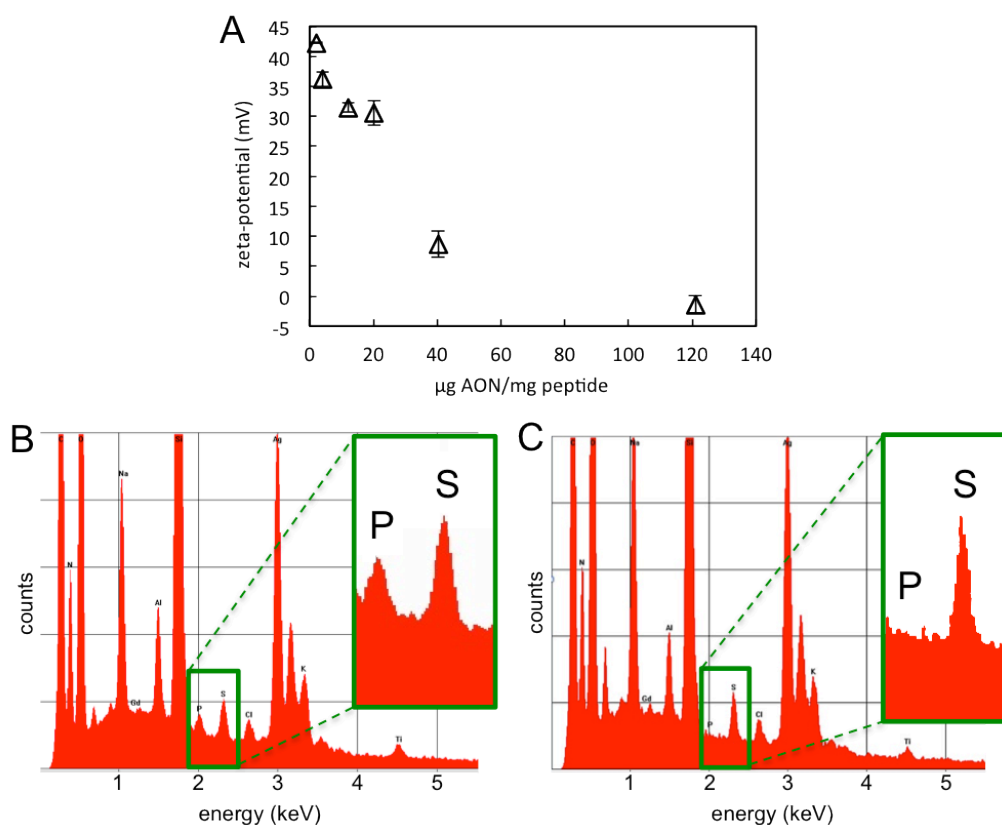


**Figure 24.** FCS autocorrelation curves (A) comparing free AON (dots) and AON complexed with AcX3gT (solid line), H3gT (broken line), and H3SSgT (dashes) nanoparticles. DLS data (B) for H3SSgT particles loaded with BODIPY (red), AON (green), and DoxHCl (blue). SEM and CLSM micrographs of H3SSgT nanoparticles loaded with BODIPY (C,F), AON (D,G), and DoxHCl (E,H). Scale bars for SEM micrographs are 500 nm (C–E), and 10  $\mu\text{m}$  for CLSM micrographs (F–H).

**Table 4. Hydrodynamic Diameters and PDIs from DLS Measurements of H3SSgT Nanoparticles Loaded with BODIPY, AON, and DoxHCl.**

peptide nanoparticles	hydrodynamic diameter (nm)	PDI
H3SSgT-BODIPY	149	0.23
H3SSgT-AON	148	0.20
H3SSgT-DoxHCl	187	0.24
H3SSgT	218	0.37

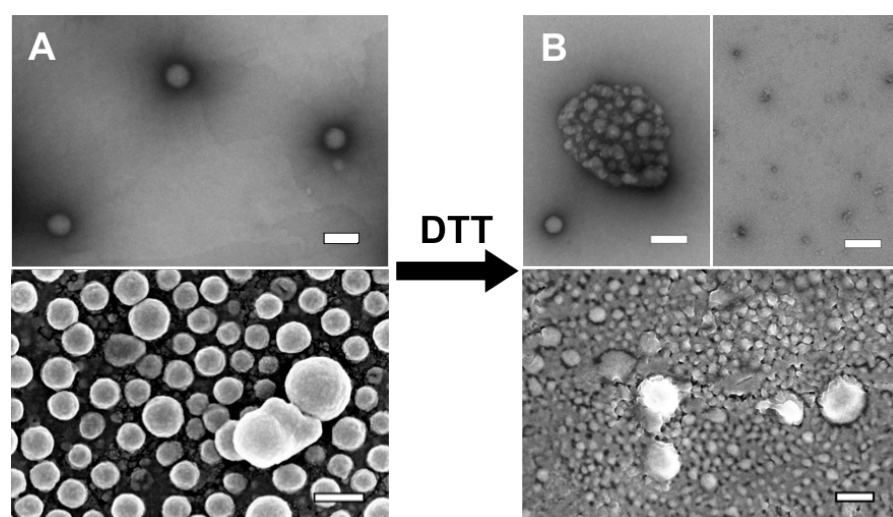
The difference in morphology of BODIPY-loaded particles can be attributed to hydrophobic interactions of BODIPY with the hydrophobic gT sequence of the peptide and the formation of intermolecular  $\pi$ - $\pi$ -stacking between BODIPY and tryptophan<sup>229</sup> interfering with the self-assembly process. The smaller sizes for AON-loaded compared to nonloaded particles can be attributed to the charge interaction resulting in more compact assemblies. Further analysis of the AON-loaded nanoparticles was also performed using energy dispersive X-ray spectroscopy (EDX) to identify the simultaneous presence of the sulfur in the linker and the phosphorus of the AON backbone. Indeed, both elements were detected in AON-loaded nanoparticles while no phosphorus signal was observed for particles loaded with BODIPY (Figure 25B,C). Also, zeta potential analysis showed an optimal DNA to peptide ratio at 40  $\mu\text{g}$  AON/mg peptide where the surface charge approached from cationic, known to promote cell uptake,<sup>230</sup> toward neutral, known to decrease protein interactions and clearance (Figure 25A).<sup>231</sup>



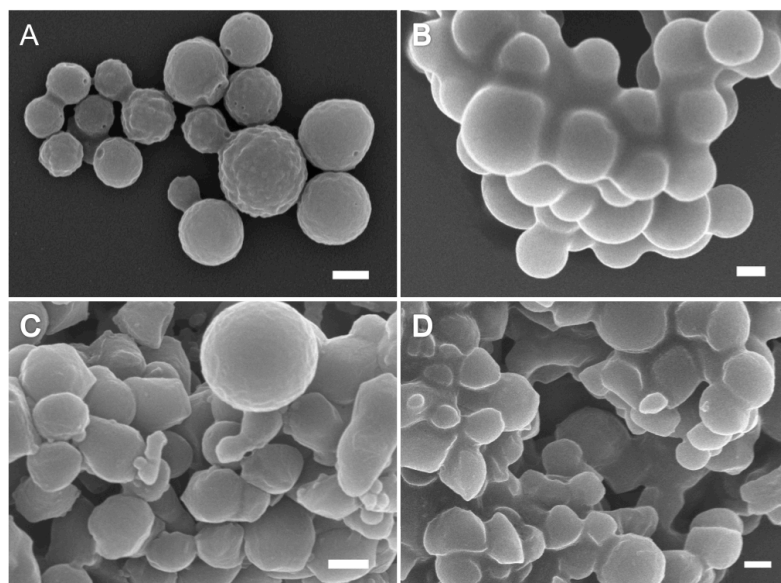
**Figure 25.** Zeta potential of various AON to H3SSgT peptide ratios (A). Energy-dispersive X-ray (EDX) spectrum of AON-loaded H3SSgT peptide nanoparticles (B). EDX spectrum of BODIPY-loaded H3SSgT nanoparticles (C).

### 3.3.3 Stimuli-Responsive Disintegration of Peptide Nanoparticles and Release of Payload

The implementation of a disulfide linker should allow H3SSgT nanoparticles to efficiently release loaded cargo molecules when exposed to physiological concentrations (10 mM) of dithiothreitol (DTT) through reductive cleavage of the hydrophilic from the hydrophobic sequence. LC-ESI-MS was used to detect the decomposition of H3SSgT peptide before and after addition of reducing agent, corresponding to the full length peptide ( $[M+2H]^{2+}$ :  $m/z$  874.3;  $[M+3H]^{3+}$ :  $m/z$  583.2) (Figure 23C) and the cleaved hydrophobic S-gT ( $[M+H]^+$ :  $m/z$  1260.7;  $[M+2H]^{2+}$ :  $m/z$  630.8) (Figure 23D). The detection of the H3-S sequence was not found due to it having a drastically lower molar absorption at 280 nm compared to the tryptophans on the gT sequence and it being hidden in the baseline. Next, H3SSgT nanoparticles were investigated using TEM and SEM to visualize if the cleavage of the peptide led to subsequent destruction of the nanoparticles. After addition of DTT the micrographs showed decomposition of the spherical nanoparticles compared to H3SSgT nanoparticles without DTT (Figure 26). The smaller particles represent partly decomposed peptide nanoparticles due to the disintegration of the particles. The population with larger diameters suggests the aggregation of the cleaved hydrophobic gT sequence due to their instability in aqueous solution (Figure 26B). TEM micrographs indicate the coexistence of various stages of decomposition, from intact peptide nanoparticles up to aggregates. AcX3gT and H3gT did not show particle decomposition when treated with DTT (Figure 27).

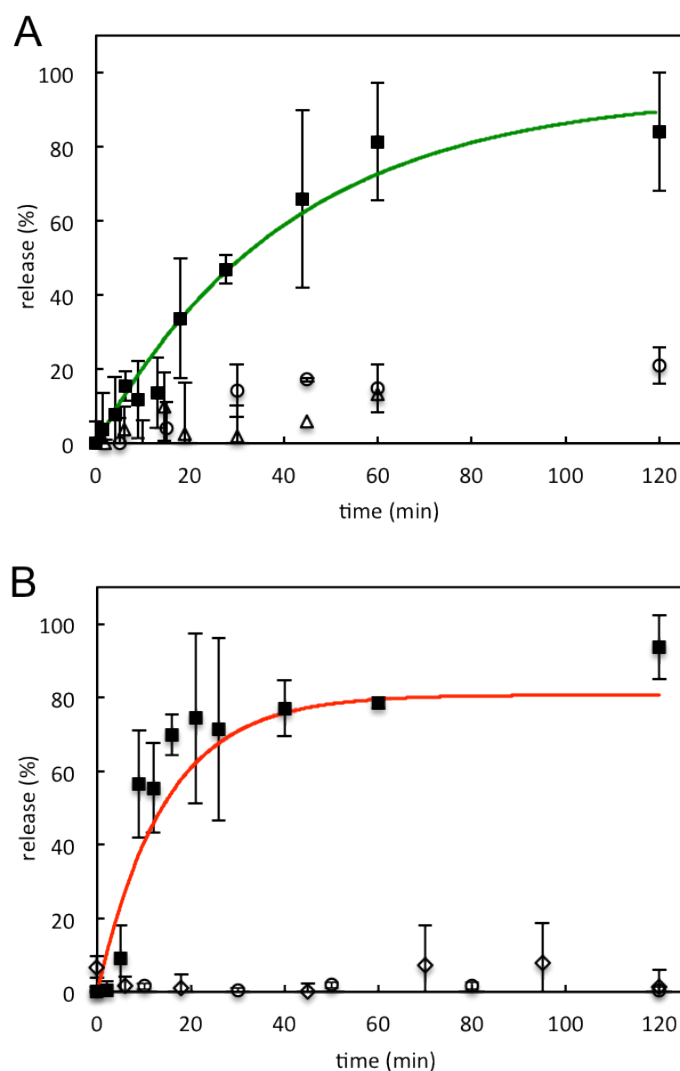


**Figure 26.** TEM (top) and SEM (bottom) micrographs of responsive H3SSgT nanoparticles before (A) and after treatment with DTT (B). Scale bars: 200 nm.



**Figure 27.** SEM micrographs of AcX3gT before (A) and after (B) DTT treatment, and H3gT before (C) and after (D) DTT treatment. Scale bars: 200 nm.

FCS was then used to assess the release of payload during particle decomposition. We selected BODIPY to be codelivered with AON because it is appropriate as a model molecule in terms of hydrophobicity and molecular weight, as well as being easily detected by FCS. Due to the incompatibility of DoxHCl with FCS detection, it was not feasible to use this small molecule drug for these release assays. 10 mM DTT was added to H3SSgT nanoparticles loaded with BODIPY or AON. Nanoparticles loaded with AON showed a fast release profile reaching approximately 50% after 15 min, while with BODIPY 50% release was not achieved until 30 min (Figure 28). Fast release under reductive conditions while maintaining payloads, when incubated in buffer differentiates our system from slowly releasing, pH-sensitive peptide nanoparticles showing a pH 5/pH 7.4-release ratio of 2.<sup>224</sup> Similarly, our system is faster than amphiphilic peptides passively releasing hydrophobic payload from gene/drug coloaded particles to 35% after 18 h,<sup>144</sup> or 40% after 60 h.<sup>226</sup> Both BODIPY- and AON-loaded nanoparticles showed almost complete disintegration by 120 minutes in the presence of DTT, with no release occurring without DTT (Figure 28).



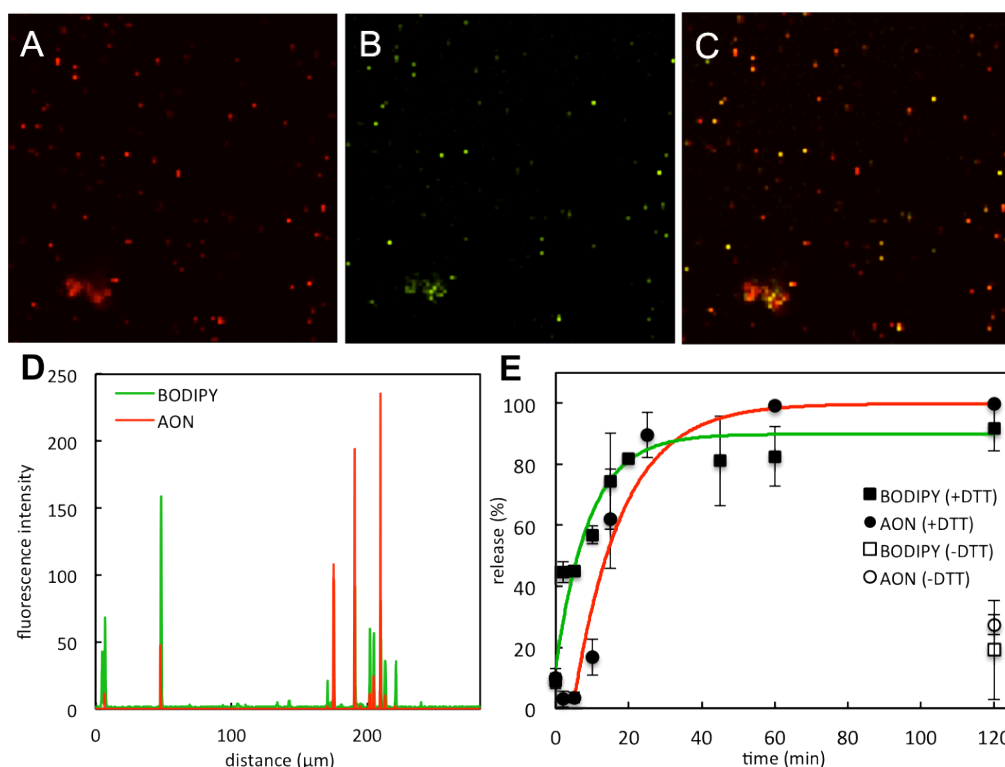
**Figure 28.** Release curves of BODIPY (A) or AON (B) loaded nanoparticles: squares represent H3SSgT+DTT, circles are H3SSgT-DTT, triangles are AcX3gT+DTT, and diamonds represent H3gT+DTT. Green and red lines are exponential fits of the H3SSgT data points using the Levenberg-Marquardt algorithm. Data represents average  $\pm$  SD ( $n=3$ ).

The slightly higher release rate of AON can be associated with their hydrophilicity, positioning them on the outer hydrophilic corona of the individual micelles, whereas the hydrophobic payload is trapped in the micelle core, shielded by the hydrophilic sequence of the peptide. The release from H3SSgT in the presence of DTT was then compared with AcX3gT, for BODIPY-loaded nanoparticles, or H3gT, for AON-loaded nanoparticles. AcX3gT and H3gT, treated with DTT, did not result in an increased population of freely diffusing payload indicating no release (Figure 28).



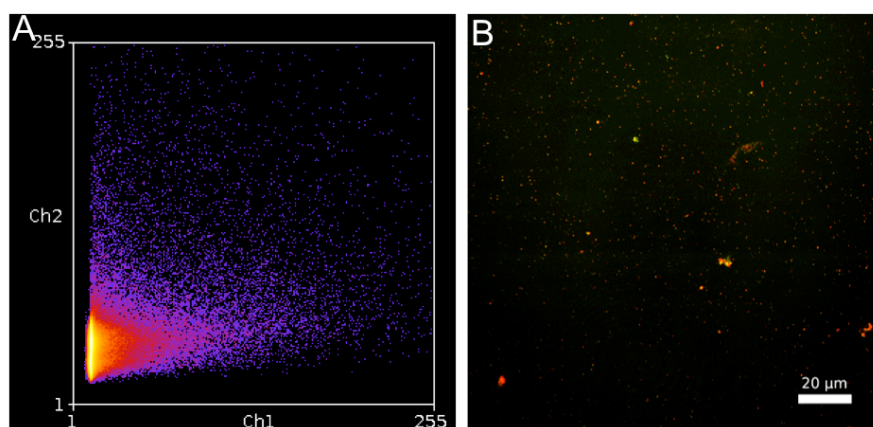
### 3.3.4 Coloading and Combined Release from H3SSgT Nanoparticles

To assess the suitability of the stimuli-responsive H3SSgT nanoparticles to serve as multifunctional codelivery carriers they were coloaded with both AON and BODIPY. The coloaded peptide nanoparticles were analyzed with CLSM to evaluate the simultaneous existence of both payloads in the particles (Figure 29A–C). An intensity profile through the micrograph indicated that not all particles are loaded equally (Figure 29D), but most of the particles contained both AON and BODIPY.



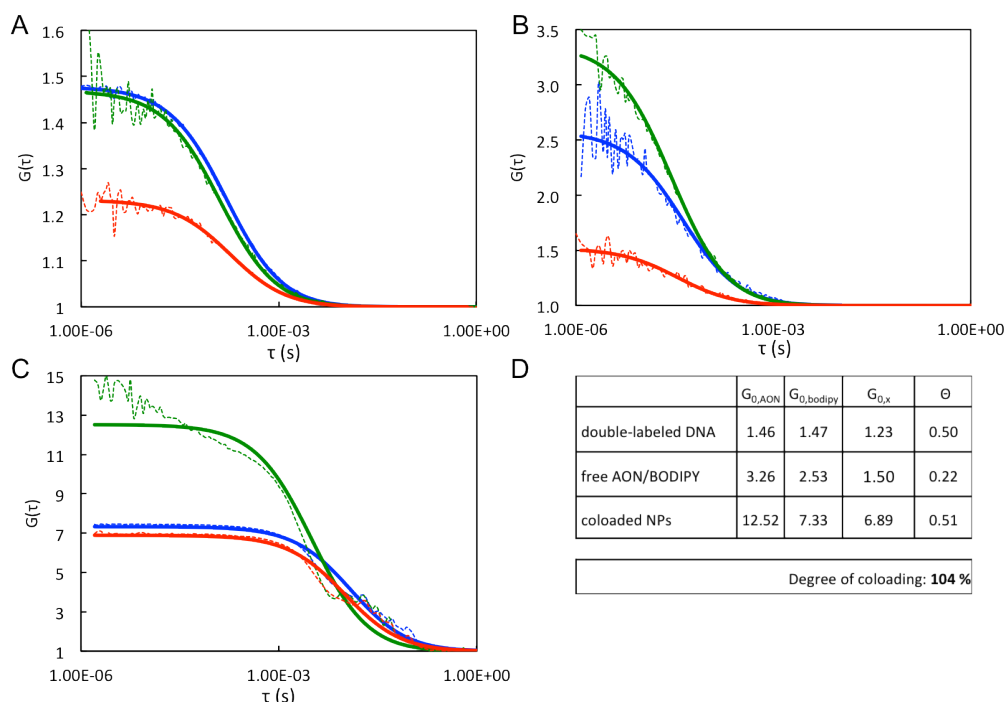
**Figure 29.** CLSM micrographs of AON- (A, red channel) and BODIPY- (B, green channel) coloaded H3SSgT nanoparticles (C, merged). Fluorescence intensity profile of a cross section of micrograph C (D). FCS release curve of BODIPY and AON from H3SSgT coloaded nanoparticles (E). Data represent average  $\pm$  SD (n=3).

This observation is consistent with a colocalization analysis of an overlay image, revealing mostly colocalized fluorescence signals (Figure 30). The Mander coefficient was calculated to 0.844, where 1 represents perfect colocalization and 0 represents no colocalization.<sup>232</sup> Fluorescence cross-correlation spectroscopy (FCCS) was used to quantify the fraction of coloaded nanoparticles. FCCS is a dual-color variant of the FCS technique for the colocalization of two different fluorophores by cross-correlation of the individual channels.<sup>233</sup>



**Figure 30.** Colocalization analysis (A) and CLSM picture (B) of AON/BODIPY coloaded peptide nanoparticles. The fluorescence information was transformed to single channel 8-bit pictures. The Mander coefficient was calculated to 0.844 using the Mander coefficient plugin in ImageJ with CH1 corresponding to AON (red channel) and CH2 corresponding to BODIPY (green channel).

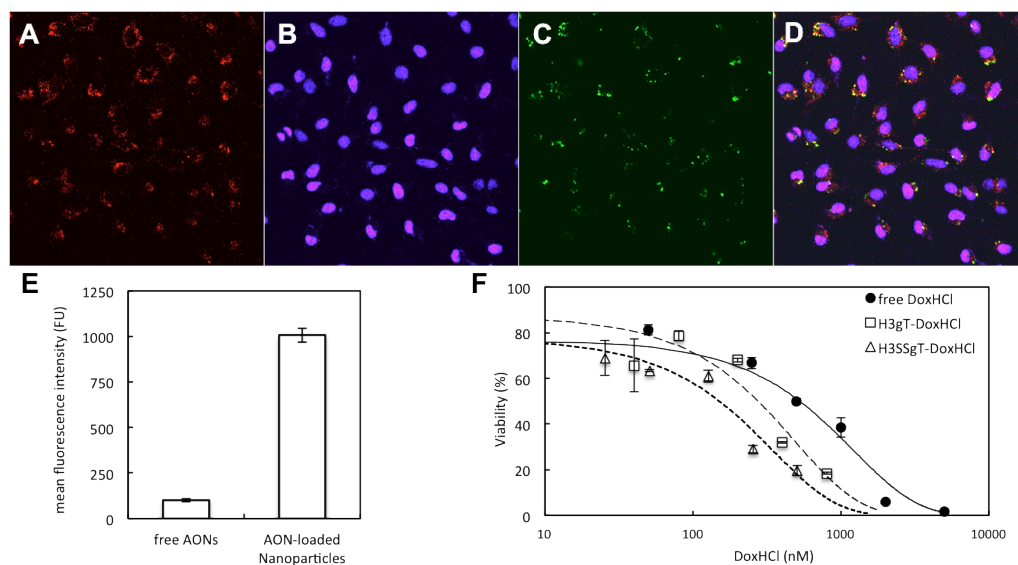
All data were normalized with the free cargo mixture equaling 0% cross-correlation and a standard double-labeled DNA equaling 100% cross-correlation. It resulted in a calculated complete coloaded of the particles (Figure 31). To evaluate, if the responsiveness was influenced by coloaded, corelease of both BODIPY and AON was compared by FCS to singly loaded nanoparticles. 50% of BODIPY was released faster from coloaded nanoparticles at around 10 min (Figure 29E) compared to singly loaded ones ( $\approx 30$  min) (Figure 28A). This could be attributed to the additional interaction of both cargoes with the peptide, affecting the hydrophilic and hydrophobic interactions and potentially disturbing the assembly leading to less density within the nanoparticles, in contrast to peptide nanoparticles bearing only one type of guest molecules (Figure 28). The AON release behavior is almost congruent with singly loaded analogues due to different binding mode to the carrier.



**Figure 31.** Correlation functions and fits of double labeled DNA (A), free payloads (B), and coloaded H3SSgT peptide nanoparticles (C). Cross-correlation (red), BODIPY (blue), and AON (green). Degree of coloaded with respect to all BODIPY-loaded particles is given by  $\theta = c_x / c_{total, BODIPY} = (G_{0,x} - 1) / (G_{0,AON} - 1)$ , where  $G$  is the autocorrelation amplitude.<sup>233</sup>

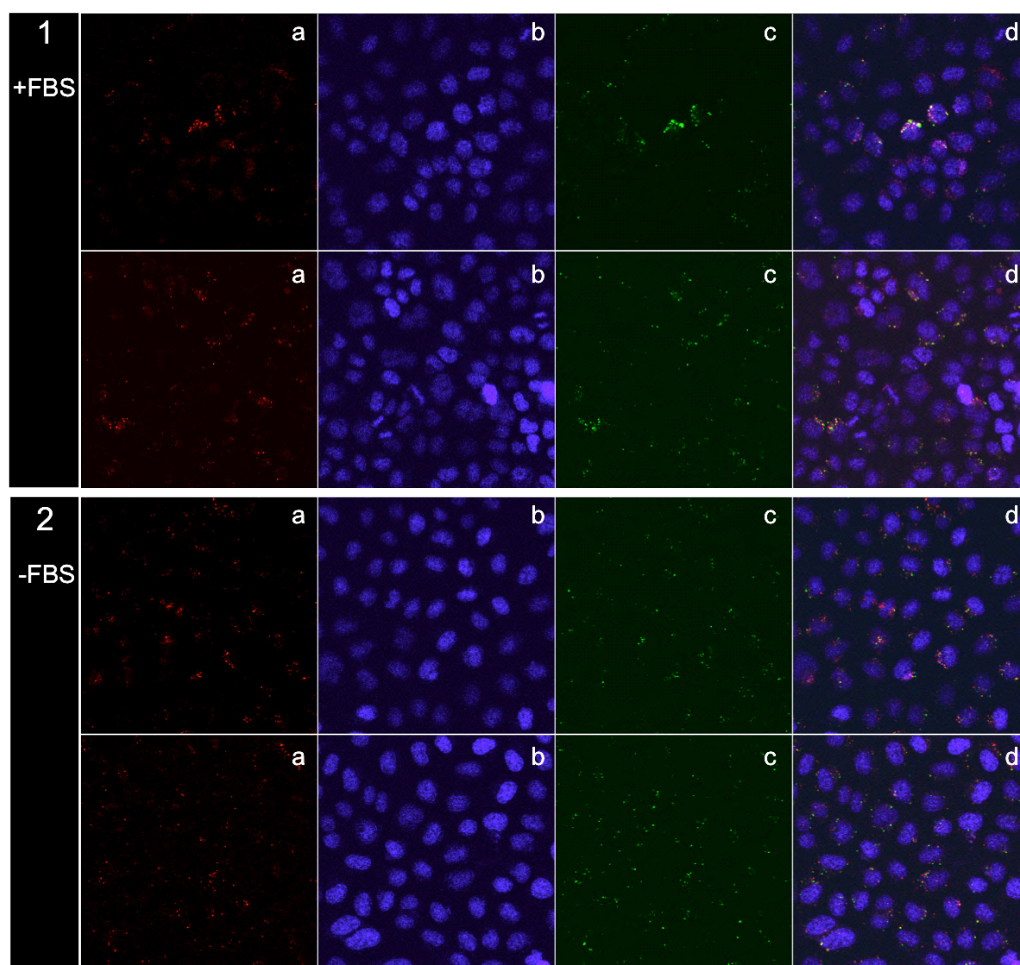
### 3.3.5 Cell Uptake and Anti-Proliferation Activity

The reduction sensitive H3SSgT nanoparticles were evaluated for cytotoxicity to ensure the particles do not rapidly cause cell death. Peptide nanoparticles were nontoxic for concentration up to 1000  $\mu\text{g}/\text{mL}$  at incubation times of 24 and 48 h (Figure 36A (Supporting Information)). Also, when the nanoparticles were treated with DTT prior to viability experiments the fragments did not show any toxicity after 48 h incubation (Figure 36C (Supporting Information)). Cell toxicity for the free peptides could not be achieved due to the spontaneous self-assembly in aqueous media. Cell uptake and intracellular behavior in HeLa cells were investigated with H3SSgT nanoparticles loaded with BODIPY or AON or coloaded with both BODIPY and AON. Qualitative analysis of the cells by CLSM showed increased uptake for singly loaded (Figure 37–38 (Supporting Information)) and coloaded peptide nanoparticles with BODIPY (Figure 32A) and AON (Figure 32C). Cellular uptake was additionally demonstrated to be comparable for coloaded particles when initially incubated in serum-containing medium (Figure 33). The increased uptake to cells was subsequently quantified by fluorescence-assisted cell sorting (FACS) analysis. This resulted in a 10-fold higher uptake of embedded AONs compared to free AONs when equivalent AON concentrations were applied to the cells (Figure 32E).



**Figure 32.** CLSM micrographs of coloaded H3SSgT peptide nanoparticle accumulation in HeLa cells with BODIPY channel (A), Hoechst nucleus stain (B), AON channel (C), and merged (D). FACS data of cell uptake for AON-loaded particles obtained from mean fluorescence intensities (E). Cell growth inhibition studies of free DoxHCl (solid line), or DoxHCl-loaded H3gT (broken line) and H3SSgT (dashed line) peptide nanoparticles (F). Data represents average  $\pm$  SD ( $n = 3$ ).

Free cargo as well as a mixture of BODIPY and AON (to ensure no cross interaction of molecules leading to uptake) did not show any detectable uptake (Figure 37–39 (Supporting Information)). This was expected for the negatively charged AON because it is commonly known that large anionic molecules do not internalize into cells. Free BODIPY is often shown to enter the cell; however, the amount of free BODIPY was the same as that in the particle solutions. At such low concentrations, free BODIPY was not enough to be seen by CLSM whereas when colocalized into peptide nanoparticles and more readily taken up due to the positive surface charge, higher signals have been observed.



**Figure 33.** CLSM micrographs of coloaded nanoparticles with (1) and without (2) FBS. AON (a), Hoechst 33342 cell nuclei stain (b), BODIPY (c), and merge (d).

For subsequent cell growth inhibition studies only the H3gT and H3SSgT particles were loaded with hydrophilic DoxHCl to demonstrate the cell uptake and delivery qualities as well as the protection of the drug for more effectiveness. To assess the applicability of stimuli-responsive peptide nanoparticles as drug delivery system, DoxHCl was loaded into H3SSgT nanoparticles and applied to HeLa cells. The IC<sub>50</sub> value of DoxHCl-loaded peptide nanoparticles was determined for H3SSgT compared to free DoxHCl (Figure 32F). The IC<sub>50</sub> of DoxHCl-loaded H3SSgT peptide nanoparticles (H3SSgT) was found to be 150 nM, approximately four times lower than for free DoxHCl (530 nM). The decrease of IC<sub>50</sub> is due to the hydrophilic character of DoxHCl, which has limited cell permeability compared to the nanoparticles. The decrease of IC<sub>50</sub> value compared to free DoxHCl in HeLa cells is indirect proof of DoxHCl release from nanoparticles upon uptake, and supports our system as a good candidate for codelivery of small molecular weight molecules and AON. In addition, as the peptide fragments did not show any toxicity after 48 h incubation (Figure 36C (Supporting

Information)), we consider that the lower IC<sub>50</sub> of DoxHCl-loaded H3SSgT nanoparticles than DoxHCl-loaded H3gT nanoparticles is the results of better DoxHCl release from H3SSgT nanoparticles due to the S–S breakage.

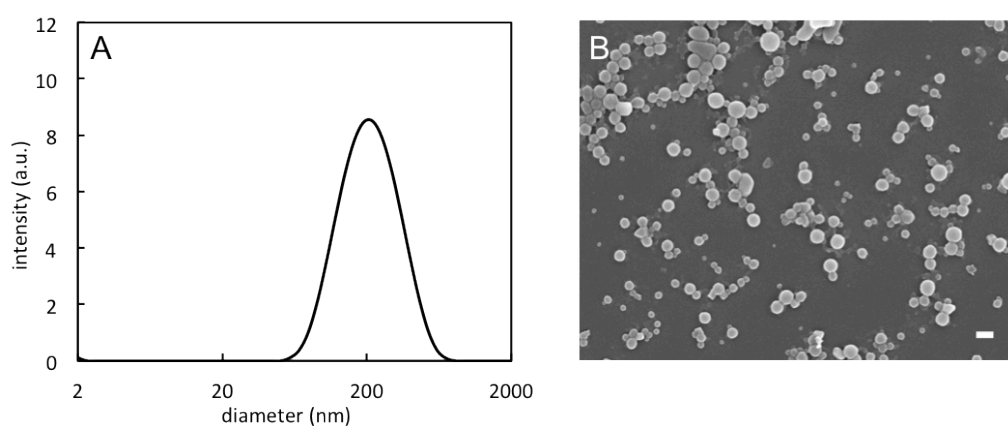
Also, when compared to the nonreducible DoxHCl-loaded H3gT nanoparticles (280 nM), H3SSgT had an IC<sub>50</sub> about two times lower. This difference demonstrates the influence of the added stimuli-responsive linker. H3gT nanoparticles are taken up by cells similarly to H3SSgT but do not rapidly or efficiently release the DoxHCl, which is why the IC<sub>50</sub> remains higher. The stimuli-responsive H3SSgT particles reveal, in addition to a similar uptake performance compared to H3gT, a potent release mechanism allowing the drug to achieve its full potential.

### 3.4 Conclusion

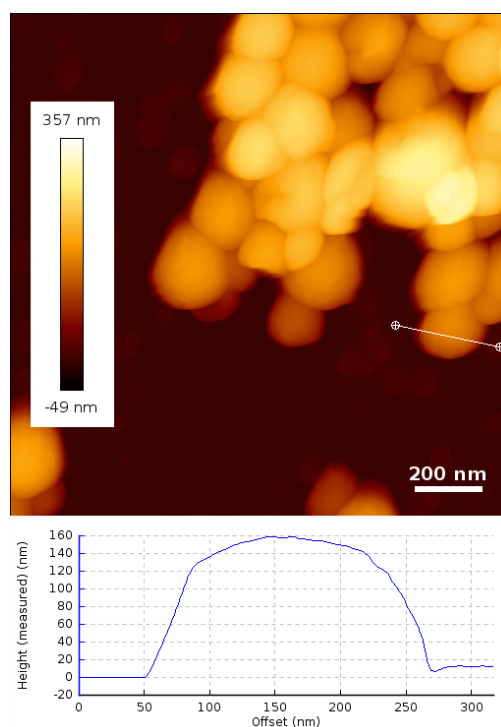
Development of nontoxic, biocompatible, and biodegradable nanocarriers for codelivery and stimuli-responsive release of oligonucleotides and small drugs remains a remarkable challenge. We designed and synthesized responsive amphiphilic peptides, which assemble into peptide nanoparticles that were engineered to condense oligonucleotides via electrostatic interactions with histidine and to incorporate small molecules within their multicompartiment micellar structure. The nanoparticles are able to carry hydrophobic and hydrophilic payloads as well as oligonucleotides, which can be released upon a physiological trigger. In addition, the histidines in the primary sequence will support uptake to cells and subsequent proton sponge effect accelerating endosomal escape by its buffering capacity. Unlike most reported codelivery systems, our stimuli-responsive nanoparticles are purely peptidic in nature and therefore intrinsically biodegradable. In contrast to the previously reported peptidic codelivery system based on Fmoc-lysine-histidine constructs revealing sizes of up to 550 nm,<sup>224</sup> the diameters of the present nanoparticles match desired values for intravenous application. Furthermore, the implemented release mechanism is highly sensitive to a reduction potential in the cytosol to release coloaded payloads with great efficiency. All of these characteristics make our peptide nanoparticles a promising candidate for codelivery of multiple therapeutic payloads including hydrophobic Dox and plasmid DNA. Therefore, ongoing optimization experiments exploring the biocompatibility of these nanoparticles, their stability in animal blood serum, and *in vivo* biodistribution and pharmacokinetic studies are planned to improve this system into a functional delivery system with high therapeutic effects.

## 3.5 Supporting Information

### 3.5.1 Further Characterization of Nonloaded and Loaded Nanoparticles

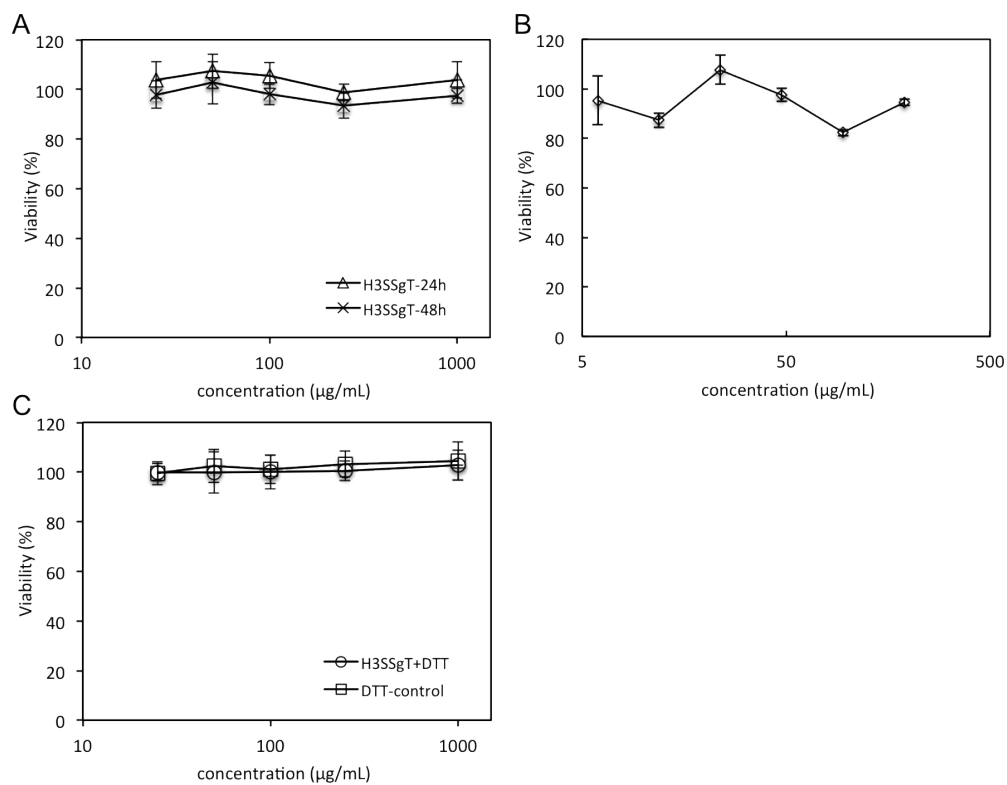


**Figure 34.** DLS of nonloaded H3SSgT peptide nanoparticles (A). SEM micrograph of nonloaded H3SSgT nanoparticles (B). Scale bar: 200 nm.



**Figure 35.** AFM profiles of DoxHCl-loaded H3SSgT peptide nanoparticles.

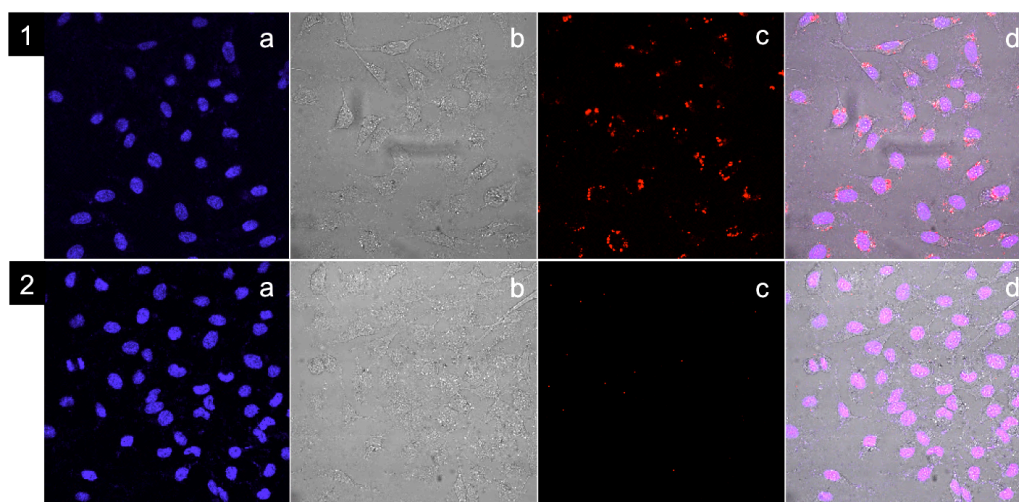
### 3.5.2 Toxicity Studies



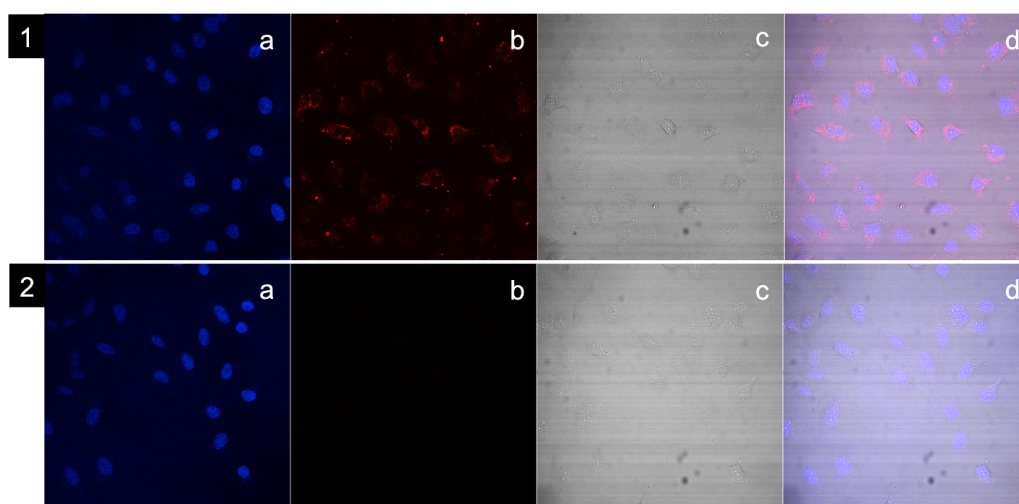
**Figure 36.** MTS cell viabilities of HeLa cells treated with H3SSgT nanoparticles for 24 and 48 h (A) and H3gT nanoparticles for 24 h (B). MTS viability of DTT treated H3SSgT (C). Values represent average  $\pm$  SD ( $n=5$  (A/C),  $n=3$  (B)).



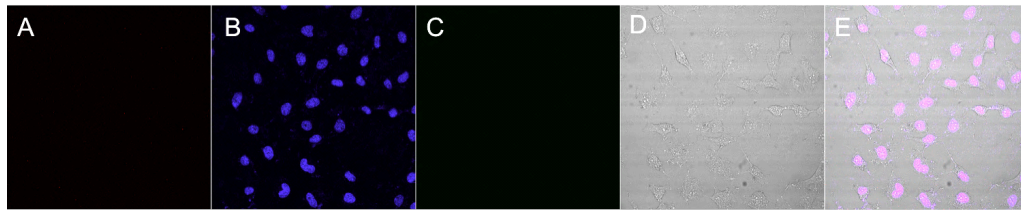
### 3.5.3 Cell Uptake of Singly Loaded Nanoparticles and Free Payloads



**Figure 37.** LSM micrographs of AON-loaded particle uptake to HeLa cells (1). Free AON on HeLa cells (2). Hoechst 33342 cell nuclei stain (a), transmission (b), AON (c), and merge (d).



**Figure 38.** LSM micrographs of BODIPY-loaded particle uptake to HeLa cells (1). Free BODIPY on HeLa cells (2). Hoechst 33342 cell nuclei stain (a), BODIPY (b), transmission (c), and merge (d).

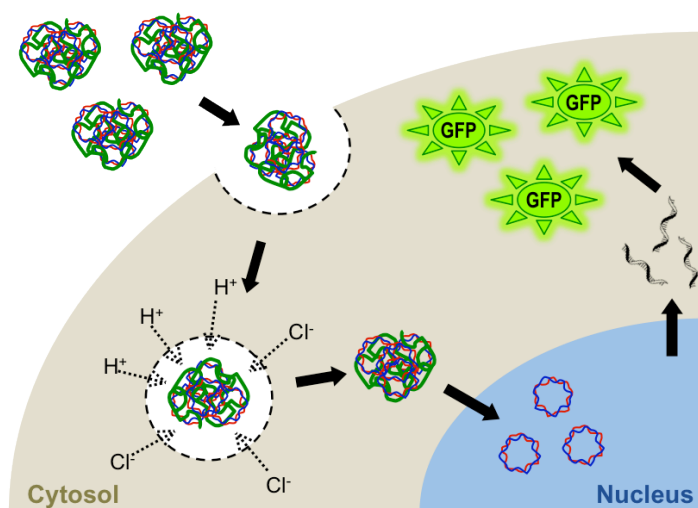


**Figure 39.** CLSM micrographs of HeLa cells incubated with a mixture of AON and BODIPY. AON (A), Hoechst 33342 cell nuclei stain (B), BODIPY (C), transmission (D), and merge (E).

# Chapter 4

## 4 Polylysine- and Polyhistidine-Based Amphiphilic Peptides for Plasmid DNA Transfection

The following chapter describes the development of transfection agents for plasmid DNA delivery self-assembled from amphiphilic peptides. Various peptide architectures, comprising different lengths of hydrophobic sequences, derived from gramicidin A, in conjunction with polyhistidine or polylysine are examined and discussed on their transfection performance and toxicity to mammalian cells.



**Figure 40.** Polylysine- and polyhistidine-based amphiphilic peptides condensing and delivering plasmid DNA to the cell nucleus inducing production of mRNA encoding for green fluorescent protein.

## 4.1 Abstract

In this study, amphiphilic peptides comprised of polylysine or polyhistidine in conjunction with hydrophobic sequences derived from gramicidin A are described and synthesized to study the effect of the lysine block length and the differences between polyhistidine and polylysine regarding gene delivery. The peptides were synthesized by standard Fmoc-based solid phase peptide synthesis. Peptide nanoparticles were formed by first condensing plasmid DNA (pDNA) at various nitrogen-to-phosphorus ratios (N/P-ratios) followed by self-assembly. pDNA-loaded constructs were thoroughly characterized and examined on their *in vitro* transfection performance using U87 cells. First, H3SSgT, introduced in chapter three, capable of codelivering and -releasing antisense oligonucleotides (AON) and small molecule drugs in a reduction-responsive manner was examined on its suitability for delivering pDNA. The N/P-ratios were optimized to 10 according to electrophoretic mobility shift assays (EMSA) and zeta-potential measurements. Incubation with reducing agent led to partial release of the incorporated pDNA. Secondly, the newly introduced polylysine peptides AcK6gA and K10gA were examined on their pDNA condensing and particle formation abilities. They revealed high pDNA-loading capability and formed nanoparticles similar in shape and size compared to pDNA-loaded H3SSgT nanoparticles. AcK6gA and K10gA nanoparticles achieved transfection efficacies at levels of the gold standard Lipofectamine (~60 %) while H3SSgT nanoparticles revealed a fourfold lower efficiency (15 %). Increased surface charge induced enhanced transfection efficiencies; however, it also led to elevated cytotoxicity, which is frequently observed for polycationic transfection agents. Intense GFP fluorescence of transfected U87 cells demonstrated functionality of the rationally designed amphiphilic peptides and suggests further optimization of the presented system to achieve a nontoxic highly efficient gene transfection agent.

## 4.2 Introduction

In the past decades, nonviral gene therapy gained considerable attention, due to a much better safety profile compared to viral gene delivery vectors.<sup>234</sup> A vast array of transfection agents have been developed based on polycations such as poly-L-lysine,<sup>235-237</sup> poly(ethyleneimine) (PEI),<sup>238-240</sup> and polyamidoamine (PAMAM).<sup>241,242</sup> However, the resulting polyplexes usually exhibit an excess quantum of positive charge, interacting with cell membranes and inducing lethal cytotoxicity, which remains a major challenge.<sup>79,80,243-246</sup> To overcome this drawback, polycations were conjugated to molecules with various physicochemical properties to promote nanoparticle formation driven by entropic forces. Numerous architectures of lipids, polymers, and peptides have been investigated on their capability of delivering nucleic acids (Chapter 1). In this chapter, we will focus on lysine- and histidine-rich molecular designs to achieve this goal via well-defined monodisperse peptide

sequences. While polylysine has exceptional nucleic acid condensing capabilities, polyhistidine has the additional feature of supporting the proton sponge effect and therefore, accelerating endosomal escape of the nanoparticles to the cytosol, which is essential for an effective treatment.<sup>247</sup>

Studies have shown that relatively short and defined polylysine sequences, conjugated to hydrophobic moieties are promising nontoxic transfection carriers. Pentalysine peptides were reported to have moderate nontoxic transfection capabilities when coupled to different lengths of hydrophobic peptide sequences.<sup>248</sup> Histidine–lysine peptides exhibit also great promise in nontoxic gene delivery. Various nonapeptides comprising histidines and lysines conjugated to PEI demonstrated increased gene transfection efficiency compared to bare PEI, thereby highlighting the positive transfection effect mediated by these peptides.<sup>249</sup> Also, polylysine–Tat constructs<sup>250</sup> and disulfide-linked histidine–arginine peptides<sup>251</sup> revealed promising transfection performances. Although, polylysine has been reported to be cytotoxic at certain conditions,<sup>252</sup> other studies have also shown nontoxicity and immunocompatibility of these peptides.<sup>253</sup>

Herein, we describe the design and synthesis of amphiphilic peptides comprising polylysine and hydrophobic sequences inspired from gramicidin A (gA). The sequences are constructed to interact with plasmid DNA via electrostatic interaction. Nanoparticles are formed by self-assembly of the amphiphilic molecules. The polylysine sequences were designed to contain a glycine spacer after every third amino acid, providing better flexibility of the peptides to arrange along the pDNA. The transfection efficiency was investigated using pDNA encoding for green fluorescent protein (GFP) and compared to previously introduced H3SSgT. Similarly, the cytotoxicity was evaluated using different methods.

## 4.3 Results and Discussion

### 4.3.1 Synthesis and Characterization of Peptides

In this study, AcK6gA and K10gA were examined on their capability to form nanoparticles with pDNA and compared to previously reported H3SSgT (Chapter 3). All peptides were synthesized on Rink amide resin using standard Fmoc solid phase peptide synthesis (SPPS) technique and purified via high performance liquid chromatography (HPLC). The hydrophilic regions of the newly introduced peptides consist of different lengths of polylysine separated by glycine after every third lysine to provide flexibility along the backbone, potentially increasing plasmid DNA condensing capabilities (Table 5). AcK6gA and K10gA bear hydrophobic sequences derived from gramicidin A (gA) while H3SSgT is equipped with a hydrophobic region comprised of gT, a truncated version of gA. AcK6gA was previously reported to form multilamellar structures when mixed with the oppositely charged glutamic acid analogue,<sup>28</sup> H3SSgT was described to form nanoparticles with sizes around 100–200 nm (Chapter 3). The codes and sequences of the peptides as well as the chemical composition of the linker-unit are listed in Table 5. Lysines and histidines are known to condense pDNA efficiently.<sup>227,254</sup> Furthermore, histidines or combinations of lysines and histidines promote cell uptake and have a positive effect on transfection efficiency.<sup>254-257</sup> The number of charges per molecule, chemical nature, and resulting cooperative effects of carrier molecules are crucial factors for pDNA binding and condensing abilities, which also affect cell uptake and transfection performance.<sup>258,259</sup>

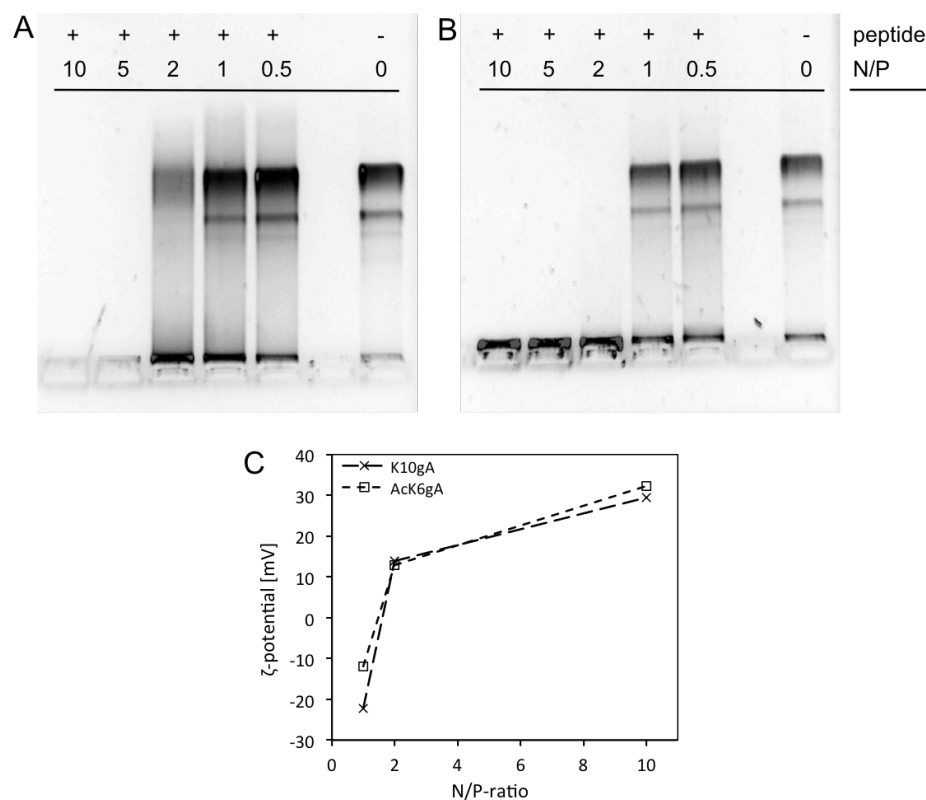
**Table 5. Codes, Sequences, and Chemical Structure of Amphiphilic Peptides and Reducible Linker, Including Molecular Masses.**

code/name	sequence/chemical structure	mass (g mol <sup>-1</sup> )
Z	-NH-(CH <sub>2</sub> ) <sub>2</sub> -S-S-(CH <sub>2</sub> ) <sub>2</sub> -NH-CO-(CH <sub>2</sub> ) <sub>2</sub> -CO-	
-gA	-V-G-A-DL-A-DV-V-DV-[W-DL] <sub>3</sub> -W-CONH <sub>2</sub>	1711.1
-gT	-[W-DL] <sub>3</sub> -W-CONH <sub>2</sub>	1100.3
H3SSgT	H <sub>2</sub> N-H <sub>3</sub> -Z-[W-DL] <sub>3</sub> -W-CONH <sub>2</sub>	1746.8
AcK6gA	Ac-K <sub>3</sub> -G-K <sub>3</sub> -V-G-A-DL-A-DV-V-DV-[W-DL] <sub>3</sub> -W-CONH <sub>2</sub>	2678.3
K10gA	H <sub>2</sub> N-K-[G-K <sub>3</sub> ] <sub>3</sub> -V-G-A-DL-A-DV-V-DV-[W-DL] <sub>3</sub> -W-CONH <sub>2</sub>	3263.1

### 4.3.2 Plasmid DNA Condensation and Nanoparticle Formation

The synthesized peptides AcK6gA, K10gA, and H3SSgT were used to form nanoparticles with pDNA via electrostatic interaction and subsequent self-assembly driven by the amphiphilic character of the peptides. The hydrophilic sequences were synthesized to

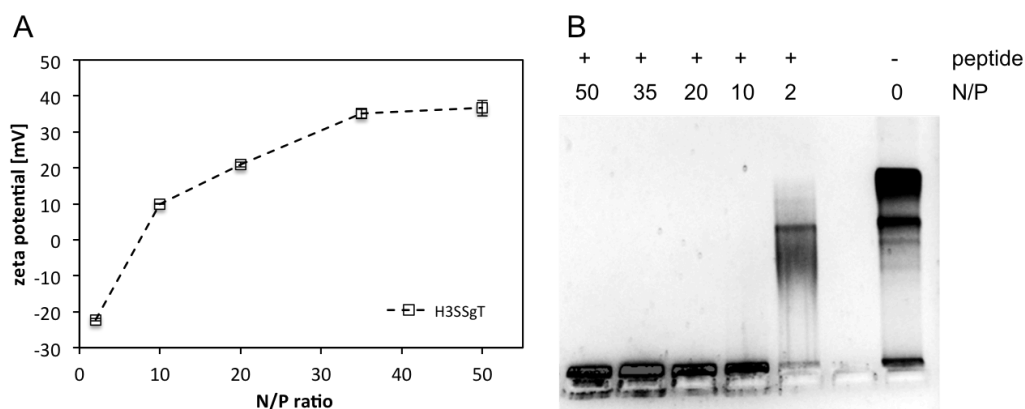
different lengths of polylysine (hexalysine and decalysine) or polyhistidine. Both amino acids differ in their  $pK_a$ . While lysine has a  $pK_a$  of 10.7 for the  $\epsilon$ -amino group, histidine exhibits a  $pK_a$  of 6.0 for the imidazole nitrogen. Plasmid DNA encoding for GFP was condensed within peptide nanoparticles at different N/P-ratios.



**Figure 41.** EMSA (1.2 % agarose gel) and zeta potential of pDNA-loaded AcK6gA and K10gA nanoparticles. pDNA-loaded AcK6gA nanoparticles at N/P-ratios of 0.5, 1, 2, 5, and 10 (A); pDNA-loaded K10gA nanoparticles at N/P-ratios of 0.5, 1, 2, 5, and 10 (B); zeta potential of pDNA-loaded AcK6gA and K10gA nanoparticles at N/P-ratios of 1, 2, and 10 (C).

In order to optimize the N/P-ratio of each individual peptide the binding abilities were determined by electrophoretic mobility shift assays (EMSA) using 1.2 % (w/v) agarose gels and zeta potential measurements. EMSA indicated a shift from partially bound pDNA at an N/P-ratio of 1 to fully condensed pDNA at an N/P-ratio of 5 for AcK6gA (Figure 41A). K10gA revealed complete condensation of pDNA at an N/P-ratio of 2 (Figure 41B), slightly lower compared to AcK6gA. This could be attributed to a cooperative binding effect. K10gA reveals a higher number of charges per molecule, which cooperatively supports overall condensation of pDNA, compared to AcK6gA. However, zeta potential measurements revealed rather similar values for both peptides, changing to positive surface charges above an N/P-ratio of 2 (Figure 41C). The required N/P-ratios for a complete pDNA condensation

are in the range of other reported peptide-based systems.<sup>260,261</sup> These indicate very effective pDNA-binding of the peptides via electrostatic interaction. It allows for the formation of moderately positively charged constructs presumably avoiding toxic effects emerging from interaction of positive charges with the phospholipid bilayer of cell membranes. The amphiphilic peptides probably arrange along the pDNA by electrostatic interaction and assemble subsequently to spherical nanoparticles through intermolecular hydrophobic interaction of the gA-sequence.



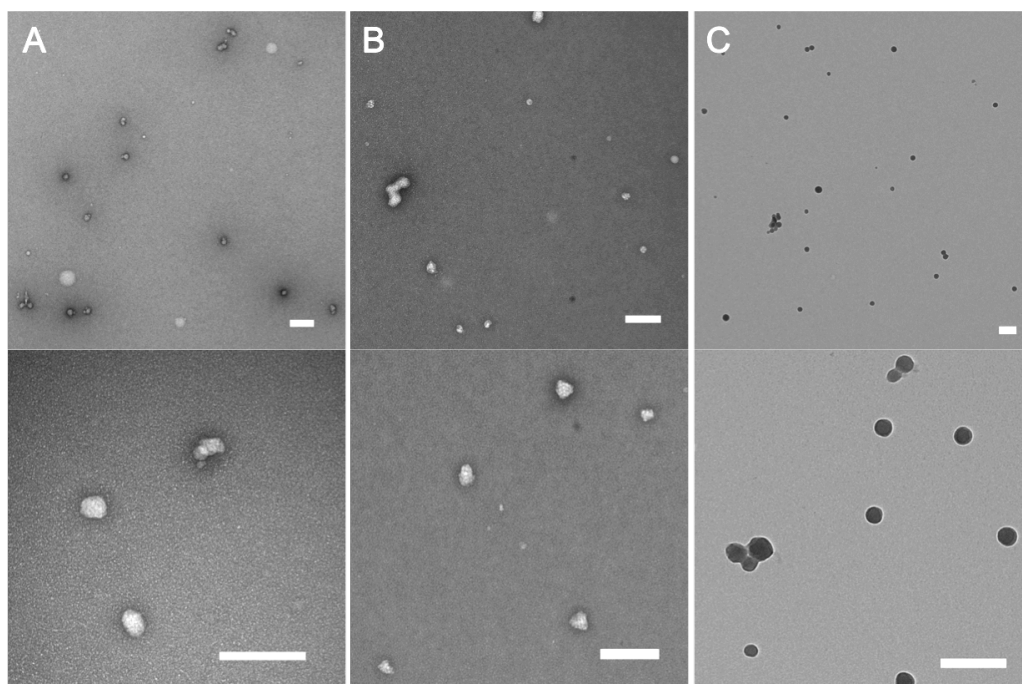
**Figure 42.** Zeta potentials and EMSA of H3SSgT-pDNA nanoparticles. Zeta-potentials (A), and EMSA (B) of GFP-encoding pDNA loaded H3SSgT nanoparticles using different N/P-ratios ranging from 2 to 50.

EMSA of H3SSgT, bearing a polyhistidine as pDNA condensing sequence revealed complete binding at an N/P-ratio of 10 (Figure 42A). However, the investigated values for N/P-ratios from 2 to 50 do not allow conclusive statements and comparisons to the former constructs built from AcK6gA and K10gA. Zeta potentials of pDNA-loaded H3SSgT nanoparticles were positive above N/P-ratios of 10 (Figure 42B), but comparably moderate in respect of the polylysine peptide nanoparticles (AcK6gA and K10gA). A slightly positive surface charge is known to support cell uptake and can lead to better efficiency;<sup>230,246,262</sup> however, higher surface charge density can also lead to protein corona formation and clearance<sup>231</sup> and toxic effects.<sup>243-245</sup> Moreover, noncharged particles tend to aggregate while charged analogs reveal repulsive interactions avoiding aggregation behavior. Thus, for further studies the nanoparticles were assembled using the lowest N/P-ratio to still obtain slightly positive zeta potential values.

TEM was used to assess the morphology and size of the nanoparticles, revealing spherical shapes and diameters of  $45 \pm 10$  nm for AcK6gA (N/P=5.5),  $53 \pm 13$  nm for K10gA (N/P=10), and  $60 \pm 13$  nm for H3SSgT (N/P=20) (Figure 43). The sizes are at the lower limit of the optimal range for drug/gene delivery carriers, which is generally regarded to be around 100–200 nm, also depending on shape, surface chemistry, and specific target cells.<sup>263</sup>



However, CALAA-01 for instance was reported to reveal the best efficacy at diameters of around 50 nm, therefore the obtained values lay in a promising range for being therapeutically active.<sup>264</sup>

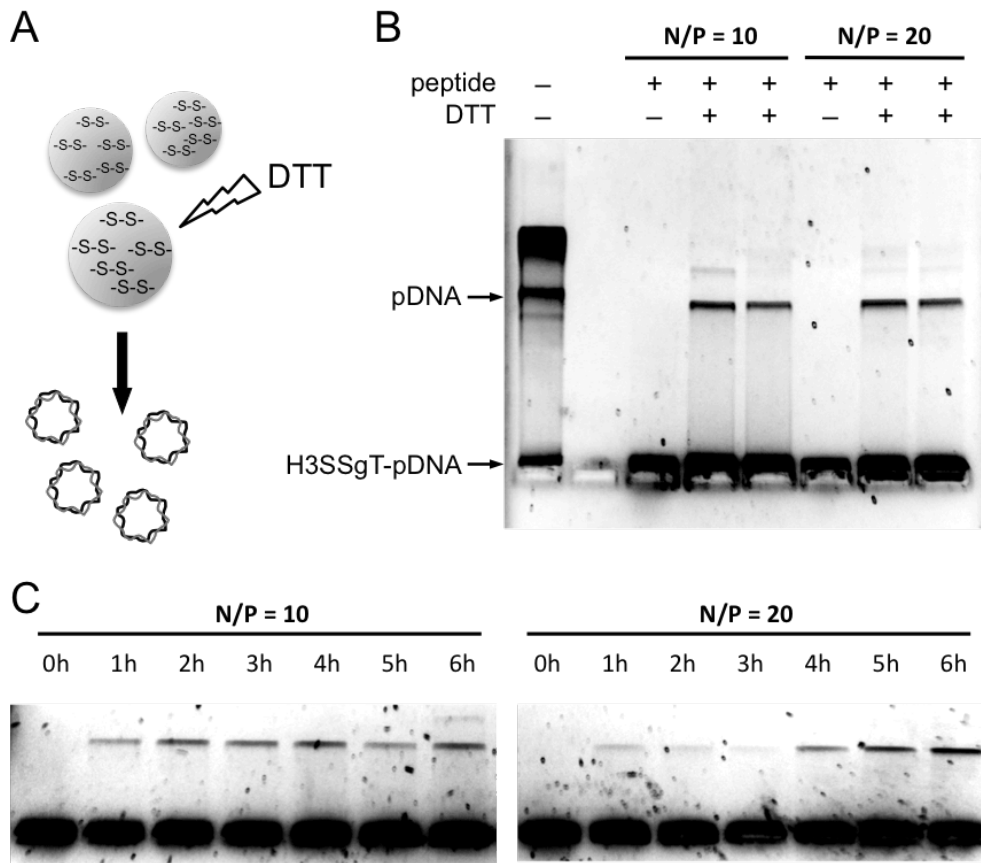


**Figure 43.** Representative TEM micrographs of pDNA-loaded peptide nanoparticles. pDNA-loaded AcK6gA (N/P=5.5) (A), K10gA (N/P=10) (B), and H3SSgT nanoparticles (N/P=20) (C). Scale bars: 200 nm.

### 4.3.3 Reduction Triggered Release of pDNA From H3SSgT Nanoparticles

Only H3SSgT among the other peptides in the present study carries a responsive linker as described in more detail in Chapter 3. The triggered release of pDNA *in vitro* was therefore only studied for this peptide. In contrast to codelivery of AON and small molecules, the peptide nanoparticles were assessed on their capability to carry and release larger nucleic acids (pDNA). pDNA was condensed within H3SSgT nanoparticles at N/P-ratios of 10 and 20 due to previously determined slightly positive surface charge, which is considered to promote cell uptake while preventing protein corona formation.<sup>230,231</sup> Reductive release of pDNA was subsequently assessed by EMSA after addition of reducing agent (DTT) (Figure 44A). Release of pDNA was observed for H3SSgT nanoparticles when incubated with DTT while nontreated nanoparticles revealed no band for noncondensed pDNA. However, a fair amount of pDNA is still condensed within the nanoparticles indicated by nonmigrated bands in the agarose gel (Figure 44B). pDNA release from H3SSgT nanoparticles with N/P-ratios

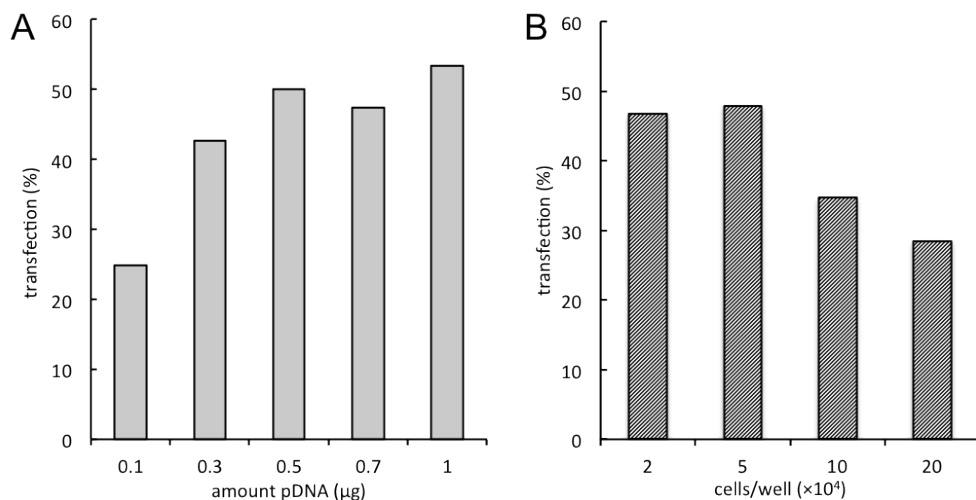
of 10 and 20 was monitored for 6 h. Faster release was observed at lower N/P of 10 compared to self-assemblies with an N/P of 20. Qualitative analysis of the gels revealed considerably slow release in contrast to previously reported AON-release profiles (Figure 44C). It can be attributed to the significantly larger size of the pDNA in contrast to AON, which possibly results in more entanglement and less defined assembly architecture. This could additionally alter the accessibility of the reduction responsive linker units within the nanoparticles. However, the results confirm release of pDNA in a slow manner when treated with reducing agent, which is advantageous regarding the protective properties, potentially prolonging therapeutic effects *in vivo*. The slow release indicates preserved functionality of the nanoparticles when loaded with the significantly larger plasmid DNA compared to AONs (Chapter 3).



**Figure 44.** Reductive degradation and pDNA release from peptide nanoparticles (A); Agarose gels: release after 24 h incubation with 200 mM DTT (B); Release of pDNA monitored over 6 h (C).

### 4.3.4 Transfection Studies

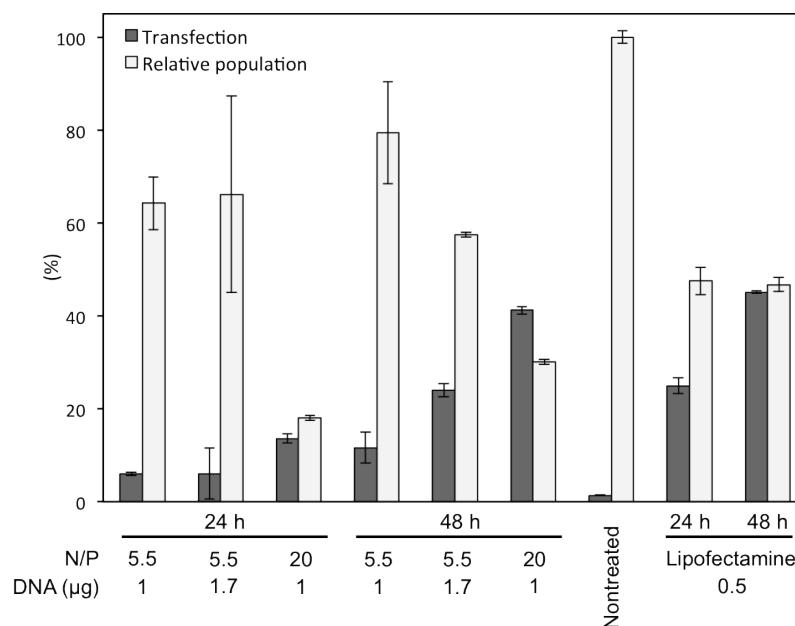
For testing the *in vitro* transfection performance of AcK6gA, K10gA, and H3SSgT peptide nanoparticles, they were loaded with GFP-encoding pDNA as reporter gene and subsequently applied to U87 cells. The transfection efficiencies were quantified via fluorescence levels of the expressed GFP. pDNA-loaded AcK6gA particles were formed using N/P-ratios of 5.5 and 20 to obtain slightly positively charged nanoparticles. For pDNA-loaded K10gA nanoparticles N/P-ratios of 10 and 20 were used for transfection studies. The nanoparticles were incubated with U87 cells and GFP expression levels were assessed 24 and 48 h after application using flow cytometry. Simultaneously, the populations of the gated cells (forward- vs. sidescattering) were determined, relative to a nontreated control, reflecting the compatibility of the nanoparticles with mammalian cells and potential toxicity caused by the peptide-pDNA constructs. These provide information about the ratio of viable cells to apoptotic, necrotic, and dead cells. The values were compared to Lipofectamine, applied at 0.5  $\mu\text{g}/\text{well}$  due to optimization experiments (0.1–1.0  $\mu\text{g}/\text{well}$ ) revealing no increase in transfection efficiency at amounts above 0.5  $\mu\text{g}/\text{well}$  (Figure 45). pDNA-loaded AcK6gA nanoparticles at an N/P-ratio of 5.5 were incubated with U87 cells to obtain 1.0  $\mu\text{g}$  and 1.7  $\mu\text{g}$  pDNA/well, respectively (Figure 46). At an N/P-ratio of 20, 1  $\mu\text{g}$  pDNA/well were applied. Flow cytometry analysis of AcK6gA nanoparticles incubated for 24 h revealed 6 % transfection and a relative population of around 65 % for both, 1.0 and 1.7  $\mu\text{g}$  pDNA/well (N/P=5.5). At an N/P-ratio of 20 a transfection efficiency of 14 % was obtained with a drastically decreased population (18 %) relative to nontreated control cells. After 48 h incubation, the transfection reached 12 % and 24 % for 1.0 and 1.7  $\mu\text{g}$  pDNA/well (N/P=5.5), respectively. The relative cell populations were calculated to 79 and 57 %. At N/P=20 transfection reached values of 41 % (relative population: 30 %). In comparison, the gold standard transfection agent Lipofectamine revealed transfection values of 25 and 45 % at 24 and 48 h incubation, respectively, revealing relative populations of around 48 % (Figure 46). The reverse proportionality of transfection efficiency and relative population with increasing pDNA amount and N/P-ratio can be attributed to the elevated levels of toxicity emerging from the positively charged particles interacting with the phospholipid bilayer of cell membranes.<sup>246</sup> This surface charge dilemma is well known for transfection agents and remains a major challenge in the development of effective and nontoxic gene delivery systems.



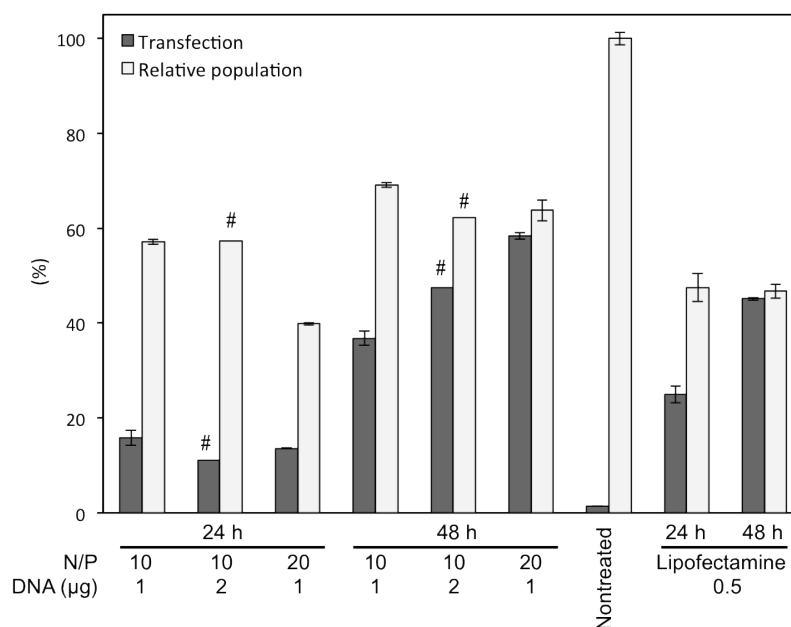
**Figure 45.** Flow cytometry optimization of pDNA amount (A) and number of cells (B) per well in 24-well cell culture plates for transfection experiments using Lipofectamine.

Similarly, pDNA-loaded K10gA nanoparticles were investigated on their transfection performance and toxicity using U87 cells (Figure 47). Incubation for 24 h led to comparable transfection efficiencies of 16 % and 11 % for 1.0 and 2.0 µg pDNA/well (N/P=10), respectively. For nanoparticles at an N/P-ratio of 20 (1.0 µg pDNA/well) a transfection efficiency of 14 % was obtained. Populations relative to nontreated control cells were found at 57 % (1.0 and 2.0 µg pDNA/well; N/P=10) and 40 % (1.0 µg pDNA/well; N/P=20). When incubated for 48 h, K10gA nanoparticles showed the same tendencies as observed for AcK6gA nanoparticles: delivery of 1.0 and 2.0 µg pDNA/well (N/P=10) revealed transfections of 37 and 47 %, respectively. Particles with N/P=20 showed 58 % transfection. In contrast to AcK6gA-NPs, K10gA-NPs were less toxic to U87 cells, indicated by relative populations of around 65 % (Figure 47), more than twice as high as for AcK6gA nanoparticles.

Transfection efficiency of pDNA-loaded H3SSgT nanoparticles was analyzed using previously determined N/P-ratio of 2, and compared to nanoparticles formed at an N/P-ratio of 50. The peptide nanoparticles were applied at 0.8 and 1.5 µg pDNA/well and analyzed using flow cytometry (Figure 48). At an N/P-ratio of 2, only marginal transfection of 3–4 % was obtained (0.8 and 1.5 µg pDNA/well) while cell populations were not altered by the nanoparticles and remained at around 80 % relative to nontreated cells. When using nanoparticles at N/P-ratio of 50, transfection efficiency up to 15 % was achieved, but the relative population of gated cells decreased to 50 and 30 % for 0.8 and 1.5 µg pDNA/well, respectively.

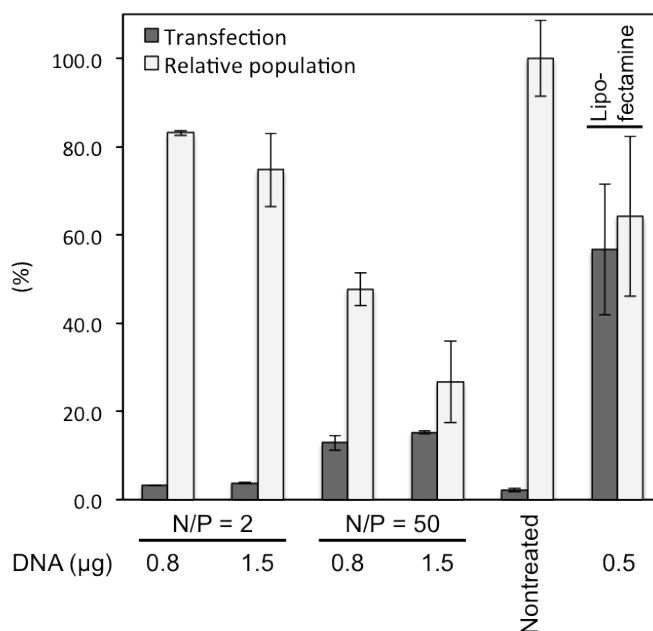


**Figure 46.** Flow cytometry transfection efficiencies and relative populations of GFP-transfected U87 cells using pDNA-loaded AcK6gA nanoparticles. Populations were gated according to a nontreated control. Each data point represents the average  $\pm$ SD of two individual experiment comprising  $10^4$  cells.



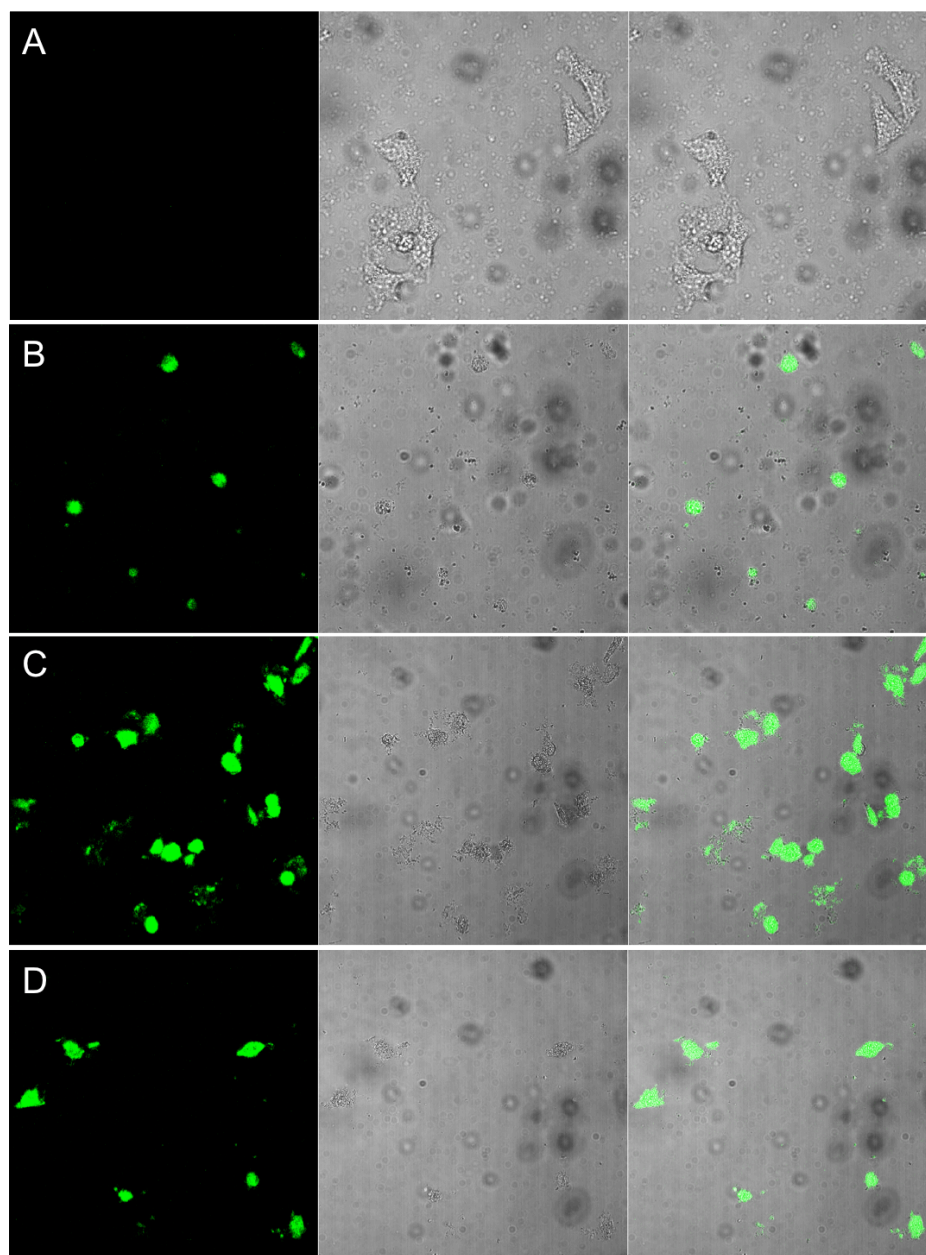
**Figure 47.** Flow cytometry transfection efficiencies and relative populations of GFP-transfected U87 cells using pDNA-loaded K10gA nanoparticles. Populations were gated according to a nontreated control. Each data point represents the average  $\pm$ SD of two individual experiment comprising  $10^4$  cells. #  $1 \times 10^4$  cells.

The transfection efficiencies are very promising for both, AcK6gA and K10gA nanoparticles; however, limited compatibility with cells, probably due to positive surface charges, demand for further improvement of the present system. pDNA-loaded H3SSgT nanoparticles revealed lower transfection efficiencies, but showed higher relative populations compared to the polylysine-based nanoparticles. These results are in agreement with reversed proportionality of transfection efficiency and toxicity/noncompatibility observed for AcK6gA and K10gA nanoparticles. The obtained transfection efficacies reflect not only the potential of such nanoparticles as gene delivery vectors, but also underline the importance of fine-tuning the molecular design to avoid toxic effects. Further investigations are needed to find optimal conditions for purely peptidic gene transfection based on amphiphilic peptides comprising polylysine or polyhistidine combined with a gramicidin A derived sequence.



**Figure 48.** Flow cytometry transfection efficiencies and relative populations of GFP-transfected U87 cells using pDNA-loaded H3SSgT nanoparticles. Populations were gated according to a nontreated control. Each data point represents the average  $\pm$ SD of two individual experiments comprising  $10^4$  cells.

GFP fluorescence of transfected cells was visualized using CLSM. The intense fluorescence signal for both constructs, AcK6gA (Figure 49C) and K10gA (Figure 49D), comparable to the positive control (Lipofectamine; Figure 49B) confirm the functionality of the present system. However, for all samples, including the positive control, a corny round shape of the cells was observed (Figure 49). This can be assigned to apoptotic cells and is in agreement with the decreased relative populations obtained from flow cytometry analysis. Therefore, further investigations are required to fully understand the diverse influences of the N/P-ratio and the nature of the nanoparticles on cell viability and transfection capability.

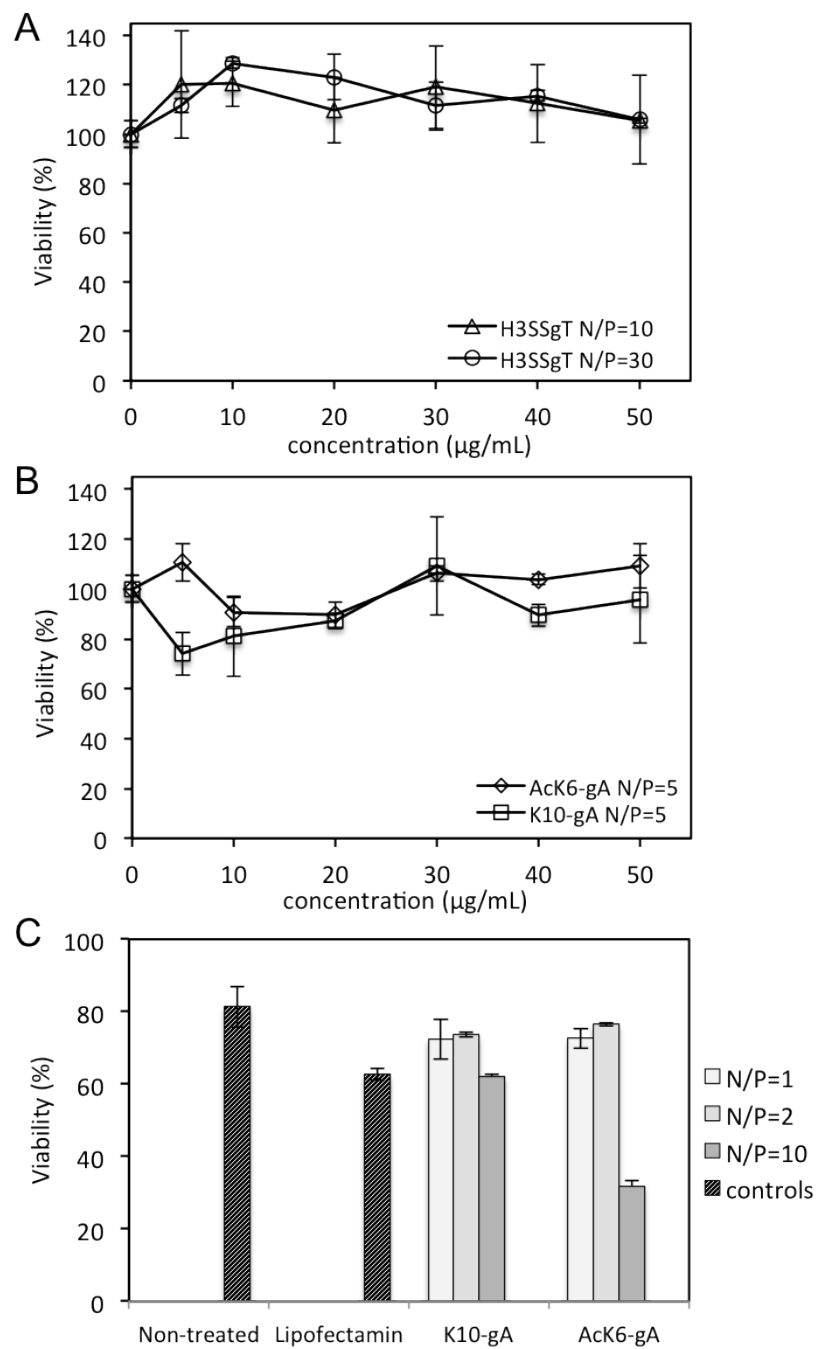


**Figure 49.** CLSM micrographs of GFP-transfected U87 cells. GFP emission (left), transmission (middle), and merge (right). Nontreated (negative control) (A), treated with Lipofectamine (positive control) (B), treated with pDNA-loaded AcK6gA nanoparticles (C), and treated with pDNA-loaded K10gA nanoparticles (D).

### 4.3.5 Toxicity Studies

To further investigate toxic effects of the created gene transfection agents MTS- and propidium iodide-assays were performed, in order to compare the results with relative populations obtained from transfection experiments (Transfection Section). MTS-assays of H3SSgT nanoparticles did not show any toxic effects even when applied alone (nonloaded nanoparticles; Figure 34, Chapter 3). Here, viabilities were evaluated for H3SSgT nanoparticles loaded with pDNA at N/P-ratios of 10 and 30. None of the tested concentrations in the range of 5–50  $\mu\text{g}/\text{mL}$  showed toxic effects (Figure 50A). Furthermore, AcK6gA and K10gA nanoparticles were assessed at an N/P-ratio of 5. The cell viability was not altered in the tested range of 5–50  $\mu\text{g}/\text{mL}$  (Figure 50B). In addition to MTS-assays, AcK6gA and K10gA were examined at three different N/P-ratios using a Hoechst 33342–propidium iodide assay, analyzed by flow cytometry to obtain the population of nonapoptotic cells. For both peptides lower N/P-ratios of 1 and 2 did not show apoptotic effects. In contrast, nanoparticles with an N/P-ratio of 10 revealed increased apoptosis for both, K10gA (62 % nonapoptotic cells) and AcK6gA (32 % nonapoptotic cells) (Figure 50C). These values match the results from flow cytometry analysis (Transfection Section) and qualitative observations using CLSM. Nontreated controls revealed a nonapoptotic population of 81 % and Lipofectamine showed 63 % nonapoptotic cells. The disagreement of the MTS-assays with other techniques used to determine compatibility with cells demonstrates that individual experimental setups can significantly influence the results. In addition, the method related quantification procedures possibly favor certain results by e.g. excluding apoptotic cells. As indicated in Figure 49 the cells were able to produce GFP but revealed a corny apoptotic shape. Similarly, the metabolic activity might be still intact to convert the tetrazolium compounds of the MTS-assay to formazan products, thereby reporting viable cells. However, toxicity is a frequently appearing problem in the development of gene delivery agents due to the nucleic acid condensing mechanism, requiring multiply charged carriers for achieving acceptable loading efficiency. Optimizing the developed system by reducing surface charges and fine-tuning peptide sequences potentially eliminate toxic effects of these nanoparticles and lead to a gene delivery system with high efficacy.





**Figure 50.** Viability of U87 cells treated with pDNA-loaded H3SSgT, AcK6gA, and K10gA nanoparticles. MTS assay of pDNA-loaded H3SSgT (N/P=10 and 30) (A) and AcK6gA and K10gA nanoparticles (N/P=5) (B). Hoechst 33342–propidium iodide assay of pDNA-loaded K10gA and AcK6gA nanoparticles at N/P-ratios of 1, 2, and 10 (C). Data represent average  $\pm$  SD (n=3).

## 4.4 Conclusion

The growing demand for nonviral gene delivery carriers requires smart nanoengineering of polycations. In the present study, novel vectors for pDNA delivery were developed and assessed on transfection efficiency and toxicity using GFP-encoding pDNA as a reporter gene. The carriers are based on a rational design of amphiphilic peptides to form nanoparticles after condensation of pDNA via electrostatic interactions. Peptide sequences were constructed from hydrophobic sequences derived from gramicidin A and combined with polylysine or polyhistidine that served as the condensing moieties. Three sequences were investigated: AcK6gA, K10gA, and H3SSgT. All peptides were capable of completely condensing pDNA at N/P-ratios of 2–10 forming particles with diameters of 40–60 nm. The slightly positive surface charge promote cellular uptake, and in case of H3SSgT endosomal escape is potentially supported by the histidines, which can buffer the proton sponge effect. pDNA-loaded H3SSgT nanoparticles revealed partial release of pDNA upon addition of reducing agent in a slow manner, possibly hindered by the size of the plasmid and the resulting entangled nanoparticle architecture. Nanoparticles assembled from lysine-based peptides revealed promising transfection efficiencies up to about 60 %, slightly higher compared to Lipofectamine (~ 50 %). Using pDNA-loaded H3SSgT nanoparticles a transfection efficiency of 15 % was achieved while preserving high relative population of gated cells referenced to nontreated cells. However, increasing positive surface charge simultaneously induced cytotoxicity, resulting in a reversed proportionality of transfection efficiency and toxicity. This is a widely reported phenomenon, challenging the development of efficient transfection agents and requiring a very careful adjustment of each individual gene delivery system. Further optimization of the presented peptide nanoparticles is necessary to eliminate toxicity while preserving transfection ability.

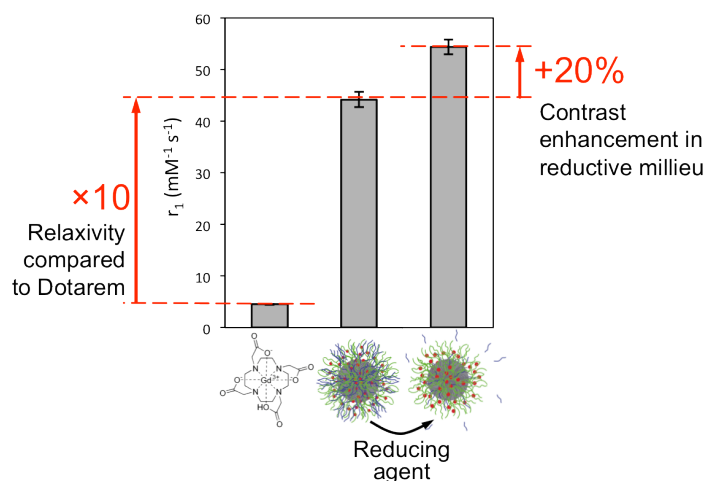
# Chapter 5

## 5 Nanoparticle-Based Highly Sensitive MRI Contrast Agents with Enhanced Relaxivity in Reductive Milieu

In this chapter, a highly sensitive, reduction-responsive MRI contrast agent is described. The contrast agent is coassembled from gadolinium-complexed heparin-PDMS and reduction-sensitive peptides, forming nanoparticles. Relaxivities are assessed by a human clinical MRI scanner and compared to a commercial contrast agent.

This chapter was submitted for publication:

Sigg, S. J.; Santini, F.; Najer, A.; Richard, P. U.; Meier, W.; Palivan, C. G. Nanoparticle-Based Highly Sensitive MRI Contrast Agents with Enhanced Relaxivity in Reductive Milieu. **2016**, submitted.



**Figure 51.** Coassemblies of gadolinium-complexed heparin-PDMS and a reduction-responsive peptide revealing high contrast in MRI. In reductive milieu the coassembled peptide is degraded that further increases contrast due to increased accessibility of water to the metal centers.

## 5.1 Abstract

Current magnetic resonance imaging (MRI) contrast agents often do not provide sufficient contrast for diagnosing early disease stages due to relatively low contrast efficacy. Additionally, sensing of biochemical environments by MRI probes is desirable to increase contrast even further. Here, we report a highly sensitive nanoparticle-based MRI probe with  $r_1$  relaxivity up to  $51.7 \pm 1.2 \text{ mM}^{-1}\text{s}^{-1}$ . The nanoparticles with diameters of about 45 nm were self-assembled from gadolinium-complexed heparin-poly(dimethylsiloxane) copolymer. Responsiveness to reductive environments was additionally introduced by incorporation of a reduction-sensitive amphiphilic peptide to the previous nanoparticle architecture. The loss of peptide components within a reductive milieu leads to an  $r_1$  relaxivity increase, therefore creating a higher contrast in MRI. This nanoparticle-based MRI probe is further characterized by low cellular uptake (max. 5.4 %), no apparent cellular toxicity (tested up to 1 mM  $\text{Gd}^{3+}$ ), absence of anticoagulation property (below detection limit), and high shelf stability (no increase in free  $\text{Gd}^{3+}$  over 7 months). In combination with the enhanced permeability and retention effect (EPR-effect), which is expected for nanoparticles with sizes around 50 nm, this highly sensitive MRI contrast agent serves as a promising probe for early diagnosis of cancer through possible accumulation and contrast enhancement within reductive extracellular tumor tissue.

## 5.2 Introduction

Magnetic resonance imaging (MRI) is a noninvasive technique widely used in diagnostics such as cardiovascular, neurological, and oncological imaging.<sup>166</sup> It relies on the manipulation of the nuclear spin of water protons by an external magnetic field to obtain an image. Contrast is generated by tissue-dependent variations in the longitudinal ( $T_1$ ) and transverse ( $T_2$ ) relaxation times of the proton nuclear spin. In order to induce additional contrast, chemical MRI contrast agents (CAs) are widely used. These are paramagnetic species that shorten  $T_1$  and  $T_2$  of the surrounding water protons. When the induced decrease in  $T_1$  and  $T_2$  is roughly the same, they are called positive CAs, in case  $T_2$  is altered to much higher extend, they are called negative CAs.<sup>265</sup> Positive CAs are predominantly built from gadolinium ions ( $\text{Gd}^{3+}$ ). Gadolinium increases the signal by decreasing the  $T_1$  relaxation time of water in its close proximity. The capacity of a CA is usually described by its relaxivity ( $r$ ), which is the change in relaxation rate ( $\Delta(1/T_1)$ ) normalized to the molar gadolinium concentration ( $[\text{Gd}]$ ) (Equation 1).<sup>265</sup>

$$r = \frac{\Delta(1/T_1)}{[\text{Gd}]} \quad (6)$$

However, the toxicity of free gadolinium requires it to be administered as a chelate, which in turn decreases the number of coordination sites available to water molecules, thus limiting the contrast enhancement. To date, nine gadolinium-based CAs are approved for clinical use,<sup>152</sup> typically revealing an  $r_1$  of about 4–5  $\text{mM}^{-1}\text{s}^{-1}$ .<sup>151</sup> Gadolinium-based CAs are small molecules, which passively distribute after their administration to patients.<sup>158</sup> The contrast enhancement achievable through the use of commercially available Gd-CAs is limited by their low efficiency, demanding for high doses.<sup>151,266</sup> To increase contrast enhancement of MRI CAs three main strategies are followed: modifying the chelator to increase free coordination sites at the metal center and thus exchange rates between bulk water and coordinated water; increasing concentration of gadolinium by accumulating multiple chelators within one molecule; and the formation of bulky assemblies to lower molecular tumbling ( $\tau_R$ ) as both, high water exchange rates and decreased molecular tumbling contribute to faster relaxation and higher contrast.<sup>166</sup> In this regard, nanosized macromolecular MRI probes of various architectures were reported, comprising micelles,<sup>267,268</sup> dendrimers,<sup>269,270</sup> vesicles,<sup>271-273</sup> and nanoparticles.<sup>166,274,275</sup> These exhibit higher relaxivities and allow for the introduction of stimuli responsiveness or combination with drug delivery for theragnostic approaches.<sup>276</sup>

Introducing specificity and responsiveness of the MRI CAs to distinct body environments, such as inflamed tissue or tumor microenvironments, allow for specific localization of pathogenic regions and diagnosis.<sup>166,277</sup> Therefore, individual gadolinium chelates were conjugated to build larger structures bearing high numbers of gadolinium-chelates, simultaneously decreasing  $\tau_R$  due to their size and rigidity. Both characteristics, high water exchange rates at the metal center and decreased molecular tumbling are contributing to fast relaxation of coordinating water molecules, creating higher contrast in MRI.<sup>166</sup>

However, moderate contrast enhancement and/or lacking responsiveness to specific triggers were main drawbacks encountered with these novel designs.<sup>166</sup> CAs able to respond to environmental characteristics of tissue, such as pH and redox potential, were developed in the past decade.<sup>278</sup> Recent reports describe polymer shielded gadolinium oxide nanoparticles revealing an  $r_1$  of around 6.5  $\text{mM}^{-1}\text{s}^{-1}$  after release of the polymer at acidic pH due to an increase in water exchange rate, compared to 0.7  $\text{mM}^{-1}\text{s}^{-1}$  at neutral pH.<sup>279</sup> Using the same principle, reducible cyclodextrin nanocapsules were constructed to entrap gadolinium-chelates. Reductive release of the chelates increased tumbling as the dominant factor, thus decreasing  $r_1$  from 15.2  $\text{mM}^{-1}\text{s}^{-1}$  to 8.2  $\text{mM}^{-1}\text{s}^{-1}$ .<sup>280</sup> Another approach describes the activation of gadolinium-chelate monomers to polymerize and self-assemble when adding reducing agent, what increased  $r_1$  from 3.9  $\text{mM}^{-1}\text{s}^{-1}$  to 8.3  $\text{mM}^{-1}\text{s}^{-1}$ .<sup>281</sup> These values are comparably small in regard of theoretically possible relaxivities<sup>151</sup> and are in the range of commercially available contrast agents ( $\sim 4\text{--}5 \text{mM}^{-1}\text{s}^{-1}$ ).<sup>151</sup> CAs combining high  $r_1$  relaxivity and responsiveness to physiological parameters at pathologic sites remains a major challenge.

In this respect, our aim herein is to develop a highly active and reduction-sensitive MRI contrast agent. Trivalent lanthanides, including gadolinium, were reported to have high affinity toward the glycosaminoglycans (GAGs) heparin<sup>282,283</sup> and hyaluronan (HA).<sup>284</sup> In addition, transchelation of gadolinium from FDA-approved, linear contrast agents to heparin was observed, indicating strong complexing abilities of this particular GAG.<sup>285</sup> Furthermore, heparin is a possible candidate to be exposed on nanoparticles for prolonged circulation time within the blood stream.<sup>286,287</sup> This allows using reduced doses of MRI CAs and efficient vasculature imaging at longer time scales.<sup>274,276</sup> Long-circulating nanoparticles can readily accumulate in tumor tissue via the leaky vasculature surrounding tumors (EPR-effect),<sup>288,289</sup> which increases efficacy of cancer imaging.<sup>290,291</sup> The elevated GSH-levels in the extracellular environment of tumors, compared to nonmalignant cell, can be chosen as trigger to increase image contrast.<sup>292,293</sup>

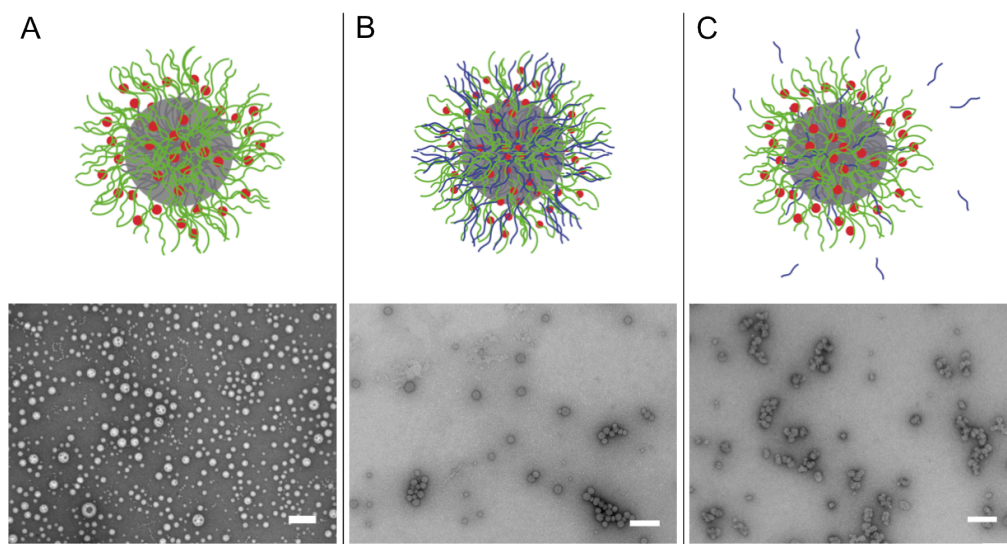
Therefore, we designed and synthesized an amphiphilic heparin-poly(dimethylsiloxane) (hepPDMS) block copolymer being capable of self-assembling into nanoparticles and offering complexation sites for gadolinium. In order to implement responsiveness towards environments with increased reducing properties, a disulfide linked amphiphilic peptide was synthesized via SPPS on a Rink amide resin. This peptide was then coassembled with previously complexed hepPDMS-Gd copolymer to obtain a reduction-sensitive MRI CA. The peptide sequence bears a reducible linker connecting the hydrophobic L-tryptophan-D-leucine repeating unit and the oligohistidine (H3SSgT) as reported in Chapter 3. The amphiphilic peptide was designed to interact with hepPDMS-Gd via the polyhistidine sequence to coassemble into peptide-hepPDMS-Gd nanoparticles (p-hepPDMS-Gd-NPs). This novel approach using natural chelators for developing a highly sensitive nanoparticulate MRI CA and additionally implement sensitivity to reducing environments via coassembly with a peptidic component offers a promising direction for future optimization and application of these nanoparticles.

## 5.3 Results and Discussion

### 5.3.1 Gadolinium Complexation, Nanoparticle Formation, and Characterization

Inspired by the strong  $Gd^{3+}$  complexing ability of the natural GAG heparin<sup>282,285</sup> and the long blood circulation behavior of heparinized nanoparticles<sup>286,287</sup> we designed a heparin-based nanoparticle system intended for highly sensitive MRI contrast enhancement. We synthesized an amphiphilic heparin-poly(dimethylsiloxane) (hepPDMS) copolymer, which self-assembles into nanoparticles under aqueous conditions.<sup>294</sup> HepPDMS was obtained by coupling commercial heparin polysaccharide with commercial PDMS (5 kDa) via reductive

amination, which typically yielded 25 heparin repeating units per PDMS chain (5 kDa), as previously reported.<sup>294</sup> HepPDMS nanoparticles (hepPDMS-NPs) were subsequently formed by the solvent exchange method, starting from 50% ethanol to water via dialysis. Similarly to previously reported self-assemblies formed by hepPDMS in PBS,<sup>294,295</sup> the obtained assemblies revealed a small spherical nanoparticle morphology (transmission electron microscopy (TEM),  $19 \pm 3$  nm, and dynamic light scattering (DLS),  $44 \pm 16$  nm) (Figure 61A,B (Supporting Information)). The observed size difference between TEM and DLS can be attributed to the drying effect in TEM. The accessibility of heparin on the surface of the NPs was quantified by the Farndale microassay giving a concentration of accessible heparin of  $1170 \pm 42$   $\mu\text{g}/\text{mL}$  for nanoparticles built from an initial hepPDMS concentration of  $4.25$   $\text{mg}/\text{mL}$ .

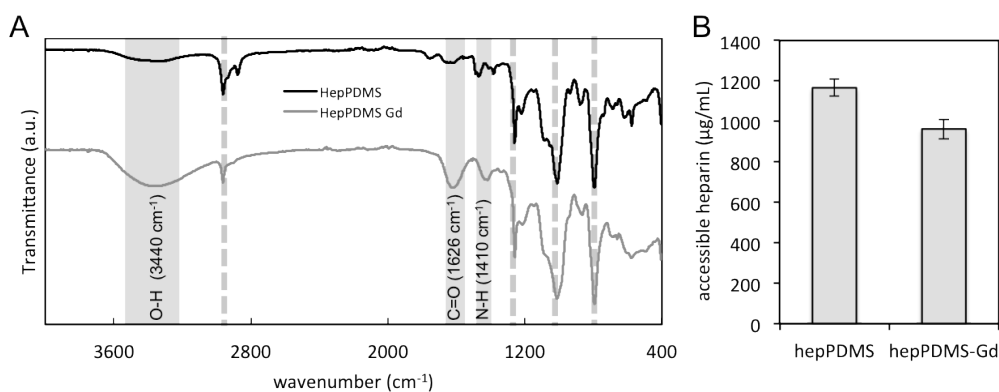


**Figure 52.** Schematic representation and TEM micrographs of hepPDMS-Gd-NPs (A), p-hepPDMS-Gd-NPs before (B), and after (C) addition of DTT. Scale bars: 200 nm.

To create a nanoparticle-based gadolinium MRI CA, hepPDMS was incubated with a solution of  $\text{GdCl}_3$  (6.5 eq.) in 50% ethanol at pH 7.0 in order to complex Gd to the heparin block of the copolymer, which comprises highly negative charged trisulfated disaccharide repeating units, reported to possess high affinity to lanthanides.<sup>282,283</sup> Nanoparticles were obtained as described above, whereas non-complexed gadolinium was simultaneously removed during the dialysis step, yielding hepPDMS-Gd nanoparticles (hepPDMS-Gd-NPs). DLS and TEM measurements showed particles sizes of  $51 \pm 22$  nm and  $45 \pm 16$  nm (Figure 60 (Supporting Information) and Figure 52A), respectively. The shift in size compared to hepPDMS-NPs (Figure 61A,B (Supporting Information)) can be attributed to decreased surface charges lowering the repulsive force between molecules, thus allowing a more dense structure. Successful complexation of gadolinium to the heparin-block of

hepPDMS-NPs was shown by Fourier transform infrared spectroscopy (FTIR). A frequency shift to lower values as well as peak line shape broadening is expected in FTIR when metals have bound to the heparin block.<sup>296</sup>

FTIR showed the O-H stretching at  $3440\text{ cm}^{-1}$ , C=O stretching vibrations at  $1626\text{ cm}^{-1}$ , N-H bending at  $1410\text{ cm}^{-1}$ , and symmetrical ( $1240\text{ cm}^{-1}$ ) and asymmetrical ( $1043\text{ cm}^{-1}$ ) stretching of the S=O bond ( $\text{NH-SO}_3^-$  and  $\text{CH}_2\text{-SO}_3^-$ )<sup>297</sup> of heparin for hepPDMS-NPs (Figure 53A). The slightly decreased frequencies for these functional groups, when complexed with gadolinium (hepPDMS-Gd), as well as broadening of the peaks indicated interaction of gadolinium to the heparin of hepPDMS. The absorption at  $1100\text{ cm}^{-1}$  is the asymmetric and symmetric stretching of two siloxane bonds of the PDMS block, which remained the same after complexation with gadolinium. The signal at  $800\text{ cm}^{-1}$  is the out-of-plane and at  $1259\text{ cm}^{-1}$  the in-plane bending or scissoring vibrations of Si-CH<sub>3</sub> of the PDMS block (Figure 53A).<sup>298</sup> This confirms that no interaction occurred between the hydrophobic block of the copolymer and gadolinium, as expected.



**Figure 53.** FTIR spectra of hepPDMS-NPs and hepPDMS-Gd-NPs (A). Grey dashed lines are the PDMS absorptions; grey regions indicate the gadolinium interaction to the heparin block. Surface accessible heparin as measured by Farndale microassay (B). Data represent average  $\pm$  SD ( $n=3$ ).

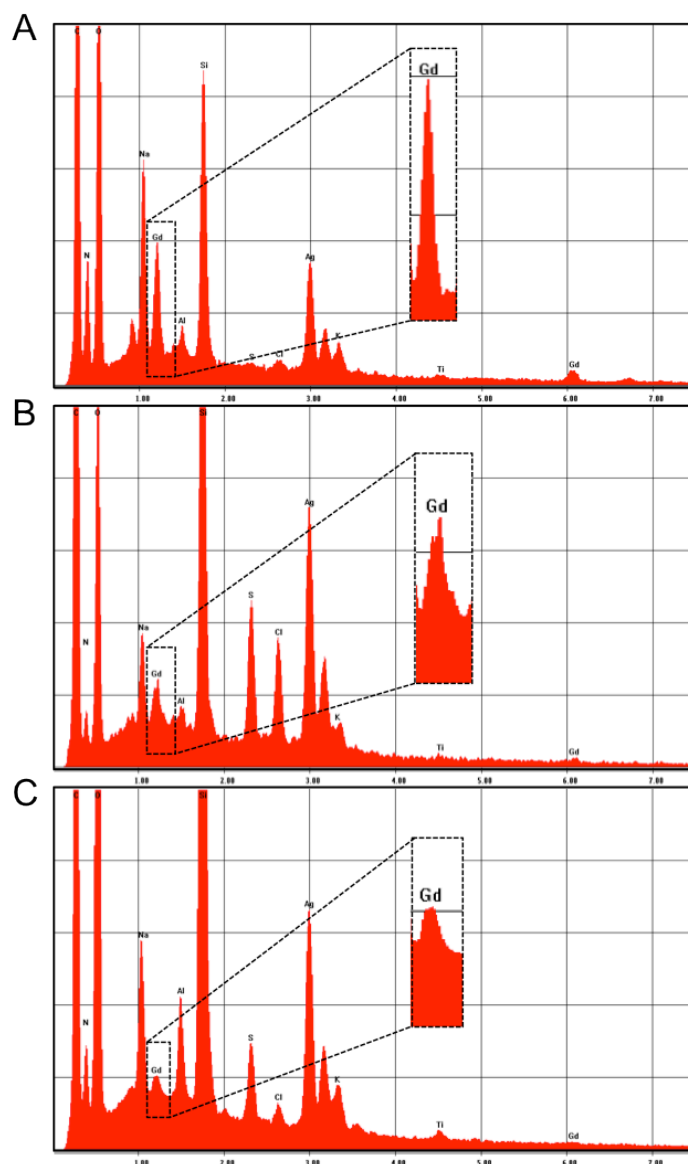
Complexation of gadolinium to the heparin block of hepPDMS was further confirmed by a Farndale microassay that showed significant decrease of accessible heparin chains on nanoparticles from  $1170 \pm 42\text{ }\mu\text{g/mL}$  (hepPDMS-NPs) to  $960 \pm 49\text{ }\mu\text{g/mL}$  (hepPDMS-Gd-NPs) due to partial occupation of the dye-binding sites on heparin by  $\text{Gd}^{3+}$  (Figure 53B). The concentration of gadolinium complexed within the hepPDMS-NPs was determined to be  $0.93\text{ mM}$  by inductively coupled plasma optical emission spectroscopy (ICP-OES), which is 77 % of the initial gadolinium concentration. It demonstrates the high complexing abilities of hepPDMS and allows for creation of a high gadolinium-density within the nanoparticles, necessary for contrast enhancement in MRI.



In order to introduce additional reduction-sensitivity to our nanoparticle-based MRI CA the reduction-responsive amphiphilic peptide H3SSgT (0.5 mg/mL) was coassembled with previously complexed hepPDMS-Gd to yield p-hepPDMS-Gd-NPs. The formed nanoparticles were similar in size (TEM:  $43 \pm 10$  nm; DLS:  $57 \pm 38$  nm) and shape compared to hepPDMS-Gd-NPs (Figure 60 (Supporting Information) and Figure S2B). They are around four fold smaller compared to particles assembled from peptide (H3SSgT) alone (190 nm; Chapter 3), indicating that the obtained nanoparticles were coassembled from both hepPDMS-Gd and H3SSgT. A negligible population of larger intensity weighted diameters ( $>300$  nm) was also observed and can be attributed to purely peptidic nanoparticles. Using higher concentrations of peptide (2 mg/mL) induced formation of large aggregates coexisting beside the coassemblies (Figure 61C,D). Therefore, further characterization of coassemblies was conducted using the lower peptide concentration (0.5 mg/mL).

Energy dispersive X-ray spectroscopy (EDX) analysis showed colocalization of gadolinium and sulfur (from the disulfide in the peptide and from hepPDMS) within the particles (Figure 54). The expected interaction of histidine residues of the peptide with the heparin block of hepPDMS when coassembled was analyzed using Farndale microassays. The coassembled peptide decreased the accessibility of heparin from  $1020 \pm 82$   $\mu\text{g/mL}$  to  $760 \pm 85$   $\mu\text{g/mL}$  heparin. Since the assay monitors the accessible heparin, the cationic dyes used in the assay need to align on heparin to produce a signal, the values represent the situation on the surface of the nanoparticles rather than in their core. Thus, it also demonstrates the steric hindrance originating from the coassembled peptides. Zeta potential measurements revealed slightly different values of  $-55.0 \pm 0.5$  mV for p-hepPDMS-Gd-NPs compared to NPs assembled without peptide  $-58.0 \pm 0.3$  mV (hepPDMS-Gd-NPs). However, the changes in zeta potential are rather small emerging from the fact that heparin is the most negatively charged biological macromolecule.<sup>299</sup> At H3SSgT/hepPDMS-Gd ratios suitable for coassembly the amount of histidines is not sufficient to neutralize the charge of heparin, resulting highly negatively charged NPs. The preservation of heparin-characteristic on the nanoparticle surfaces after Gd-complexation and self-assembly provides the desired properties for potential prolonged blood circulation time,<sup>286,287</sup> required for accumulation in tumor regions via the EPR-effect and subsequent contrast enhancement for MRI diagnostics.<sup>290,291</sup>

To characterize size and morphology changes of p-hepPDMS-Gd-NPs upon reductive stimuli, they were treated with 10 mM dithiothreitol (DTT) in HEPES buffer at pH 7.2 resulting in slightly decreased diameters of  $41 \text{ nm} \pm 8 \text{ nm}$  by TEM and  $44 \pm 19$  nm by DLS, as compared to hepPDMS-Gd-NPs (Figure 60 (Supporting Information) and Figure S2C).

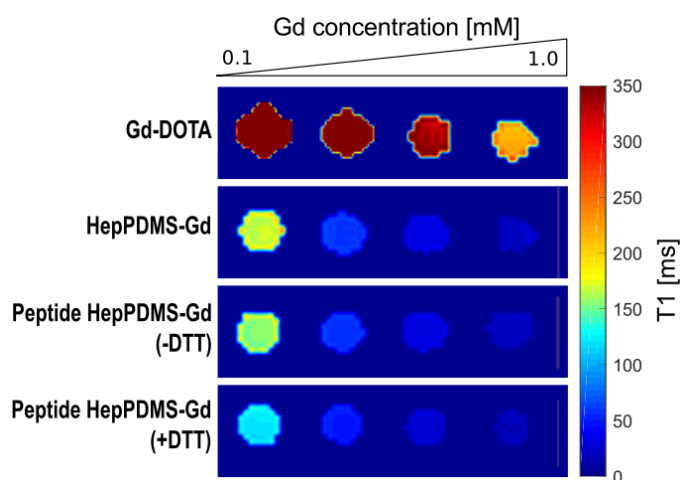


**Figure 54.** EDX-spectra of Gd-DOTA (A), hepPDMS-Gd-NPs (B), and p-hepPDMS-Gd-NPs (C).

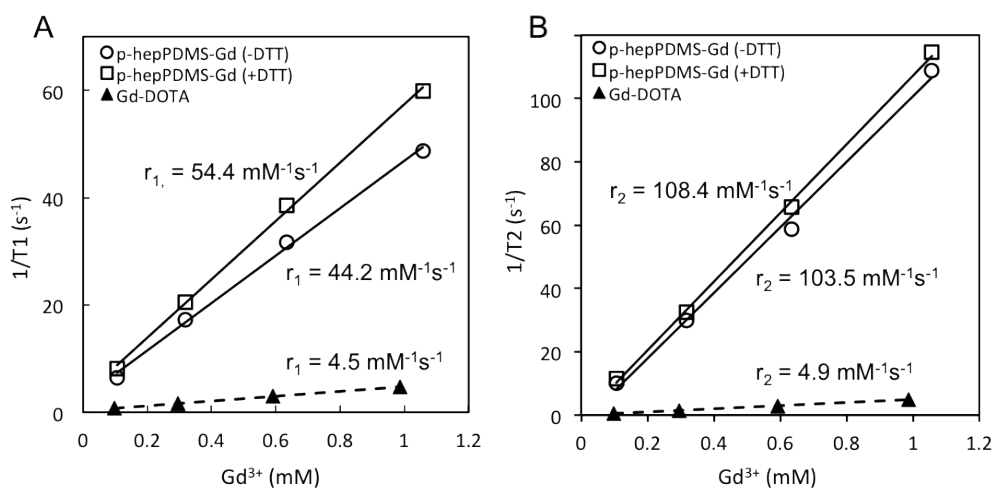
### 5.3.2 MRI-Analysis

The suitability of these  $\text{Gd}^{3+}$ -complexed nanoparticles for decreasing the  $T_1$  relaxation time of surrounding water, thus increasing  $r_1$  for better MRI contrast, was investigated on a 3 T human clinical MRI scanner. As a reference we tested commercial gadolinium-1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetic acid (Gd-DOTA), which is one of the most frequently applied clinical MRI CA. Gd-DOTA revealed  $T_1$  relaxation times in a range of 1360 ms at 0.10 mM gadolinium and 213 ms at 0.99 mM gadolinium (Figure 55, Table 6

(Supporting Information)), resulting in an  $r_1$  of  $4.5 \pm 0.1 \text{ mM}^{-1}\text{s}^{-1}$  (Figure 56), which is in agreement with literature values.<sup>150</sup> When gadolinium was complexed within hepPDMS nanoparticles the water relaxation time was tremendously decreased ranging from 164 ms at 0.093 mM to 20.2 ms at 0.93 mM. This resulted in an  $r_1$  value of  $51.7 \pm 1.2 \text{ mM}^{-1}\text{s}^{-1}$ , which is more than an order of magnitude higher than for clinically used Gd-DOTA. This can be attributed to the different binding mode of gadolinium to heparin compared to the cyclic DOTA, creating faster exchange rates at the metal centers and decreased tumbling due to the size of the nanoparticles.



**Figure 55.**  $T_1$  weighted MR image of Gd-DOTA, hepPDMS-Gd-NPs, p-hepPDMS-Gd-NPs (-DTT), and p-hepPDMS-Gd-NPs (+DTT), recorded on a 3 T human MRI scanner. Detailed gadolinium concentrations of the different nanoparticles are summarized in Table 6 (Supporting Information).



**Figure 56.**  $1/T_1$  curves (A) and  $1/T_2$  curves (B) of p-hepPDMS-Gd (-DTT), p-hepPDMS-Gd (+DTT), and Gd-DOTA. Slopes provided the  $r_1$  and  $r_2$  as indicated.

When coassembled with the reduction-responsive H3SSgT, p-hepPDMS-Gd-NPs revealed higher  $T_1$  values ranging from 154 ms at 0.11 mM gadolinium to 20.8 ms at 1.10 mM gadolinium (Figure 55, Table 6 (Supporting Information)), resulting in a decreased  $r_1$  of  $44.2 \pm 1.5 \text{ mM}^{-1}\text{s}^{-1}$  compared to purely hepPDMS-Gd-based nanoparticles. This can be associated with increased density within the coassembled particles due to close arrangement of the peptidic histidines to the heparin block of the copolymer, thereby sterically hindering water to access and coordinate to the metal centers, which decreases relaxivity. After treatment with reducing agent (DTT) the  $T_1$  relaxation times significantly changed back towards lower values ranging from 124 ms at 0.11 mM gadolinium to 16.7 ms at 1.06 mM gadolinium (Figure 55, Table 6 (Supporting Information)). Releasing the coassembled peptide by reduction revealed an increase in  $r_1$  of about 20% to  $54.4 \pm 1.5 \text{ mM}^{-1}\text{s}^{-1}$  (Figure 56), which is again close to the value of NPs assembled from hepPDMS-Gd alone. This increase in relaxivity observed in reductive environment can be used to obtain increased contrast for cancerous tissue based on the elevated GSH-levels in extracellular space of tumors.<sup>292,293</sup> The slight difference compared to hepPDMS-Gd-NPs can be explained by the lack of a highly ordered assembly due to the degradation and dissociation of one assembly partner. Analysis of  $T_2$  relaxation rates revealed similar tendencies, when compared to Gd-DOTA. For hepPDMS-Gd-NPs a transverse relaxation rate,  $r_2$ , of  $162.6 \pm 17.8 \text{ mM}^{-1}\text{s}^{-1}$  was obtained. For particles coassembled with H3SSgT,  $r_2$  was determined to be  $103.5 \pm 5.0 \text{ mM}^{-1}\text{s}^{-1}$  and  $108.4 \pm 2.5 \text{ mM}^{-1}\text{s}^{-1}$  after DTT-treatment. These values are, similar to the increase in  $r_1$ , more than one order of magnitude higher, compared to Gd-DOTA ( $4.90 \pm 0.03 \text{ mM}^{-1}\text{s}^{-1}$ ).

### 5.3.3 EPR-Analysis

In order to further characterize the ability of the created contrast agent to decrease  $T_1$  and  $T_2$  as demonstrated by MRI analysis, we performed EPR measurements to obtain the transverse electronic relaxation time ( $T_{2e}$ ), which is expected to reveal lower values for gadolinium-complexed nanoparticles compared to Gd-DOTA. Gadolinium has an  $^8S_{7/2}$  single ion ground state and a nuclear spin value of  $1/2$ . The spin Hamiltonian of the  $\text{Gd}^{3+}$  ion is based on the Zeeman electronic interaction and the zero-field interaction:

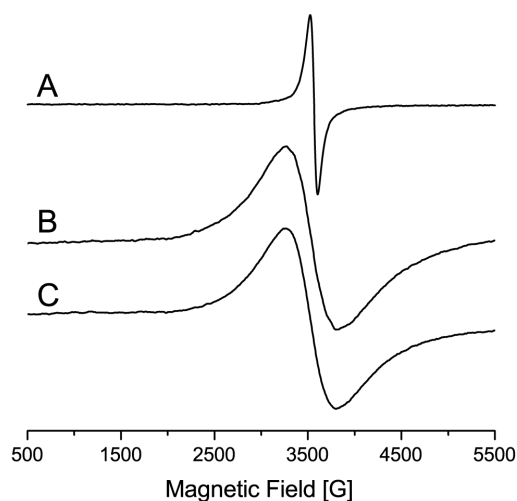
$$\mathcal{H} = g\beta BS + D \left[ S_Z^2 - \frac{1}{3}S(S+1) + E(S_X^2 - S_Y^2) \right] \quad (7)$$

where  $g$  is the gyromagnetic factor of the S-state,  $D$  and  $E$  are the zero-field splitting (ZFS) parameters.<sup>300</sup> If the system is characterized by a strong Zeeman interaction, significantly higher than the crystal field, the EPR spectrum appears as a single very broad line with a  $g$ -factor of around 2.00. In the opposite situation in which the crystal field is strong, the EPR spectrum is complex with additional lines appearing both with  $g$ -values significantly higher than 2 and lower than 2. In the case of Gd-complexed nanoparticles (hepPDMS-Gd-NPs and p-hepPDMS-Gd-NPs) and Gd-DOTA the EPR spectra at 298 K have gyromagnetic factors

of around 2.00 within experimental errors (Table 7 (Supporting Information)), with no additional lines at higher or lower  $g$ -values (Figure 57). Compared with Gd-DOTA spectrum, the EPR spectra of coassemblies consist of very broad lines. They differ from Lorentzian lines, and might be described as a superposition of two lines with different intensity and peak-to-peak widths, as already reported for Gd-complexes in aqueous solution (Figure 57).<sup>301</sup> EPR line widths ( $\Delta H_{pp}$ ) allow the calculation of the transverse electronic relaxation rates,  $1/T_{2e}$  using Equation 8:<sup>302</sup>

$$\frac{1}{T_{2e}} = \frac{g\mu_B\pi\sqrt{3}}{h} \Delta H_{pp} \quad (8)$$

Where  $\mu_B$  is the Bohr magneton, and  $h$  the Plank constant. The more intense paramagnetic component has been taken into account when  $\Delta H_{pp}$  have been calculated. The relaxation rate at a field of 0.34 T for Gd-DOTA was calculated as  $1.31 \times 10^9 \text{ s}^{-1}$ ,<sup>303</sup> whilst the relaxation rates for hepPDMS-Gd-NPs, and p-hepPDMS-Gd-NPs were  $6.56 \times 10^9 \text{ s}^{-1}$ , and  $5.98 \times 10^9 \text{ s}^{-1}$ , respectively.



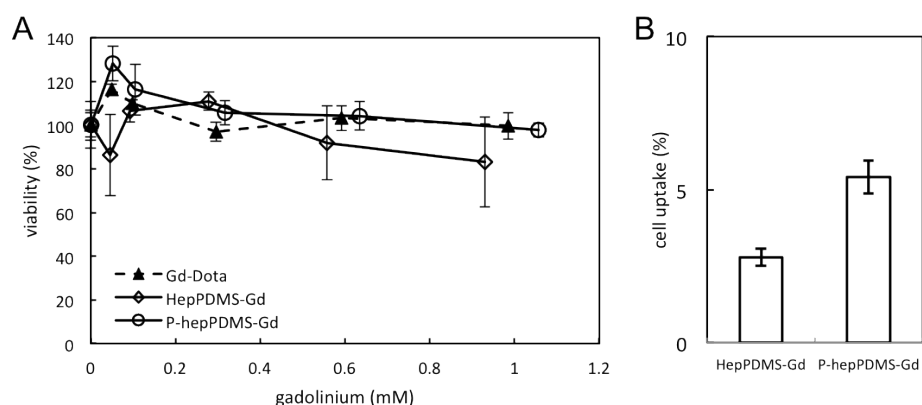
**Figure 57.** EPR spectra of Gd-DOTA (A), hep-PDMS-Gd-NP (B), and p-hep-PDMS-Gd-NP (C).

The significant difference between the transverse electron spin relaxation rate corresponding to Gd-DOTA and those of Gd-complexed NPs indicate that intramolecular dipole-dipole interactions between close Gd(III) ions in the case of Gd-complexed NPs induce the decrease of  $T_{2e}$ ,<sup>304</sup> in addition to a slower rotational correlation time due to the difference in their size. Our results are in agreement with previous reports indicating that the increased proton relaxivity was associated with the formation of rigid micelle-like structures in aqueous solution.<sup>302</sup> The slight difference in the transverse electron spin relaxation rate between hepPDMS-Gd-NPs and p-hepPDMS-Gd-NPs indicate an effect of the coassembled peptide, as it has been intended in order to decrease Gd accessibility. Given the lack of a reliable

theory of electron spin relaxation for macromolecular Gd-systems, especially in a complex system as the Gd-complexed NPs we point out only in a qualitative manner that intramolecular dipole-dipole mechanism contributes to the electronic relaxation. D-values were estimated based on the  $\Delta B$  values between the central line and the edge line of lower magnetic field in the EPR spectrum (the supposed position of this line to induce the significant broadening of the overall line), and using a formula valid in the first order of the perturbation theory:  $D = \Delta B / 6$ . Electronic relaxation in  $Gd^{3+}$  complexes is generally explained in terms of a zero-field splitting interaction. However, due to the broad EPR overall shape, the ZFS tensors contribute only to enlargement of the EPR linewidth and therefore, a precise estimation was not possible (we restrict only to the estimation of  $\Delta H_{pp}$ ).

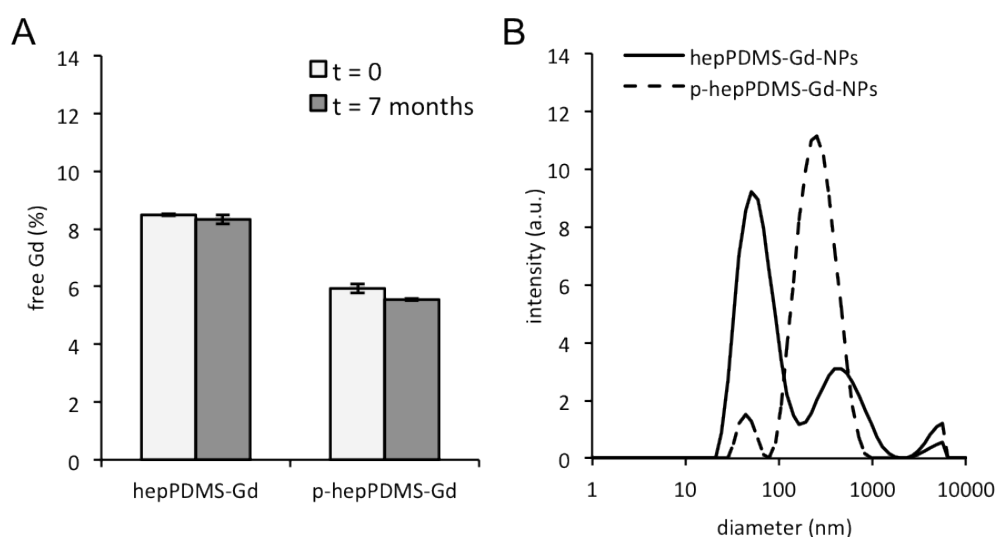
### 5.3.4 In Vitro Evaluation

The promising increase in relaxivity  $r_1$  of hepPDMS-Gd-NPs, p-hepPDMS-Gd-NPs, and DTT-treated p-hepPDMS-Gd-NPs indicate their potential for high contrast in MRI. A first obstacle to address is nonspecific cellular toxicity. This was tested in cell viability studies using HeLa cells and various concentrations of p-hepPDMS-Gd-NPs, hepPDMS-Gd-NPs, and commercial Gd-DOTA. None of the particles revealed any cellular toxicity at the tested concentration range up to about 1.0 mM gadolinium (Figure 58A). The absence of cellular toxicity could be attributed to low cellular uptake based on the highly negative surface charge on our nanoparticles. This was tested by incubation of hepPDMS-Gd and p-hepPDMS-Gd nanoparticles with HeLa cells, subsequent washing, digestion and quantification of Gd content using ICP-OES. We found only marginal uptake of 2.8 and 5.4 %, respectively (Figure 58B). This is advantageous due to desired long-circulation time within the blood stream, for which low cellular uptake is needed, and subsequent fast removal from the body.



**Figure 58.** MTS viability assay of HepPDMS-Gd-NPs and p-hepPDMS-Gd-NPs compared to commercial contrast agent Gd-DOTA (A). Cell uptake of hepPDMS-Gd-NPs and p-HepPDMS-Gd-NPs (B). Data represent average  $\pm$  SD ( $n=3$ ) (A); average  $\pm$  10% deviation by ICP-OES (B).

Leakage of free gadolinium ions from the nanoparticles is associated with toxicity concerns and represents another hurdle for translation towards an *in vivo* applicable MRI CA. Free gadolinium ions in solution were quantified using a xylenol orange colorimetric assay. HepPDMS-Gd-NPs showed 8.5% free gadolinium relative to the total amount, whereas p-hepPDMS-Gd-NPs revealed 5.9% free gadolinium. After incubation for seven months at room temperature the level of free gadolinium was not elevated (8.3% and 5.6%, respectively); however, the nanoparticles partly rearranged to larger sizes, particularly for peptide coassemblies (Figure S9). This can be explained by slow sedimentation and subsequent aggregation of the nanoparticles. Stability of the nanoparticles was also investigated by incubation in cell growth media. The sensitivity of the assay was limited due to cross interaction of the colorimetric assay with the culture media. Nevertheless, the measured gadolinium levels remained below the detection limit of about 1  $\mu\text{M}$ . This level can be seen as noncritical regarding the normally applied concentrations of 0.1–0.3 mmol/kg<sup>305</sup> for commercial MRI CAs with an  $r_1$  of 4–5  $\text{mM}^{-1}\text{s}^{-1}$  and LD50 values for gadolinium of 0.5 mmol/kg in rats.<sup>306</sup>



**Figure S9.** Free Gadolinium before and after incubation for 7 months at room temperature (A). Size distribution after incubation for 7 months (B).

The third obstacle for our nanoparticle system is the known anticoagulation property of heparin, which we want to avoid for MRI imaging applications. The anticoagulation activity was evaluated using standard anti-Xa assays. Anticoagulation activity was below the limit of detection of the assay ( $<0.1$  U/mL) for hepPDMS-Gd-NPs and p-hepPDMS-Gd-NPs at concentrations of 700 and 580  $\mu\text{g}/\text{ml}$  accessible heparin (=135 and 110 U/ml), respectively. This indicates that the anticoagulation ability of heparin was greatly reduced by conjugation to PDMS and subsequent nanoparticle formation. The specific pentasequence of heparin

needed for anticoagulation activity might be mainly hidden within the self-assembled nanostructures. The developed reduction-sensitive constructs serve as a very promising candidate toward functional high-relaxivity MRI CAs.

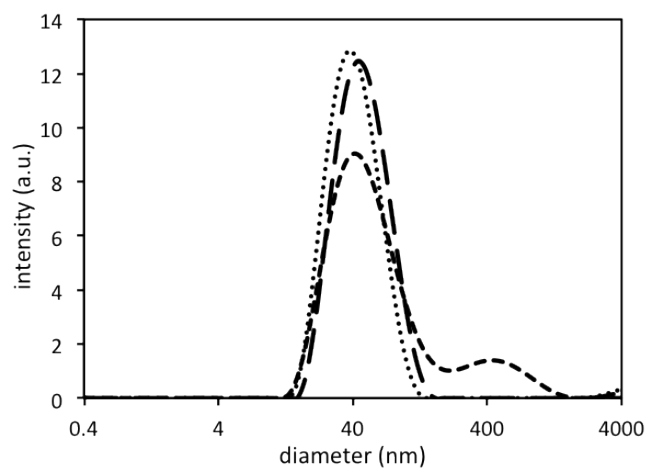
## 5.4 Conclusion

Responsive high-relaxivity MRI contrast agents are highly demanded for clinical diagnostics. P-hepPDMS-Gd-NPs fulfill numerous key criteria for being used as responsive high-relaxivity CAs. The developed CAs coassembled from gadolinium-complexed hepPDMS and reduction-sensitive peptide H3SSgT, forming spherical nanoparticles with diameters of about 45 nm. These nanoparticles revealed an  $r_1$  relaxivity of  $44.2 \text{ mM}^{-1}\text{s}^{-1}$ , that is tenfold higher compared to the gold standard Gd-DOTA ( $4.5 \text{ mM}^{-1}\text{s}^{-1}$ ). Treatment of the particles with reducing agent increased  $r_1$  by about 20% to  $54.4 \text{ mM}^{-1}\text{s}^{-1}$ . The high levels of  $r_1$  allow use of significantly lower doses while preserving enough contrast for diagnostics. In addition, the triggered enhancement of  $r_1$  enables localization of regions with increased reduction potential, such as cancerous tissue. *In vitro* cell assays demonstrated low cellular uptake and absence of cellular toxicity of the assembled nanoparticles. Furthermore, they did not show any anticoagulation activity *in vitro* and the stability at room temperature is provided for at least seven months, as demonstrated by constant levels of free gadolinium. All these characteristics make our reduction-sensitive coassemblies a promising candidate to be used as functional high-relaxivity MRI CAs.

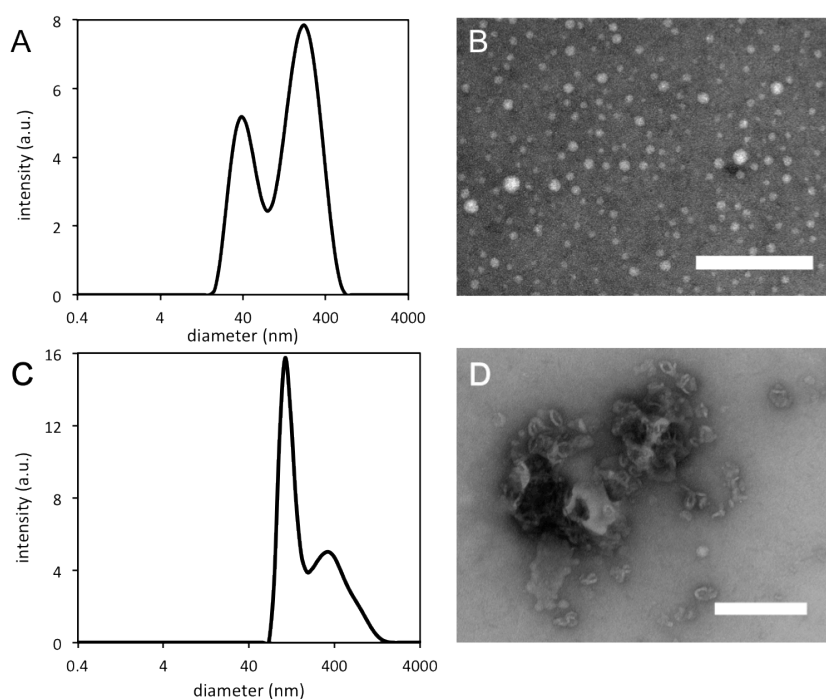


## 5.5 Supporting Information

### 5.5.1 Nanoparticle Characterization



**Figure 60.** DLS of gadolinium-complexed nanoparticles. HepPDMS-Gd-NPs (broken line), p-hepPDMS-Gd-NPs before (dashed line), and after (dotted line) treatment with DTT.



**Figure 61.** DLS (A) and TEM (B) of hepPDMS-nanoparticles. DLS (C) and TEM (D) of coassemblies formed by using 2 mg/mL H3SSgT peptide. Scale bars: 200 nm.

### 5.5.2 MRI data

**Table 6. Concentrations, longitudinal ( $T_1$ ) and transversal ( $T_2$ ) relaxation times of Gd-DOTA, hepPDMS-Gd-NPs, p-hepPDMS-Gd-NPs (-DTT), and p-hepPDMS-Gd-NPs (+DTT).**

	Gd-concentration (mM)	$T_1$ (ms)	$T_2$ (ms)
Gd-DOTA	0.986	213	204
	0.591	334	341
	0.296	632	680
	0.099	1360	1870
hepPDMS-Gd-NPs	0.930	20.2	6.8
	0.558	31.9	14.9
	0.279	59.8	30.5
	0.093	164	94.9
p-hepPDMS-Gd-NPs (-DTT)	1.057	20.5	9.2
	0.634	31.6	17.0
	0.317	57.9	33.6
	0.106	154	98.5
p-hepPDMS-Gd-NPs (+DTT)	1.057	16.7	8.7
	0.634	25.9	15.2
	0.317	48.6	30.7
	0.106	124	86.8

### 5.5.3 EPR data

**Table 7. EPR parameters and transverse electronic relaxation rates ( $T_{2e}$ ) of Gd-DOTA and Gd-complexed NPs.**

Complex	g	$\Delta H_{pp}$ (G)	$T_{2e}$ (ns)
Gd-DOTA	1.980	96	0.77
hepPDMS-Gd-NPs	2.003	430	0.15
p-hepPDMS-Gd-NPs	2.013	390	0.17

# Chapter 6

## 6 General Conclusion and Outlook

In this thesis, short amphiphilic peptides were designed for various biomedical applications. Peptides are particularly interesting due to their intrinsic biocompatibility and biodegradability, which are essential for *in vivo* applicability. The peptide sequences were constructed utilizing gramicidin A inspired hydrophobic regions combined with hydrophilic regions featuring desired and tailor-made properties and functionalities for intended application. Two different hydrophobic regions were used: gA and gT. The sequence of gA is similar to gramicidin A, whereas the gT sequence is based on a truncated version bearing the essential L-tryptophan-D-leucine repeating unit, exhibiting a  $\beta$ -turn secondary structure in aqueous solution. This specific spatial arrangement generates a highly hydrophobic character by hiding the peptidic backbone in the inner core and presenting the side chains (tryptophan and leucine) to the outer environment. In this thesis four projects were conducted, each with different requirements of peptide properties and features.

The first project aimed for the production of peptide nanoparticles for theragnostic purposes, i.e. condensing diagnostic and therapeutic requirements down into one nanoparticle design. An elegant way is the incorporation of gold nanoparticles, due to their high optical density and thermoplasmonic properties. The former allows detection in diagnostic imaging, the latter enables triggered release of entrapped payload upon external stimuli, such as near infrared light. Nanoparticle-forming amphiphilic peptides were C-terminally modified with cysteine for binding to gold nanoparticles, thereby allowing them to subsequently assemble to composite peptide-gold nanoparticle superstructures. The obtained densely packed gold nanoparticle superstructures contain individual gold nanoparticles separated by a peptide bilayer. We proved that these amphiphilic peptides are capable of serving as scaffolds for gold nanoparticles, highlighting the strong driving forces to self-assemble in aqueous solution. These nanoparticles might find application in diagnostics, being used for probing cellular uptake pathways, or for real-time drug delivery imaging.

The second project focused on creating a codelivery carrier for antisense oligonucleotides and small molecule drugs. Such systems are crucial for combined treatments to combat multidrug resistance or to exploit synergistic effects of drug-gene or drug-drug combinations. Therefore, amphiphilic peptides were engineered bearing moieties to condense nucleic acid payloads and/or hydrophilic payloads and a hydrophobic region able to entrap small drugs upon self-assembly. The peptides were further equipped with a reduction-sensitive linker for triggered decomposition and cargo release in physiologic conditions at diseases sites. Straightforward rational design combining desired features within one peptide sequence led to noncytotoxic peptide nanoparticles with sizes optimal for biomedical applications (100–150 nm). The created nanoassemblies were able to carry hydrophilic, nucleic acid, and hydrophobic payloads. Further, they revealed high coload efficiency and were highly sensitive to reductive trigger releasing both payloads in a fast manner. This novel codelivery system is further characterized by effective cell uptake (with and without serum) and high therapeutic efficacy delivering the hydrophilic model drug DoxHCl. Further investigations towards application and therapeutic effects *in vivo* will prove the functionality of the developed system and support the versatile applicability.

The third project addressed the development of amphiphilic peptides bearing polylysine hydrophilic regions to achieve gene transfection *in vitro*. Two peptides were assessed, carrying different lengths of polylysine coupled to a gA sequence and compared to the peptide designed in the second project (H3SSgT). All peptides showed good plasmid DNA condensing abilities and formed nanoparticles in appropriate sizes for biomedical applications. Subsequent transfection experiments revealed high efficiencies. However, due to high positive charge excess cytotoxicity emerged when applied to cells. The cytotoxicity increased proportionally to the transfection efficiency, which might be explained by permeabilization of cell membranes by the lysines, allowing nanoparticles to pass and induce production of mRNA while the survival rate decreased significantly. Apart from the negative effects on cells under these particular conditions, the presented purely peptidic nanoparticle architectures show very promising potential towards highly potent gene transfection agents. However, further optimization and fine-tuning is necessary to obtain nontoxic gene delivery carriers with high efficacy. Promising strategies include the combination of lysines and histidines in the hydrophilic sequence featuring strong DNA condensation abilities, cell uptake and endosomal escape while excessive surface charge is prevented. Moreover, introduction of nuclear localization sequences could possibly lead to more effective transport through the nuclear pores, thereby enhancing efficiency.

The fourth project aimed at the development of a highly sensitive MRI contrast agent. Therefore, we used an amphiphilic block copolymer bearing a hydrophilic block of heparin, known to possess high affinity to trivalent lanthanides such as gadolinium. Gadolinium is widely used as a positive contrast agent to increase contrast in MRI due to its high paramagnetism. The heparin was combined with a hydrophobic block of poly(dimethylsiloxane) to obtain an amphiphilic block copolymer that self-assembles into

nanoparticles. The constructed contrast agent revealed relaxivities of more than one order of magnitude higher ( $44 \text{ mM}^{-1}\text{s}^{-1}$ ) compared to commercially available contrast agents ( $\sim 4 \text{ mM}^{-1}\text{s}^{-1}$ ). For achieving triggered contrast enhancement, the copolymer was coassembled with a reduction responsive amphiphilic peptide. Physiologic amounts of reducing agent resulted in a relaxivity increase from 44 to  $54 \text{ mM}^{-1}\text{s}^{-1}$ , which is about 20%. Important properties such as its nontoxicity, lack of anticoagulation activity, and stability over seven months regarding gadolinium release suggest this reduction-responsive highly sensitive MRI contrast agent as very promising candidate for selective contrast enhancement at disease sites.

In summary, the present dissertation demonstrates, that rational design of amphiphilic peptides can lead to multifunctional, biocompatible, and biodegradable nanoarchitectures self-assembled in a well-defined manner. Functionality is introduced by point mutations in the peptide sequence; however, caution must be taken because small changes in the primary sequence can strongly influence the subsequent secondary structure and self-assembly behavior. The projects presented here provide an array of tailor-made amphiphilic peptides, tuned to distinct properties required for their intended applications. The presented results strongly suggest further studies exploring biologic and pharmacologic parameters such as biocompatibility, biodistribution, and circulation times to advance these systems to *in vivo* applications with high therapeutic and diagnostic efficacy. Furthermore, the diverse functionalities could be extended and/or combined toward theragnostic systems by e.g. combining MRI contrast enhancement capability with triggered codelivery performance. Also, using payloads, which are known to exhibit synergistic effects when applied in combination would allow to thoroughly evaluating the benefits of these nanoparticles regarding the therapeutic efficacy. Future research activities must also focus on the modification of these nanoparticles with specific targeting moieties to further advance their multifunctionality and specificity. Targeting moieties can be introduced as part of the peptide sequence or linked to the peptide post-synthesis. Furthermore, functionalization of the nanoparticles with nuclear localization sequences might enhance the efficiency of gene delivery to cell nuclei due to better transport across the nuclear envelope.



# Chapter 7

## 7 Experimental

### 7.1 Materials

All reagents and materials were of the highest commercially available grade and were used without further purification, unless mentioned differently. Rink Amide AM resin (0.71 mmol/g), 2-(6-chloro-1*H*-benzotriazole-1-yl)-1,1,3,3-tetramethyluronium hexafluorophosphate (HCTU) and Fmoc-Trp(Boc)-OH were obtained from IRIS Biotech GmbH. Boc-Cystamine-Suc-OH was purchased from IRIS Biotech GmbH and converted into Fmoc-Cystamine-Suc-OH amino acid as described previously.<sup>307</sup> Other amino acids were purchased from Novabiochem. Dimethylformamide (DMF) was obtained from J.T. Baker, ethanol (96 %) F15 and dichloromethane from Brenntag Schweizerhall AG, *N,N*-diisopropylethylamine (DIPEA) from VWR, and acetonitrile (ACN) from Fisher Scientific. BODIPY 630/650 was purchased from Invitrogen. Atto550-labeled, 22-mer oligonucleotide (5' TAA CAG GAT TAG CAG AGC GAG G3') was obtained from Microsynth. Doxorubicin hydrochloride (DoxHCl) (98%) was purchased from Beijing Zhongshuo Pharmaceutical Technology Development Co., Ltd. (China). DMEM, fetal bovine serum, Opti-MEM, and penn/strep were obtained from Gibco. CellTiter 96 Aqueous One Solution Cell Proliferation Assay (MTS) was purchased from Promega. FCCS standard double-labeled DNA was obtained from IBA (Göttingen, Germany). Heparin sodium salt from porcine intestinal mucosa (15 kDa, 193 U/mg) was purchased from Merck KGaA (Darmstadt, Germany), Aminopropyl-terminated poly(dimethylsiloxane) was obtained from ABCR GmbH (Karlsruhe, Germany). All other chemicals and reagents were ordered from Sigma-Aldrich. Free amines in DMF were eliminated by aluminum oxide prior to usage. Solvent exchange was performed in dialysis tubes from Spectrum Laboratories (Spectrum Laboratories, cellulose ester, molecular weight cut-off (MWCO) 500–1000 Da or 3500–5000 Da, 3.2 cm/mL, wet in 0.05% sodium azide)

or in 24-well crystallization plates (HR3-158, Hampton Research) using water from a Milli-Q Direct 8 water purification system (Merck Millipore).

## 7.2 Methods

### 7.2.1 Peptide Synthesis, Purification and Characterization

All peptides were synthesized by solid phase peptide synthesis using a Syro I peptide synthesizer (MultiSyn Tech GmbH, Witten, Germany). The syntheses of all peptides were performed at a 0.17 mmol scale on a Rink amide resin (0.71 mmol/g reactive group concentrations) using standard fluorenylmethoxycarbonyl (Fmoc) chemistry and HCTU coupling protocols. After each coupling cycle the unreacted peptide chains were acetylated using acetic acid anhydride (capping). At the end of the synthesis, the peptidyl resin was isolated and washed alternating with DMF, methanol, and dichloromethane. Acetylation of the N-terminus to obtain AcK6gA was performed using acetic acid anhydride prior to deprotection. Cleavage from the resin and removal of protective groups was performed for 2 h in 10 mL containing 85% trifluoroacetic acid (TFA), 2.5% triisopropylsilane (TIS), 2.5% ethanedithiol (EDT), 5% thioanisole and 5% H<sub>2</sub>O for H3SSgT, a mixture of 95% TFA, 2.5% tetraethylsilane (TES), and 2.5% water for H3gT, K3gT, K10gA, and AcK6gA, and a mixture of 95% TFA, 2.5% EDT, and 2.5% water for CK3gT and K3gTC. The cleavage cocktail was filtered and the resin was washed additionally with 1 mL fresh cleavage cocktail. The filtrate was then precipitated in 40 mL cold diethyl ether (H3SSgT) or diisopropyl ether (all other peptides) and then pelleted by centrifugation. The precipitated crude peptides were washed with cold diethyl ether or diisopropyl ether and dried. The peptides were solubilized with ACN and aqueous TFA (0.05 %, v/v) and lyophilized. Purification was carried out by HPLC (Shimadzu Prominence 20A, Japan) on a C18 reverse phase (RP) column (Merck Chromolith, RP-18e, 100 mm × 10 mm and 100 mm × 4.6 mm) with mobile phases of water and acetonitrile containing 0.1% TFA while monitoring at 280 nm (gradient: 20–65% ACN). To obtain AcX3gT, AcCX3gT, and AcX3gTC, the peptides were solubilized in DMF (cysteine peptides were purged with O<sub>2</sub>) and acetylated using acetic acid anhydride. Products were purified using HPLC as described above. The molecular mass was determined by liquid chromatography electron spray ionization mass spectrometry (LC-ESI-MS) or matrix assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-ToF-MS). LC-ESI-MS was performed using an LS instrument from Shimadzu, and an amaZon X MS from Bruker (Germany) with a water–acetonitrile gradient of 5% to 95% ACN over 10 min (detection at 280 nm). The mass was obtained in positive mode and referenced to parabene. MALDI-ToF-MS samples were prepared by mixing 1 μL aliquots of a saturated acyano-4-hydroxycinnamic acid stock solution in 50% ACN/0.1% TFA with 1 μL solubilized peptide on a BigAnchorChip MALDI plate. Spectra were acquired on a microflex instrument



from Bruker (Germany) using the reflector mode. The acceleration voltage was adjusted to 19 kV and the reflector voltage to 20 kV. Data was collected for a mass range of 500–5000 Da using a detector gain voltage of 1400 V. Lyophilized peptides were stored in the freezer at -20°C.

### 7.2.2 Film Preparation and Characterization

Using a Hamilton syringe, aliquots of peptide solutions ranging from 50 to 120  $\mu\text{L}$  in  $\text{CHCl}_3\text{:EtOH}$  (90:10 v/v), were randomly dropped onto double-distilled  $\text{H}_2\text{O}$ , held in a Langmuir-Blodgett (LB) trough (total area 420  $\text{cm}^2$ ) from KSV, placed on an anti-vibration table in a dust-free room or, for LB film transfer, on a mini deposition trough (total area 242  $\text{cm}^2$ ) equipped with a dipper. After spreading, the solvent was allowed to evaporate for 10 minutes, followed by compression of the film at 8  $\text{mm min}^{-1}$ . The surface pressure ( $p$ ) of the monolayers was measured to  $\pm 0.1 \text{ mN m}^{-1}$  with a Wilhelmy plate (chromatography paper, ashless Whatman Chr 1) connected to an electro balance. Monolayers were compressed at 20 °C. LB-films were deposited on Si-wafers (previously cleaned in piranha solution ( $\text{H}_2\text{O}_2\text{:H}_2\text{SO}_4 = 3:7$ ) for 10 min and rinsed in double-distilled  $\text{H}_2\text{O}$ ), freshly cleaved mica or template-stripped gold (TSG, prepared as described earlier<sup>196</sup>) by pulling the substrate out of the subphase through the interface at a constant rate of 0.5  $\text{mm min}^{-1}$  while keeping  $p$  at 28 or 35  $\text{mN m}^{-1}$ . Immersion took place overnight (12 h) with freshly cleaved TSG in the corresponding solutions, followed by generous washing with ethanol. Samples were either dried in vacuum or were covered with buffer solution. For quartz crystal microbalance (QCM) measurements, frequency and dissipation shifts were monitored using the QSense D300 Quartz Crystal Microbalance (QSense, Gothenburg, Sweden). The QCM sensors consist of a disc-shaped, AT-cut piezoelectric quartz crystal coated with metallic electrodes on both sides. The QCM sensor crystal (1.4 cm diameter crystal, 1.2 cm diameter gold area, 0.2  $\text{cm}^2$  active area, approximately 0.3 mm thickness, roughness of the electrode < 3 nm (rms)) operates at a resonance frequency of 4.95 MHz (50 kHz). The flow cell had an 80  $\mu\text{L}$  working volume. Polarization-modulation infrared reflection-absorption spectra (PM-IRRAS) were recorded on a Bruker IFS equipped with a PMA 37 polarization-modulation accessory. The maximum in polarization retardation was set at 2000  $\text{cm}^{-1}$ . Spectra were acquired with a 2 mm aperture and a resolution of 8  $\text{cm}^{-1}$  using 1024 scans. The data was processed with OPUS software (Bruker Optics, Germany).

### 7.2.3 Formation of Gold Nanoparticles

Gold nanoparticles were prepared diluting 2.5 mL of a  $10^{-2}$  M  $\text{HAuCl}_4$ -solution with 47.63 mL of water. After adjusting the pH to 8.0, 250  $\mu\text{L}$  of a 0.1 M  $\text{NaBH}_4$  solution was added drop-wise, after which the color changed immediately to a dark reddish-brown.<sup>308</sup>

## 7.2.4 Formation of Composite Peptide–Gold Nanoparticle Superstructures

The cysteine functionalized peptide AcX3gTC was dissolved in ethanol (0.5 mg/mL) containing one equivalent DTT to ensure the availability of the thiol functional groups on the peptides. After mild shaking for three days the gold nanoparticles were added to the peptide solution, in a ratio of 1:1, which corresponds to a 160-fold excess of peptide under the assumption of a hexagonal close packing of the peptide on the gold nanoparticle surface. After a reaction time of three days the mixture was purified from unreacted peptide by dialyzing against 50% ethanol (MWCO = 8–10 kDa) for 3–4 h with three times exchange of solvent. Self-assembly occurred by solvent exchange as described above.

## 7.2.5 Characterization of Composite Peptide–Gold Nanoparticle Superstructures

Atomic force microscopy (AFM) measurements were carried out using a 5100 Agilent system (formerly PicoLE Molecular Imaging) equipped with a multi-purpose scanner. Images were acquired using a silicon cantilever (type-NCHR PointProbe Plus, force constant 42 N/m) for acoustic mode images. Data were prepared using the open-source software Gwyddion. SEM measurements were carried out using a Hitachi S-4800 operating at 5 keV. Aqueous peptide nanoparticle samples were transferred directly on the sample holder and were allowed to dry overnight. They were sputtered with platinum (5 nm). TEM micrographs were recorded on a FEI Morgani 268D operated at 80 keV. Samples were deposited on carbon-coated, parlodion- (2% in n-butyl acetate) covered copper grids and dried in air. When necessary, staining was performed with uranyl acetate (2% in H<sub>2</sub>O) for 10 s. DLS measurements were performed with an ALV/CGS-8F platform-based goniometer system equipped with a HeNe laser at a wavelength of 633 nm (35 mW) and an ALV/-5000/E correlator. Measurements were made at 20 °C and at a scattering angle between 30°–150° in steps of 10°. Correlation functions were fitted by the 2nd cumulant function and extrapolated to zero wave vectors. Data analysis software ALV Stat 4.31 (ALV, Langen, Germany) was used.

## 7.2.6 Peptide Nanoparticle Formation and Characterization

To prepare peptide nanoparticles, peptides were dissolved in 50% ethanol to obtain 1 mg/mL stock solutions and filtered through 0.2 µm hydrophilic syringe filters. Stock solutions were diluted to a concentration of 0.2 mg/mL using 50% ethanol and subsequently dialyzed for approximately 16 h against water in prewashed 500–1000 Da MWCO dialysis

tubes, renewing the exchange solvent twice. After removal of the samples from dialysis tubing, the size distribution was measured from diluted samples in water (1:10 v:v) by dynamic light scattering (DLS). DLS and zeta potential data were carried out using a Zeta Sizer Nano ZSP (Malvern Instruments Ltd., UK) at a fixed angle of  $\theta = 173^\circ$  with a laser beam wavelength of 633 nm at room temperature. Transmission electron microscope (TEM) imaging was performed on a Philips CM100 TEM operating at an acceleration voltage of 80 kV. Samples were incubated for 2 min on hydrophilized, carbon coated, parlodion-(2% in n-butyl acetate) copper grids, and when necessary were negatively stained with a 2% uranyl acetate solution (10 s incubation). SEM micrographs were taken on a Philips XL 30 ESEM operating at 5 kV. Samples were prepared on glass coverslips or mica and sputter-coated with silver or platinum. For energy dispersive X-ray spectroscopy (EDX) analysis an FEI Nova NanoSEM was used operating at 10 kV. AFM profiles were obtained from a NanoWizard III instrument from JPK Instruments AG using a PPP-NHCR cantilever (resonance frequency 204–497 kHz) and tapping mode in air. Confocal laser scanning micrographs (CLSM), fluorescence correlation spectroscopy (FCS), and fluorescence cross-correlation spectroscopy (FCCS) data were recorded on a commercial Confocor2 (Carl Zeiss, Jena, Germany), equipped with a laser diode (405 nm), an Ar+ laser (514 nm), and two HeNe lasers for 543 and 633 nm, using a 40× C-Apochromat water immersion objective with a numeric aperture of 1.2.

### 7.2.7 Payload Embedding and Characterization

BODIPY 630/650 was diluted in dimethyl sulfoxide (DMSO) to 1.5 mM, aliquoted and stored in the freezer at  $-20^\circ\text{C}$ . 1  $\mu\text{L}$  of 1.5 mM of BODIPY was mixed with 100  $\mu\text{L}$  peptide stock solutions (1 mg/mL), diluted to 500  $\mu\text{L}$  with 50% ethanol and then dialyzed as described above. AON-loaded peptide nanoparticles were prepared by addition of 4  $\mu\text{L}$  of 100  $\mu\text{M}$  AON solution to 100  $\mu\text{L}$  peptide stock solutions (1 mg/mL) and diluted to 500  $\mu\text{L}$  with 35% ethanol. For loading particles with plasmid DNA the plasmid DNA was incubated for 15 min with peptides at different N/P-ratios in 30% ethanol, followed by dialysis to water, renewing exchange solvent twice. Coloading was performed by mixing 4  $\mu\text{L}$  of 100  $\mu\text{M}$  AON with 1  $\mu\text{L}$  of 1.5 mM BODIPY and 100  $\mu\text{L}$  of 1 mg/mL peptide, further diluted to 500  $\mu\text{L}$  with 35% ethanol and dialyzed. DoxHCl-peptide nanoparticles were prepared by adding 40  $\mu\text{L}$  of a 10 mM DoxHCl solution in DMSO to 400  $\mu\text{L}$  peptide stock solution, then diluted to 2 mL with 50% ethanol, mixed and dialyzed as described above. DoxHCl-peptide nanoparticles were separated from nonembedded payload via three centrifugation–decantation cycles (29700 RCF at  $5^\circ\text{C}$ ). DoxHCl-loading was quantified by fluorescence (PerkinElmer LS55 Luminescence Spectrometer, excitation wavelength: 490 nm, emission wavelength: 555 nm) using a standard dilution curve of DoxHCl. Loading of peptide nanoparticles with BODIPY and AON was measured by FCS. For BODIPY a HFT 633 / LP 650 filter set was used with a pinhole size of 90  $\mu\text{m}$  and a 633 nm laser with a laser power of

5%, while AON was measured using a HFT 543 / LP 560 filter set with a pinhole size of 78  $\mu\text{m}$  and a 543 nm laser at 5% laser power. Loading was confirmed by CLSM for all three payloads: BODIPY, AON, and DoxHCl. For BODIPY a 633 nm laser at 10% transmission was used with NFT 545 and LP 650 filters with a pinhole of 92  $\mu\text{m}$ , AON fluorescence was acquired using a 543 nm laser at 20% transmission and HFT 488/543 and LP 560 filters with a pinhole of 78  $\mu\text{m}$ . DoxHCl was detected using a 488 nm laser at 9.9% transmission with HFT 488, NFT 545, and LP 560 filters and a pinhole of 78  $\mu\text{m}$ . pDNA-loaded particles were prepared by addition 6  $\mu\text{L}$  of a stock solution of 960  $\mu\text{g}/\text{mL}$  pDNA to appropriate amounts of ethanolic (30 %) peptide solutions to obtain the desired N/P-ratios. Nanoparticles were formed by dialysis as described above.

### **7.2.8 Release Experiments From BODIPY/AON-Loaded Nanoparticles**

Release experiments were performed by mixing 45  $\mu\text{L}$  of BODIPY- or AON-loaded peptide nanoparticles (0.2 mg/mL) with 5  $\mu\text{L}$  of 100 mM dithiothreitol (DTT) dissolved in 100 mM HEPES buffer at pH 7.2 to obtain a 10 mM DTT solution. As control experiments, loaded peptide nanoparticles were diluted with 100 mM HEPES pH 7.2 to obtain 10 mM buffer concentration. Samples were stirred at room temperature and at indicated time points (2–120 min) 5  $\mu\text{L}$  aliquots were withdrawn and measured subsequently 15 x 5 s by FCS (see payload embedding section for instrument settings). FCS data was fitted with a two-component model, where component 1 was fixed to a free payload diffusion (about 61  $\mu\text{s}$  for BODIPY and about 102  $\mu\text{s}$  for AON) (without triplet state), the structural parameter was fixed to 5. All release experiments were performed in triplicate with error bars representing the standard error. TEM micrographs after DTT treatment were obtained using the conditions described above.

### **7.2.9 Characterization of BODIPY/AON-Coloaded Nanoparticles**

Peptide nanoparticles were prepared as mentioned above. 5  $\mu\text{L}$  aliquots of nanoparticles were placed on a glass slide and micrographs were acquired right above the surface. CLSM micrographs were obtained using a HFT UV/488/543/633, NFT 545, LP 650, and BP 530–600 filter set with 9.9% laser power and a pinhole of 82  $\mu\text{m}$  for the 633 nm laser and 16% laser power and a pinhole of 76  $\mu\text{m}$  for the 543 nm laser. Images were processed and brightness profiles were obtained from the LSM image browser (Zeiss). FCCS data was recorded using HFT 514, LP 650, and BP 530–600 filters; a 514 nm laser at 20% transmission with a pinhole of 70  $\mu\text{m}$  and a 633 nm laser at 5% transmission with a 70  $\mu\text{m}$  pinhole. All data was fitted

using a one-component model without triplet state and a structural parameter of 5 using ConfoCor3 software to obtain autocorrelation and the cross-correlation functions:

$$G(\tau)_{\text{fit}} = 1 + \frac{1}{N} \left[ \frac{1}{1 + \frac{\tau}{\tau_D}} \frac{1}{\sqrt{1 + R^2 \frac{\tau}{\tau_D}}} \right] \quad (9)$$

$\tau_D$  is the diffusion time,  $N$  the number of particles, and  $R$  the structural parameter (was fixed to 5). Relative cross-correlation amplitudes (RCA) were calculated using the cross-correlation amplitude  $G_x(0)$  and the autocorrelation amplitudes of the AON and BODIPY channels  $G_{\text{AON,BODIPY}}(0)$ , respectively:

$$RCA = \frac{G_x(0) - 1}{G_{\text{AON,BODIPY}}(0) - 1} \quad (10)$$

The coloaded degree (CLD) was calculated by normalizing the data where the minimal cross-correlation of a mixture of both payloads in solution was set to 0% and the maximal cross-correlation from a double-labeled DNA standard (IBA standard) was set to 100%.

### 7.2.10 Electrophoretic Mobility Shift Assay

Electrophoretic Mobility Shift Assays (EMSA) were performed on 1.2% agarose gels using TEA buffer. A constant voltage of 100 V was applied and gels were run for 40–50 min. Sample volumes were kept at 10  $\mu\text{l}$ . 2  $\mu\text{l}$  loading dye (6 $\times$  Mass Ruler DNA loading dye from Thermo Scientific) was added prior to electrophoresis. Agarose gels were stained with GelRed dye (Biotinum, USA). On each gel the first lane represents the pDNA control. For release experiments samples were incubated for indicated time periods in 200 mM DTT solutions in HEPES pH 7.2 at room temperature prior to analysis.

### 7.2.11 Cell Culture

HeLa and U87 cells were grown in Dulbecco's modified eagle medium (DMEM) with 10% fetal bovine serum (FBS), 100 units/mL penicillin and 100  $\mu\text{g}/\text{mL}$  streptomycin and maintained at 37  $^\circ\text{C}$  in 5%  $\text{CO}_2$ .

### 7.2.12 Cell Viability Assay (MTS)

Cytotoxicity analysis was performed using the Promega CellTiter 96 AQueous Non-Radioactive Cell Proliferation (MTS) assay to determine the number of viable cells in

culture. Triplicate or quintuplicate wells containing 2000–5000 HeLa or U87 cells were seeded in a 96-well plate 24 h prior to the experiment in order to achieve confluency at the time of analysis. 10  $\mu\text{L}$  aliquots of peptide nanoparticle solution were added to the cells to give final concentrations between 50–300  $\mu\text{g}/\text{mL}$  or 25–1000  $\mu\text{g}/\text{mL}$  and incubated for 24 or 48 h at 37°C with 5%  $\text{CO}_2$ . MTS solution (20  $\mu\text{L}/\text{well}$ ) was added to the cells and then incubated for 2h. Cell viability in each well was calculated by measuring the absorbance of the cell solution (cells and media containing the nanoparticles) mixed with MTS solution at 490 nm using a SpectraMax M5<sup>e</sup> (Molecular Device) spectrometer with a plate reader, and data was normalized against cells incubated with water or HEPES buffer (100% viability) and background subtracted with the absorbance from the MTS alone. To obtain IC50 values the experimental viability was fitted using exponential curves.

### **7.2.13 Cell Uptake of BODIPY- and/or AON-Loaded Nanoparticles**

HeLa ( $2 \times 10^4$  or  $5 \times 10^4$  cells per well) were seeded into an 8-well chamber 24 h prior to the experiment. After 24 hours, the cell culture media was replaced with Opti-MEM (130  $\mu\text{L}$ ) followed by addition of 20  $\mu\text{L}$  0.2 mg/mL peptide nanoparticles. After 4 h incubation, the cell culture medium was replaced with serum-containing media (300  $\mu\text{L}$ ). The cells were then incubated for another 20 h. For cell uptake with serum the medium supplemented with 10% FBS was renewed prior to sample application. Prior to live cell imaging, the media was replaced by phosphate buffered saline (PBS) and the cell nuclei were stained for 10 min with 1.6  $\mu\text{L}$  of a 50  $\mu\text{g}/\text{mL}$  Hoechst 33342 solution in PBS. Cell imaging was performed by CLSM. The samples were excited at 405 nm (Hoechst 33342), 543 nm (for AON), and 633 nm (for BODIPY) while collecting the emission after a BP 420–480 filter (Hoechst 33342), a BP 530–600 filter (AON), and a LP 650 filter (BODIPY), respectively. Images were taken with the same acquisition settings for comparison purposes.

### **7.2.14 Imaging of GFP-Transfected Cells**

U87 cells ( $5 \times 10^4$  cells per well) were seeded into an 8-well chamber 24 h prior to the experiment. The cell culture medium was replaced by Opti-MEM (130  $\mu\text{L}$ ) followed by addition of samples to obtain 1  $\mu\text{g}$  pDNA/well. After 4 h, the cell culture media was replaced by serum-containing media (300  $\mu\text{L}$ ). Prior to imaging, the media was replaced by PBS. Imaging was performed by CLSM using 488 nm laser at 5.0% transmission collecting the emission after an LP 505 filter.

### 7.2.15 Flow Cytometry Analysis

HeLa or U87 cells ( $7 \times 10^4$  or  $5 \times 10^4$  cells/well) were plated into 24-well tissue culture plates 24 h prior to the experiment. The cell culture media was replaced with serum-free media (460  $\mu\text{L}$ ) and 40  $\mu\text{l}$  0.2 mg/mL peptide nanoparticles were added. After 4 h incubation, the serum-free medium was carefully removed and replaced with 1 ml of medium containing 10% FBS. The cells were then incubated another 20 or 44 h. Cells were trypsinized with 200  $\mu\text{l}$  of trypsin for 10 min at 37 °C and 5%  $\text{CO}_2$ . Following trypsinization, 800  $\mu\text{l}$  PBS were added to the cells, gently mixed by pipetting and transferred into 1.5 mL microcentrifuge tubes. Cells were then pelleted by centrifugation at 200 RCF for 5 min. Subsequently, the media was aspirated and the pellet was resuspended in 250  $\mu\text{l}$  PBS (for cell uptake studies) or 400  $\mu\text{L}$  (transfection and toxicity studies) and put on ice. 6  $\mu\text{L}$  aliquots of 50  $\mu\text{g}/\text{mL}$  stock solution of Hoechst 33342 were added to each sample. For propidium iodide (PI)–Hoechst assays 1  $\mu\text{L}$  aliquots of 1 mg/mL stock solutions of PI and 0.5  $\mu\text{L}$  aliquots of 5 mg/mL stock solutions of Hoechst 33342 were added to each sample. Immediately prior to fluorescence assisted cell sorting (FACS) analysis, the cells were vortexed gently. FACS measurements of AON-loaded nanoparticles were performed by measuring at least  $3 \times 10^4$  cells with a BD LSR Fortessa, the cells were excited with lasers at 405 and 561 nm, the emitted light passed through band-pass 450/50 and 586/15 filters, respectively. The data were processed with FlowJo Vx (Tree Star, USA) and a fluorescence histogram of viable cells only was plotted or the mean fluorescence intensity was extracted. Flow cytometry analysis of GFP-transfected cells were performed by measuring at least  $2 \times 10^4$  cells. The cells were excited using 405 and 488 nm lasers, and 450/50 and 529/24 band-pass filters. For Hoechst 33342–propidium iodine staining 405 and 488 nm lasers and 450/50 and 585/40 band-pass filters were applied. Transfection efficacies and relative populations were obtained by gating forward- versus side-scattering plots and GFP-histograms relative to nontreated control cells. Toxicities were calculated by gating the cell counts using a propidium iodide (PI) versus Hoechst 33342-plot according to nontreated control cells.

### 7.2.16 Heparin-PDMS Synthesis

Heparin-PDMS block copolymer was synthesized as reported previously.<sup>294</sup> Briefly, heparin sodium salt was converted to tetrabutylammonium salt using a Dowex Marathon MSC column (Sigma-Aldrich, 428787) neutralizing to pH 7 with tetrabutylammonium hydroxide solution (Sigma-Aldrich, 86863). The product was purified via dialysis against water for at least 48 h (Spectrum Laboratories Inc., CA, USA, MWCO 3.5–5 kDa) and dried. Heparin tetrabutylammonium salt was reacted with  $\text{PDMS}(\text{NH}_2)_2$  for 7 days, then precipitated in diethyl ether, washed, purified and dried.

### **7.2.17 Gadolinium-Complex and Nanoparticle Formation and Characterization**

HepPDMS was dissolved in 50% ethanol and filtered (0.45  $\mu\text{m}$ ) to obtain a 17 mg/mL clear solution. After dilution to 4.25 mg/mL and pH adjustment to pH 7 using diluted NaOH, the solution was dialyzed against water for 16 h, renewing exchange solvent twice, using prewashed 500–1000 Da MWCO dialysis tubes. HepPDMS-Gd nanoparticles were formed by adding gadolinium chloride hexahydrate stock solution (27 mM) dropwise under stirring to above described hepPDMS stock solution (17 mg/mL). The pH was readjusted to 7 when necessary, diluted to 4.25 mg/mL HepPDMS and to a final gadolinium concentration of 2.4 mM, then dialyzed to water as described above. For production of coassemblies the peptides were first dissolved in 50% ethanol to obtain 1 mg/mL stock solutions and then filtered through 0.2  $\mu\text{m}$  hydrophilic syringe filters. HepPDMS-Gd stock solutions (8.5 mg/mL) were mixed 1:1 with peptide stock solution and subsequently dialyzed as described above.

### **7.2.18 Cell Uptake of Gadolinium Constructs**

Hela cells ( $5 \times 10^4$  cells per well) were seeded in triplicates into a 24-well chamber 24 h prior to the experiment. The cell culture media was replaced with Opti-MEM (150  $\mu\text{L}$ ) followed by addition of 20  $\mu\text{L}$  peptide HepPDMS-Gd nanoparticles. After 4 h incubation, the cell culture medium was removed and replaced with serum-containing medium (500  $\mu\text{L}$ ). The cells were then incubated for another 20 h. Cells were washed with opti-MEM, trypsinized, transferred to Falcon tubes and digested in 65%  $\text{HNO}_3$  over night. Subsequently, the gadolinium-content was determined using inductively coupled plasma optical emission spectroscopy (ICP-OES).

### **7.2.19 Inductively Coupled Plasma-Optical Emission Spectroscopy**

All gadolinium contents were determined by inductively coupled plasma-optical emission spectroscopy (ICP-OES). Quantification of gadolinium was carried out on a Ciros Vision ICP-OES from Spektro (Kleve, Germany) in axial mode. Gadolinium stock solutions of known metal content were measured prior to sample measurements to plot calibration curves. All samples were digested by 65%  $\text{HNO}_3$  over night and diluted to 2%  $\text{HNO}_3$  prior to analysis.



### 7.2.20 Anticoagulation Activity

The anticoagulation activity was determined by a Biophen Heparin (LRT) kit determining the absorption of cleaved pNA, indirectly based on the inhibition of factor Xa in the coagulation cascade. The absorbance was measured at 405 nm using a STA-R analyzer from Stago.

### 7.2.21 Farndale Microassay

Accessible heparin was determined by Farndale microassay as described previously.<sup>294,309</sup> Briefly, 250  $\mu\text{l}$  1,9-dimethylmethylene blue (DMMB) stock solution was mixed with 50  $\mu\text{l}$  heparin standards (2.5–20  $\mu\text{g}/\text{mL}$ ). Samples were diluted to the range of the calibration curve using PBS. Absorption was measured at 525 nm and the heparin levels of samples were calculated using a standard dilution curve.

### 7.2.22 Xylenol Orange Assay

Free gadolinium levels were analyzed by xylenol orange assay according to a published procedure.<sup>310</sup> Briefly, xylenol orange tetrasodium salt was diluted in 10 mM HEPES buffer pH 6 to obtain a 12  $\mu\text{g}/\text{mL}$  stock solution. Samples were diluted to the linear range and 10  $\mu\text{L}$  aliquots were mixed with 100  $\mu\text{L}$  xylenol orange stock solution. For stability tests samples were maintained in opti-MEM with FBS, after 7 days 10  $\mu\text{L}$  sample was added to 100  $\mu\text{L}$  stock solution in triplicates and absorption was measured at 433 and 473 nm. Gadolinium-ion concentration was calculated using a calibration curve of the ratio of absorption at 573 and 433 nm plotted against gadolinium-concentration.

### 7.2.23 Electron Paramagnetic Resonance Spectroscopy

Electron paramagnetic resonance (EPR) spectra were recorded with a CW Bruker ElexSys500 X-band CW spectrometer, to which the superQ wave-guide resonance cavity (ER4122 SHQE-W1) was attached. Microwave power was adjusted at levels below the saturation condition with values 2.0–6.0 mW. The modulation frequency was 100 kHz and the modulation amplitude was 0.9 mT; other spectral parameters were adjusted for each spectrum individually. 80 spectra were acquired to optimize the signal-to-noise ratio, and 3<sup>rd</sup>-order polynomial averaging was used for subsequent noise reduction. Gd samples were measured at room temperature. Lorentzian line shapes were considered with the line-width

adjusted for each spectrum. The peak-to-peak line width was measured from the spectrum using the WINEPR software. The pH of the samples was adjusted to 7 with NaOH.

#### **7.2.24 Magnetic Resonance Imaging**

Samples were measured in 1.5 mL centrifuge vials in denoted concentrations. For imaging a 3T clinical human MRI scanner was used from Siemens was used. The  $T_1$  relaxation times were measured using an inversion recovery prepared spin echo sequence with the following acquisition parameters: voxel size  $1.2 \times 1.2 \times 5 \text{ mm}^3$ , TR/TE 6000/12 ms. The scan was repeated at various inversion times (TI): 50 ms, 100 ms, 200 ms, 500 ms, 750 ms, 1000 ms, and 2000 ms. The  $T_2$  relaxation times of the samples were measured using a multi-echo spin echo sequence with the following acquisition parameters: voxel size  $1.2 \times 1.2 \times 5 \text{ mm}^3$ , TR 3000 ms. 32 echoes were acquired with a 13.2 ms echo spacing (first echo: 13.2 ms, last echo: 422.4 ms).

# Chapter 8

## 8 References

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